



# - <日本時間: 男子練習> -

## Practice Schedule and Music Order

Calendario degli allenamenti e sequenza musicale / Horaire des entraînements et rotation des musiques

As of FRI 30 JAN 2026

| Men Single Skating<br>Group 1 | NOC | TUE 3 FEB                     | WED 4 FEB                     | FRI 5 FEB                     | FRI 6 FEB                     | SAT 7 FEB                     | SUN 8 FEB                     | SUN 8 FEB                     |
|-------------------------------|-----|-------------------------------|-------------------------------|-------------------------------|-------------------------------|-------------------------------|-------------------------------|-------------------------------|
|                               |     | MR<br>SP or FS<br>18:00-18:35 | PR<br>SP or FS<br>22:40-23:15 | MR<br>SP or FS<br>16:55-17:30 | PR<br>SP or FS<br>18:20-18:55 | PR<br>SP or FS<br>18:35-19:10 | PR<br>SP or FS<br>17:30-18:05 | MR<br>SP or FS<br>23:40-00:15 |
| GRASSL Daniel                 | ITA | 1                             | 3                             | 5                             | 2                             | 4                             | 1                             | 3                             |
| RIZZO Matteo                  | ITA | 2                             | 4                             | 1                             | 3                             | 5                             | 2                             | 4                             |
| SAMOILOV Vladimir             | POL | 3                             | 5                             | 2                             | 4                             | 1                             | 3                             | 5                             |
| HAGARA Adam                   | SVK | 4                             | 1                             | 3                             | 5                             | 2                             | 4                             | 1                             |
| LI Yu-Hsiang                  | TPE | 5                             | 2                             | 4                             | 1                             | 3                             | 5                             | 2                             |

| Men Single Skating<br>Group 2 | NOC | TUE 3 FEB                     | WED 4 FEB                     | THU 5 FEB                     | FRI 6 FEB                     | SAT 7 FEB                     | SUN 8 FEB                     | MON 9 FEB                     |
|-------------------------------|-----|-------------------------------|-------------------------------|-------------------------------|-------------------------------|-------------------------------|-------------------------------|-------------------------------|
|                               |     | MR<br>SP or FS<br>18:35-19:10 | PR<br>SP or FS<br>20:00-20:35 | MR<br>SP or FS<br>17:40-18:15 | PR<br>SP or FS<br>18:55-19:30 | PR<br>SP or FS<br>19:20-19:55 | PR<br>SP or FS<br>18:05-18:40 | MR<br>SP or FS<br>00:15-00:50 |
| GUMENNIK Petr                 | AIN | 1                             | 3                             | 5                             | 2                             | 4                             | 6                             | 1                             |
| LITVINTSEV Vladimir           | AZE | 2                             | 4                             | 6                             | 3                             | 5                             | 1                             | 2                             |
| EGADZE Nika                   | GEO | 3                             | 5                             | 1                             | 4                             | 6                             | 2                             | 3                             |
| CHA Junhwan                   | KOR | 4                             | 6                             | 2                             | 5                             | 1                             | 3                             | 4                             |
| KIM Hyungyeom                 | KOR | 5                             | 1                             | 3                             | 6                             | 2                             | 4                             | 5                             |
| NORDEBACK Andreas             | SWE | 6                             | 2                             | 4                             | 1                             | 3                             | 5                             | 6                             |

| Men Single Skating<br>Group 3 | NOC | TUE 3 FEB                     | WED 4 FEB                     | THU 5 FEB                     | FRI 6 FEB                     | SAT 7 FEB                     | SUN 8 FEB                     | MON 9 FEB                     |
|-------------------------------|-----|-------------------------------|-------------------------------|-------------------------------|-------------------------------|-------------------------------|-------------------------------|-------------------------------|
|                               |     | MR<br>SP or FS<br>19:20-19:55 | PR<br>SP or FS<br>20:35-21:10 | MR<br>SP or FS<br>15:00-15:35 | PR<br>SP or FS<br>19:40-20:15 | PR<br>SP or FS<br>19:55-20:30 | PR<br>SP or FS<br>18:50-19:25 | MR<br>SP or FS<br>01:00-01:35 |
| SELEVKO Aleksandr             | EST | 1                             | 3                             | 5                             | 2                             | 4                             | 6                             | 1                             |
| SHAIROV Mikhail               | KAZ | 2                             | 4                             | 6                             | 3                             | 5                             | 1                             | 2                             |
| CARRILLO Donovan              | MEX | 3                             | 5                             | 1                             | 4                             | 6                             | 2                             | 3                             |
| MALININ Ilia                  | USA | 4                             | 6                             | 2                             | 5                             | 1                             | 3                             | 4                             |
| NAUMOV Maxim                  | USA | 5                             | 1                             | 3                             | 6                             | 2                             | 4                             | 5                             |
| TORGASHEV Andrew              | USA | 6                             | 2                             | 4                             | 1                             | 3                             | 5                             | 6                             |



## Practice Schedule and Music Order

Calendario degli allenamenti e sequenza musicale / Horaire des entraînements et rotation des musiques

As of FRI 30 JAN 2026

| Men Single Skating<br>Group 4 | NOC | TUE 3 FEB                     | WED 4 FEB                     | THU 5 FEB                     | FRI 6 FEB                     | SAT 7 FEB                     | SUN 8 FEB                     | MON 9 FEB                     |
|-------------------------------|-----|-------------------------------|-------------------------------|-------------------------------|-------------------------------|-------------------------------|-------------------------------|-------------------------------|
|                               |     | MR<br>SP or FS<br>19:55-20:30 | PR<br>SP or FS<br>21:20-21:55 | MR<br>SP or FS<br>15:35-16:10 | PR<br>SP or FS<br>17:00-17:35 | PR<br>SP or FS<br>20:40-21:15 | PR<br>SP or FS<br>19:25-20:00 | MR<br>SP or FS<br>01:35-02:10 |
| GUARINO SABATE Tomas-Llorenc  | ESP | 1                             | 3                             | 5                             | 2                             | 4                             | 6                             | 1                             |
| 鍵山優真                          | JPN | 2                             | 4                             | 6                             | 3                             | 5                             | 1                             | 2                             |
| 三浦佳生                          | JPN | 3                             | 5                             | 1                             | 4                             | 6                             | 2                             | 3                             |
| 佐藤駿                           | JPN | 4                             | 6                             | 2                             | 5                             | 1                             | 3                             | 4                             |
| BRITSCHGI Lukas               | SUI | 5                             | 1                             | 3                             | 6                             | 2                             | 4                             | 5                             |
| MARSAK Kyrylo                 | UKR | 6                             | 2                             | 4                             | 1                             | 3                             | 5                             | 6                             |

| Men Single Skating<br>Group 5 | NOC | TUE 3 FEB                     | WED 4 FEB                     | THU 5 FEB                     | FRI 6 FEB                     | SAT 7 FEB                     | SUN 8 FEB                     | MON 9 FEB                     |
|-------------------------------|-----|-------------------------------|-------------------------------|-------------------------------|-------------------------------|-------------------------------|-------------------------------|-------------------------------|
|                               |     | MR<br>SP or FS<br>20:40-21:15 | PR<br>SP or FS<br>21:55-22:30 | MR<br>SP or FS<br>16:20-16:55 | PR<br>SP or FS<br>17:35-18:10 | PR<br>SP or FS<br>18:00-18:35 | PR<br>SP or FS<br>20:10-20:45 | MR<br>SP or FS<br>02:20-02:55 |
| GOGOLEV Stephen               | CAN | 1                             | 3                             | 5                             | 2                             | 4                             | 6                             | 1                             |
| JIN Boyang                    | CHN | 2                             | 4                             | 6                             | 3                             | 5                             | 1                             | 2                             |
| AYMOZ Kevin                   | FRA | 3                             | 5                             | 1                             | 4                             | 6                             | 2                             | 3                             |
| SIAO HIM FA Adam              | FRA | 4                             | 6                             | 2                             | 5                             | 1                             | 3                             | 4                             |
| KULISS Fedirs                 | LAT | 5                             | 1                             | 3                             | 6                             | 2                             | 4                             | 5                             |
| VASILJEVS Deniss              | LAT | 6                             | 2                             | 4                             | 1                             | 3                             | 5                             | 6                             |

|                |               |    |              |    |           |    |               |
|----------------|---------------|----|--------------|----|-----------|----|---------------|
| <b>Legend:</b> |               |    |              |    |           |    |               |
| SP             | Short Program | FS | Free Skating | MR | Main Rink | PR | Practice Rink |



# - <日本時間: 女子練習> -

## Practice Schedule and Music Order

Calendario degli allenamenti e sequenza musicale / Horaire des entraînements et rotation des musiques

As of FRI 30 JAN 2026

| Women Single Skating<br>Group 1 | NOC | TUE 3 FEB               | WED 4 FEB               | THU 5 FEB               | FRI 6 FEB               | SUN 8 FEB               | MON 9 FEB               | TUE 10 FEB              | TUE 10 FEB              |
|---------------------------------|-----|-------------------------|-------------------------|-------------------------|-------------------------|-------------------------|-------------------------|-------------------------|-------------------------|
|                                 |     | PR                      | MR                      | PR                      | PR                      | PR                      | PR                      | PR                      | PR                      |
|                                 |     | SP or FS<br>15:30-16:05 | SP or FS<br>23:55-00:30 | SP or FS<br>17:40-18:15 | SP or FS<br>21:45-22:20 | SP or FS<br>04:10-04:45 | SP or FS<br>03:20-03:55 | SP or FS<br>00:40-01:15 | SP or FS<br>21:55-22:30 |
| PETROSIAN Adeliia               | AIN | 1                       | 2                       | 3                       | 4                       | 5                       | 1                       | 2                       | 3                       |
| SAFONOVA Viktoriia              | AIN | 2                       | 3                       | 4                       | 5                       | 1                       | 2                       | 3                       | 4                       |
| FEIGIN Alexandra                | BUL | 3                       | 4                       | 5                       | 1                       | 2                       | 3                       | 4                       | 5                       |
| ZHANG Ruiyang                   | CHN | 4                       | 5                       | 1                       | 2                       | 3                       | 4                       | 5                       | 1                       |
| SAUTER Julia                    | ROU | 5                       | 1                       | 2                       | 3                       | 4                       | 5                       | 1                       | 2                       |

| Women Single Skating<br>Group 1 | NOC | WED 11 FEB              | THU 12 FEB              | THU 12 FEB              | FRI 13 FEB              | SAT 14 FEB              | SUN15 FEB               | MON 16 FEB              |
|---------------------------------|-----|-------------------------|-------------------------|-------------------------|-------------------------|-------------------------|-------------------------|-------------------------|
|                                 |     | PR                      | MR                      | PR                      | PR                      | MR                      | PR                      | PR                      |
|                                 |     | SP or FS<br>22:20-22:55 | SP or FS<br>15:35-16:10 | SP or FS<br>20:55-21:30 | SP or FS<br>23:20-00:00 | SP or FS<br>20:30-21:10 | SP or FS<br>02:20-03:00 | SP or FS<br>02:30-03:10 |
| PETROSIAN Adeliia               | AIN | 4                       | 5                       | 1                       | 2                       | 3                       | 4                       | 5                       |
| SAFONOVA Viktoriia              | AIN | 5                       | 1                       | 2                       | 3                       | 4                       | 5                       | 1                       |
| FEIGIN Alexandra                | BUL | 1                       | 2                       | 3                       | 4                       | 5                       | 1                       | 2                       |
| ZHANG Ruiyang                   | CHN | 2                       | 3                       | 4                       | 5                       | 1                       | 2                       | 3                       |
| SAUTER Julia                    | ROU | 3                       | 4                       | 5                       | 1                       | 2                       | 3                       | 4                       |

| Women Single Skating<br>Group 2 | NOC | TUE 3 FEB               | WED 4 FEB               | THU 5 FEB               | FRI 6 FEB               | SUN 8 FEB               | MON 9 FEB               | MON 9 FEB               | TUE 10 FEB              |
|---------------------------------|-----|-------------------------|-------------------------|-------------------------|-------------------------|-------------------------|-------------------------|-------------------------|-------------------------|
|                                 |     | PR                      | MR                      | PR                      | PR                      | PR                      | PR                      | PR                      | PR                      |
|                                 |     | SP or FS<br>16:05-16:40 | SP or FS<br>21:15-21:50 | SP or FS<br>18:25-19:00 | SP or FS<br>22:20-22:55 | SP or FS<br>04:55-05:30 | SP or FS<br>03:55-04:30 | SP or FS<br>22:00-22:35 | SP or FS<br>22:40-23:15 |
| MIKUTINA Olga                   | AUT | 1                       | 2                       | 3                       | 4                       | 5                       | 6                       | 1                       | 2                       |
| SENIUK Mariia                   | ISR | 2                       | 3                       | 4                       | 5                       | 6                       | 1                       | 2                       | 3                       |
| 千葉百音                            | JPN | 3                       | 4                       | 5                       | 6                       | 1                       | 2                       | 3                       | 4                       |
| 中井亜美                            | JPN | 4                       | 5                       | 6                       | 1                       | 2                       | 3                       | 4                       | 5                       |
| 坂本花織                            | JPN | 5                       | 6                       | 1                       | 2                       | 3                       | 4                       | 5                       | 6                       |
| VARIAKOJYTE Meda                | LTU | 6                       | 1                       | 2                       | 3                       | 4                       | 5                       | 6                       | 1                       |



## Practice Schedule and Music Order

Calendario degli allenamenti e sequenza musicale / Horaire des entraînements et rotation des musiques  
As of FRI 30 JAN 2026

| Women Single Skating<br>Group 2 | NOC | WED 11 FEB              | THU 12 FEB              | THU 12 FEB              | SAT 14 FEB              | SAT 14 FEB              | SAT 14 FEB              | MON 16 FEB              |
|---------------------------------|-----|-------------------------|-------------------------|-------------------------|-------------------------|-------------------------|-------------------------|-------------------------|
|                                 |     | PR                      | MR                      | PR                      | PR                      | MR                      | PR                      | PR                      |
|                                 |     | SP or FS<br>22:55-23:30 | SP or FS<br>16:20-16:55 | SP or FS<br>21:40-22:15 | SP or FS<br>00:00-00:40 | SP or FS<br>17:30-18:10 | SP or FS<br>23:20-00:00 | SP or FS<br>03:20-04:00 |
| MIKUTINA Olga                   | AUT | 3                       | 4                       | 5                       | 6                       | 1                       | 2                       | 3                       |
| SENIUK Mariia                   | ISR | 4                       | 5                       | 6                       | 1                       | 2                       | 3                       | 4                       |
| 千葉百音                            | JPN | 5                       | 6                       | 1                       | 2                       | 3                       | 4                       | 5                       |
| 中井亜美                            | JPN | 6                       | 1                       | 2                       | 3                       | 4                       | 5                       | 6                       |
| 坂本花織                            | JPN | 1                       | 2                       | 3                       | 4                       | 5                       | 6                       | 1                       |
| VARIAKOJYTE Meda                | LTU | 2                       | 3                       | 4                       | 5                       | 6                       | 1                       | 2                       |

| Women Single Skating<br>Group 3 | NOC | TUE 3 FEB               | WED 4 FEB               | THU 5 FEB               | FRI 6 FEB               | SUN 8 FEB               | MON 9 FEB               | MON 9 FEB               | TUE 10 FEB              |
|---------------------------------|-----|-------------------------|-------------------------|-------------------------|-------------------------|-------------------------|-------------------------|-------------------------|-------------------------|
|                                 |     | PR                      | MR                      | PR                      | PR                      | PR                      | PR                      | PR                      | PR                      |
|                                 |     | SP or FS<br>16:50-17:25 | SP or FS<br>21:50-22:25 | SP or FS<br>15:45-16:20 | SP or FS<br>23:05-23:40 | SP or FS<br>05:30-06:05 | SP or FS<br>04:40-05:15 | SP or FS<br>22:35-23:10 | SP or FS<br>20:00-20:35 |
| HENDRICKX Loena                 | BEL | 1                       | 2                       | 3                       | 4                       | 5                       | 6                       | 1                       | 2                       |
| PINZARRONE Nina                 | BEL | 2                       | 3                       | 4                       | 5                       | 6                       | 1                       | 2                       | 3                       |
| KARHUNEN Iida                   | FIN | 3                       | 4                       | 5                       | 6                       | 1                       | 2                       | 3                       | 4                       |
| GUTMANN Lara Naki               | ITA | 4                       | 5                       | 6                       | 1                       | 2                       | 3                       | 4                       | 5                       |
| SAMODELKINA Sofia               | KAZ | 5                       | 6                       | 1                       | 2                       | 3                       | 4                       | 5                       | 6                       |
| KURAKOVA Ekaterina              | POL | 6                       | 1                       | 2                       | 3                       | 4                       | 5                       | 6                       | 1                       |

| Women Single Skating<br>Group 3 | NOC | WED 11 FEB              | THU 12 FEB              | THU 12 FEB              | SAT 14 FEB              | SAT 14 FEB              | SUN 15 FEB              | MON 16 FEB              |
|---------------------------------|-----|-------------------------|-------------------------|-------------------------|-------------------------|-------------------------|-------------------------|-------------------------|
|                                 |     | PR                      | MR                      | PR                      | PR                      | MR                      | PR                      | PR                      |
|                                 |     | SP or FS<br>23:40-00:15 | SP or FS<br>16:55-17:30 | SP or FS<br>22:15-22:50 | SP or FS<br>00:50-01:30 | SP or FS<br>18:10-18:50 | SP or FS<br>00:00-00:40 | SP or FS<br>00:20-01:00 |
| HENDRICKX Loena                 | BEL | 3                       | 4                       | 5                       | 6                       | 1                       | 2                       | 3                       |
| PINZARRONE Nina                 | BEL | 4                       | 5                       | 6                       | 1                       | 2                       | 3                       | 4                       |
| KARHUNEN Iida                   | FIN | 5                       | 6                       | 1                       | 2                       | 3                       | 4                       | 5                       |
| GUTMANN Lara Naki               | ITA | 6                       | 1                       | 2                       | 3                       | 4                       | 5                       | 6                       |
| SAMODELKINA Sofia               | KAZ | 1                       | 2                       | 3                       | 4                       | 5                       | 6                       | 1                       |
| KURAKOVA Ekaterina              | POL | 2                       | 3                       | 4                       | 5                       | 6                       | 1                       | 2                       |



## Practice Schedule and Music Order

Calendario degli allenamenti e sequenza musicale / Horaire des entraînements et rotation des musiques

As of FRI 30 JAN 2026

| Women Single Skating<br>Group 4 | NOC | TUE 3 FEB               | WED 4 FEB               | THU 5 FEB               | FRI 6 FEB               | SUN 8 FEB               | MON 9 FEB               | MON 9 FEB               | TUE 10 FEB              |
|---------------------------------|-----|-------------------------|-------------------------|-------------------------|-------------------------|-------------------------|-------------------------|-------------------------|-------------------------|
|                                 |     | PR                      | MR                      | PR                      | PR                      | PR                      | PR                      | PR                      | PR                      |
|                                 |     | SP or FS<br>17:25-18:00 | SP or FS<br>22:35-23:10 | SP or FS<br>16:20-16:55 | SP or FS<br>20:25-21:00 | SP or FS<br>06:15-06:50 | SP or FS<br>05:15-05:50 | SP or FS<br>23:20-23:55 | SP or FS<br>20:35-21:10 |
| SCHILD Lorine                   | FRA | 1                       | 2                       | 3                       | 4                       | 5                       | 6                       | 1                       | 2                       |
| SPOURS Kristen                  | GBR | 2                       | 3                       | 4                       | 5                       | 6                       | 1                       | 2                       | 3                       |
| GUBANOVA Anastasiia             | GEO | 3                       | 4                       | 5                       | 6                       | 1                       | 2                       | 3                       | 4                       |
| GLENN Amber                     | USA | 4                       | 5                       | 6                       | 1                       | 2                       | 3                       | 4                       | 5                       |
| LEVITO Isabeau                  | USA | 5                       | 6                       | 1                       | 2                       | 3                       | 4                       | 5                       | 6                       |
| LIU Alysa                       | USA | 6                       | 1                       | 2                       | 3                       | 4                       | 5                       | 6                       | 1                       |

| Women Single Skating<br>Group 4 | NOC | WED 11 FEB              | THU 12 FEB              | THU 12 FEB              | SAT 14 FEB              | SAT 14 FEB              | SUN 15 FEB              | MON 16 FEB              |
|---------------------------------|-----|-------------------------|-------------------------|-------------------------|-------------------------|-------------------------|-------------------------|-------------------------|
|                                 |     | PR                      | MR                      | PR                      | PR                      | MR                      | PR                      | PR                      |
|                                 |     | SP or FS<br>21:00-21:35 | SP or FS<br>17:40-18:15 | SP or FS<br>23:00-23:35 | SP or FS<br>01:30-02:10 | SP or FS<br>19:00-19:40 | SP or FS<br>00:50-01:30 | SP or FS<br>01:00-01:40 |
| SCHILD Lorine                   | FRA | 3                       | 4                       | 5                       | 6                       | 1                       | 2                       | 3                       |
| SPOURS Kristen                  | GBR | 4                       | 5                       | 6                       | 1                       | 2                       | 3                       | 4                       |
| GUBANOVA Anastasiia             | GEO | 5                       | 6                       | 1                       | 2                       | 3                       | 4                       | 5                       |
| GLENN Amber                     | USA | 6                       | 1                       | 2                       | 3                       | 4                       | 5                       | 6                       |
| LEVITO Isabeau                  | USA | 1                       | 2                       | 3                       | 4                       | 5                       | 6                       | 1                       |
| LIU Alysa                       | USA | 2                       | 3                       | 4                       | 5                       | 6                       | 1                       | 2                       |

| Women Single Skating<br>Group 5 | NOC | TUE 3 FEB               | WED 4 FEB               | THU 5 FEB               | FRI 6 FEB               | SUN 8 FEB               | MON 9 FEB               | MON 9 FEB               | TUE 10 FEB              |
|---------------------------------|-----|-------------------------|-------------------------|-------------------------|-------------------------|-------------------------|-------------------------|-------------------------|-------------------------|
|                                 |     | PR                      | MR                      | PR                      | PR                      | PR                      | PR                      | PR                      | PR                      |
|                                 |     | SP or FS<br>18:10-18:45 | SP or FS<br>23:10-23:45 | SP or FS<br>17:05-17:40 | SP or FS<br>21:00-21:35 | SP or FS<br>03:35-04:10 | SP or FS<br>06:00-06:35 | SP or FS<br>23:55-00:30 | SP or FS<br>21:20-21:55 |
| SCHIZAS Madeline                | CAN | 1                       | 2                       | 3                       | 4                       | 5                       | 6                       | 1                       | 2                       |
| PETROKINA Niina                 | EST | 2                       | 3                       | 4                       | 5                       | 6                       | 1                       | 2                       | 3                       |
| LEE Haein                       | KOR | 3                       | 4                       | 5                       | 6                       | 1                       | 2                       | 3                       | 4                       |
| SHIN Jia                        | KOR | 4                       | 5                       | 6                       | 1                       | 2                       | 3                       | 4                       | 5                       |
| KAISER Livia                    | SUI | 5                       | 6                       | 1                       | 2                       | 3                       | 4                       | 5                       | 6                       |
| REPOND Kimmy                    | SUI | 6                       | 1                       | 2                       | 3                       | 4                       | 5                       | 6                       | 1                       |



## Practice Schedule and Music Order

Calendario degli allenamenti e sequenza musicale / Horaire des entraînements et rotation des musiques  
As of FRI 30 JAN 2026

| Women Single Skating<br>Group 5 | NOC | WED 11 FEB                    | THU 12 FEB                    | THU 12 FEB                    | SAT 14 FEB                    | SAT 14 FEB                    | SUN 15 FEB                    | MON 16 FEB                    |
|---------------------------------|-----|-------------------------------|-------------------------------|-------------------------------|-------------------------------|-------------------------------|-------------------------------|-------------------------------|
|                                 |     | PR<br>SP or FS<br>21:35-22:10 | MR<br>SP or FS<br>15:00-15:35 | PR<br>SP or FS<br>20:20-20:55 | PR<br>SP or FS<br>02:20-03:00 | MR<br>SP or FS<br>19:40-20:20 | PR<br>SP or FS<br>01:30-02:10 | PR<br>SP or FS<br>01:50-02:30 |
| SCHIZAS Madeline                | CAN | 3                             | 4                             | 5                             | 6                             | 1                             | 2                             | 3                             |
| PETROKINA Niina                 | EST | 4                             | 5                             | 6                             | 1                             | 2                             | 3                             | 4                             |
| LEE Haein                       | KOR | 5                             | 6                             | 1                             | 2                             | 3                             | 4                             | 5                             |
| SHIN Jia                        | KOR | 6                             | 1                             | 2                             | 3                             | 4                             | 5                             | 6                             |
| KAISER Livia                    | SUI | 1                             | 2                             | 3                             | 4                             | 5                             | 6                             | 1                             |
| REPOND Kimmy                    | SUI | 2                             | 3                             | 4                             | 5                             | 6                             | 1                             | 2                             |

|                |               |    |              |    |           |    |               |
|----------------|---------------|----|--------------|----|-----------|----|---------------|
| <b>Legend:</b> |               |    |              |    |           |    |               |
| SP             | Short Program | FS | Free Skating | MR | Main Rink | PR | Practice Rink |



# - <日本時間: ペア練習> -

## Practice Schedule and Music Order

Calendario degli allenamenti e sequenza musicale / Horaire des entraînements et rotation des musiques

As of FRI 30 JAN 2026

| Pair Skating<br>Group 1                           | NOC | TUE 3 FEB                     | THU 5 FEB                     | THU 5 FEB                     | SAT 7 FEB                     | SAT 7 FEB                     | MON 9 FEB                     |
|---------------------------------------------------|-----|-------------------------------|-------------------------------|-------------------------------|-------------------------------|-------------------------------|-------------------------------|
|                                                   |     | PR<br>SP or FS<br>18:55-19:25 | MR<br>SP or FS<br>02:40-03:05 | PR<br>SP or FS<br>20:50-21:20 | MR<br>SP or FS<br>00:30-00:55 | PR<br>SP or FS<br>21:55-22:25 | PR<br>SP or FS<br>00:20-00:50 |
| GOLUBEVA Anastasiia /<br>GIOTOPOULOS MOORE Hektor | AUS | 1                             | 2                             | 3                             | 4                             | 1                             | 2                             |
| VAIPAN-LAW Anastasia /<br>DIGBY Luke              | GBR | 2                             | 3                             | 4                             | 1                             | 2                             | 3                             |
| CONTI Sara /<br>MACII Niccolo                     | ITA | 3                             | 4                             | 1                             | 2                             | 3                             | 4                             |
| GHILARDI Rebecca /<br>AMBROSINI Filippo           | ITA | 4                             | 1                             | 2                             | 3                             | 4                             | 1                             |

| Pair Skating<br>Group 1                           | NOC | MON 9 FEB                     | WED 11 FEB                    | WED 11 FEB                    | THU 12 FEB                    | FRI 13 FEB                    | FRI 13 FEB                    |
|---------------------------------------------------|-----|-------------------------------|-------------------------------|-------------------------------|-------------------------------|-------------------------------|-------------------------------|
|                                                   |     | PR<br>SP or FS<br>21:20-21:50 | PR<br>SP or FS<br>01:05-01:35 | PR<br>SP or FS<br>19:10-19:40 | MR<br>SP or FS<br>18:55-19:25 | PR<br>SP or FS<br>00:15-00:45 | PR<br>SP or FS<br>20:20-20:50 |
| GOLUBEVA Anastasiia /<br>GIOTOPOULOS MOORE Hektor | AUS | 3                             | 4                             | 1                             | 2                             | 3                             | 4                             |
| VAIPAN-LAW Anastasia /<br>DIGBY Luke              | GBR | 4                             | 1                             | 2                             | 3                             | 4                             | 1                             |
| CONTI Sara /<br>MACII Niccolo                     | ITA | 1                             | 2                             | 3                             | 4                             | 1                             | 2                             |
| GHILARDI Rebecca /<br>AMBROSINI Filippo           | ITA | 2                             | 3                             | 4                             | 1                             | 2                             | 3                             |

| Pair Skating<br>Group 2                     | NOC | TUE 3 FEB                     | THU 5 FEB                     | THU 5 FEB                     | SAT 7 FEB                     | SAT 7 FEB                     | MON 9 FEB                     |
|---------------------------------------------|-----|-------------------------------|-------------------------------|-------------------------------|-------------------------------|-------------------------------|-------------------------------|
|                                             |     | PR<br>SP or FS<br>19:25-19:55 | MR<br>SP or FS<br>00:40-01:05 | PR<br>SP or FS<br>21:30-22:00 | MR<br>SP or FS<br>00:55-01:20 | PR<br>SP or FS<br>22:35-23:05 | PR<br>SP or FS<br>00:50-01:20 |
| PEREIRA Lia /<br>MICHAUD Trennt             | CAN | 1                             | 2                             | 3                             | 4                             | 1                             | 2                             |
| STELLATO-DUDEK Deanna /<br>DESCHAMPS Maxime | CAN | 2                             | 3                             | 4                             | 1                             | 2                             | 3                             |
| HASE Minerva Fabienne /<br>VOLODIN Nikita   | GER | 3                             | 4                             | 1                             | 2                             | 3                             | 4                             |
| HOCKE Annika /<br>KUNKEL Robert             | GER | 4                             | 1                             | 2                             | 3                             | 4                             | 1                             |



## Practice Schedule and Music Order

Calendario degli allenamenti e sequenza musicale / Horaire des entraînements et rotation des musiques

As of FRI 30 JAN 2026

| Pair Skating<br>Group 2                     | NOC | MON 9 FEB                     | WED 11 FEB                    | WED 11 FEB                    | THU 12 FEB                    | FRI 13 FEB                    | FRI 13 FEB                    |
|---------------------------------------------|-----|-------------------------------|-------------------------------|-------------------------------|-------------------------------|-------------------------------|-------------------------------|
|                                             |     | PR<br>SP or FS<br>19:00-19:30 | PR<br>SP or FS<br>01:45-02:15 | PR<br>SP or FS<br>19:40-20:10 | MR<br>SP or FS<br>19:35-20:05 | PR<br>SP or FS<br>00:55-01:25 | PR<br>SP or FS<br>20:50-21:20 |
| PEREIRA Lia /<br>MICHAUD Trennt             | CAN | 3                             | 4                             | 1                             | 2                             | 3                             | 4                             |
| STELLATO-DUDEK Deanna /<br>DESCHAMPS Maxime | CAN | 4                             | 1                             | 2                             | 3                             | 4                             | 1                             |
| HASE Minerva Fabienne /<br>VOLODIN Nikita   | GER | 1                             | 2                             | 3                             | 4                             | 1                             | 2                             |
| HOCKE Annika /<br>KUNKEL Robert             | GER | 2                             | 3                             | 4                             | 1                             | 2                             | 3                             |

| Pair Skating<br>Group 3              | NOC | TUE 3 FEB                     | THU 5 FEB                     | THU 5 FEB                     | SAT 7 FEB                     | SAT 7 FEB                     | MON 9 FEB                     |
|--------------------------------------|-----|-------------------------------|-------------------------------|-------------------------------|-------------------------------|-------------------------------|-------------------------------|
|                                      |     | PR<br>SP or FS<br>20:05-20:35 | MR<br>SP or FS<br>01:05-01:30 | PR<br>SP or FS<br>19:10-19:40 | MR<br>SP or FS<br>01:30-01:55 | PR<br>SP or FS<br>23:05-23:35 | PR<br>SP or FS<br>01:30-02:00 |
| AKOPOVA Karina /<br>RAKHMANIN Nikita | ARM | 1                             | 2                             | 3                             | 4                             | 1                             | 2                             |
| DANILOVA Daria /<br>TSIBA Michel     | NED | 2                             | 3                             | 4                             | 1                             | 2                             | 3                             |
| CHAN Emily /<br>HOWE Spencer Akira   | USA | 3                             | 4                             | 1                             | 2                             | 3                             | 4                             |
| KAM Ellie /<br>O'SHEA Danny          | USA | 4                             | 1                             | 2                             | 3                             | 4                             | 1                             |

| Pair Skating<br>Group 3              | NOC | MON 9 FEB                     | TUE 10 FEB                    | WED 11 FEB                    | THU 12 FEB                    | FRI 13 FEB                    | FRI 13 FEB                    |
|--------------------------------------|-----|-------------------------------|-------------------------------|-------------------------------|-------------------------------|-------------------------------|-------------------------------|
|                                      |     | PR<br>SP or FS<br>19:30-20:00 | PR<br>SP or FS<br>23:25-23:55 | PR<br>SP or FS<br>20:20-20:50 | MR<br>SP or FS<br>20:05-20:35 | PR<br>SP or FS<br>01:25-01:55 | PR<br>SP or FS<br>21:30-22:00 |
| AKOPOVA Karina /<br>RAKHMANIN Nikita | ARM | 3                             | 4                             | 1                             | 2                             | 3                             | 4                             |
| DANILOVA Daria /<br>TSIBA Michel     | NED | 4                             | 1                             | 2                             | 3                             | 4                             | 1                             |
| CHAN Emily /<br>HOWE Spencer Akira   | USA | 1                             | 2                             | 3                             | 4                             | 1                             | 2                             |
| KAM Ellie /<br>O'SHEA Danny          | USA | 2                             | 3                             | 4                             | 1                             | 2                             | 3                             |



## Practice Schedule and Music Order

Calendario degli allenamenti e sequenza musicale / Horaire des entraînements et rotation des musiques

As of FRI 30 JAN 2026

| Pair Skating<br>Group 4               | NOC | TUE 3 FEB                     | THU 5 FEB                     | THU 5 FEB                     | FRI 6 FEB                     | SAT 7 FEB                     | MON 9 FEB                     |
|---------------------------------------|-----|-------------------------------|-------------------------------|-------------------------------|-------------------------------|-------------------------------|-------------------------------|
|                                       |     | PR<br>SP or FS<br>20:35-21:05 | MR<br>SP or FS<br>01:40-02:05 | PR<br>SP or FS<br>19:40-20:10 | MR<br>SP or FS<br>23:30-23:55 | PR<br>SP or FS<br>23:45-00:15 | PR<br>SP or FS<br>02:00-02:30 |
| KOVALEV Camille /<br>KOVALEV Pavel    | FRA | 1                             | 2                             | 3                             | 4                             | 1                             | 2                             |
| PAVLOVA Maria /<br>SVIATCHENKO Alexei | HUN | 2                             | 3                             | 4                             | 1                             | 2                             | 3                             |
| 三浦璃来 /<br>木原龍一                        | JPN | 3                             | 4                             | 1                             | 2                             | 3                             | 4                             |
| 長岡柚奈 /<br>森口澄士                        | JPN | 4                             | 1                             | 2                             | 3                             | 4                             | 1                             |

| Pair Skating<br>Group 4               | NOC | MON 9 FEB                     | TUE 10 FEB                    | WED 11 FEB                    | THU 12 FEB                    | FRI 13 FEB                    | FRI 13 FEB                    |
|---------------------------------------|-----|-------------------------------|-------------------------------|-------------------------------|-------------------------------|-------------------------------|-------------------------------|
|                                       |     | PR<br>SP or FS<br>20:10-20:40 | PR<br>SP or FS<br>23:55-00:25 | PR<br>SP or FS<br>18:00-18:30 | MR<br>SP or FS<br>20:45-21:15 | PR<br>SP or FS<br>02:05-02:35 | PR<br>SP or FS<br>22:00-22:30 |
| KOVALEV Camille /<br>KOVALEV Pavel    | FRA | 3                             | 4                             | 1                             | 2                             | 3                             | 4                             |
| PAVLOVA Maria /<br>SVIATCHENKO Alexei | HUN | 4                             | 1                             | 2                             | 3                             | 4                             | 1                             |
| 三浦璃来 /<br>木原龍一                        | JPN | 1                             | 2                             | 3                             | 4                             | 1                             | 2                             |
| 長岡柚奈 /<br>森口澄士                        | JPN | 2                             | 3                             | 4                             | 1                             | 2                             | 3                             |

| Pair Skating<br>Group 5                 | NOC | TUE 3 FEB                     | THU 5 FEB                     | THU 5 FEB                     | FRI 6 FEB                     | SAT 7 FEB                     | MON 9 FEB                     |
|-----------------------------------------|-----|-------------------------------|-------------------------------|-------------------------------|-------------------------------|-------------------------------|-------------------------------|
|                                         |     | PR<br>SP or FS<br>21:15-21:45 | MR<br>SP or FS<br>02:05-02:30 | PR<br>SP or FS<br>20:20-20:50 | MR<br>SP or FS<br>23:55-00:20 | PR<br>SP or FS<br>21:25-21:55 | PR<br>SP or FS<br>02:40-03:10 |
| SUI Wenjing /<br>HAN Cong               | CHN | 1                             | 2                             | 3                             | 1                             | 2                             | 3                             |
| METELKINA Anastasiia /<br>BERULAVA Luka | GEO | 2                             | 3                             | 1                             | 2                             | 3                             | 1                             |
| CHTCHETININA Ioulia /<br>WOZNIAC Michal | POL | 3                             | 1                             | 2                             | 3                             | 1                             | 2                             |

| Pair Skating<br>Group 5                 | NOC | MON 9 FEB                     | WED 11 FEB                    | WED 11 FEB                    | THU 12 FEB                    | THU 12 FEB                    | FRI 13 FEB                    |
|-----------------------------------------|-----|-------------------------------|-------------------------------|-------------------------------|-------------------------------|-------------------------------|-------------------------------|
|                                         |     | PR<br>SP or FS<br>20:40-21:10 | PR<br>SP or FS<br>00:35-01:05 | PR<br>SP or FS<br>18:30-19:00 | MR<br>SP or FS<br>18:25-18:55 | PR<br>SP or FS<br>23:45-00:15 | PR<br>SP or FS<br>22:40-23:10 |
| SUI Wenjing /<br>HAN Cong               | CHN | 1                             | 2                             | 3                             | 1                             | 2                             | 3                             |
| METELKINA Anastasiia /<br>BERULAVA Luka | GEO | 2                             | 3                             | 1                             | 2                             | 3                             | 1                             |
| CHTCHETININA Ioulia /<br>WOZNIAC Michal | POL | 3                             | 1                             | 2                             | 3                             | 1                             | 2                             |

|                |               |    |              |    |           |    |               |
|----------------|---------------|----|--------------|----|-----------|----|---------------|
| <b>Legend:</b> |               |    |              |    |           |    |               |
| SP             | Short Program | FS | Free Skating | MR | Main Rink | PR | Practice Rink |



# - <日本時間: アイスダンス練習> -

## Practice Schedule and Music Order

Calendario degli allenamenti e sequenza musicale / Horaire des entraînements et rotation des musiques

As of FRI 30 JAN 2026

| Ice Dance<br>Group 1                              | NOC | TUE 3 FEB                     | TUE 3 FEB                     | THU 5 FEB                     | THU 5 FEB                     | FRI 6 FEB                     | SAT 7 FEB                     | SUN 8 FEB                     |
|---------------------------------------------------|-----|-------------------------------|-------------------------------|-------------------------------|-------------------------------|-------------------------------|-------------------------------|-------------------------------|
|                                                   |     | MR<br>RD or FD<br>15:00-15:30 | PR<br>RD or FD<br>21:55-22:30 | PR<br>RD or FD<br>02:05-02:40 | MR<br>RD or FD<br>20:05-20:35 | PR<br>RD or FD<br>15:10-15:40 | PR<br>RD or FD<br>15:30-16:00 | MR<br>RD or FD<br>00:35-01:05 |
| JANSE VAN RENSBURG Jennifer /<br>STEFFAN Benjamin | GER | 1                             | 2                             | 3                             | 4                             | 1                             | 2                             | 3                             |
| CARREIRA Christina /<br>PONOMARENKO Anthony       | USA | 2                             | 3                             | 4                             | 1                             | 2                             | 3                             | 4                             |
| CHOCK Madison /<br>BATES Evan                     | USA | 3                             | 4                             | 1                             | 2                             | 3                             | 4                             | 1                             |
| ZINGAS Emilea /<br>KOLEJNIK Vadym                 | USA | 4                             | 1                             | 2                             | 3                             | 4                             | 1                             | 2                             |

| Ice Dance<br>Group 2                           | NOC | TUE 3 FEB                     | TUE 3 FEB                     | WED 4 FEB                     | THU 5 FEB                     | FRI 6 FEB                     | SAT 7 FEB                     | SUN 8 FEB                     |
|------------------------------------------------|-----|-------------------------------|-------------------------------|-------------------------------|-------------------------------|-------------------------------|-------------------------------|-------------------------------|
|                                                |     | MR<br>RD or FD<br>15:30-16:00 | PR<br>RD or FD<br>22:30-23:05 | PR<br>RD or FD<br>23:25-00:00 | MR<br>RD or FD<br>20:45-21:15 | PR<br>RD or FD<br>15:40-16:10 | PR<br>RD or FD<br>16:10-16:40 | MR<br>RD or FD<br>01:15-01:45 |
| HARRIS Holly /<br>CHAN Jason                   | AUS | 1                             | 2                             | 3                             | 4                             | 5                             | 1                             | 2                             |
| MRAZKOVA Katerina /<br>MRAZEK Daniel           | CZE | 2                             | 3                             | 4                             | 5                             | 1                             | 2                             | 3                             |
| TASCHLEROVA Natalie /<br>TASCHLEROVA Natalie / | CZE | 3                             | 4                             | 5                             | 1                             | 2                             | 3                             | 4                             |
| BEKKER Phebe /<br>HERNANDEZ James              | GBR | 4                             | 5                             | 1                             | 2                             | 3                             | 4                             | 5                             |
| FEAR Lilah /<br>GIBSON Lewis                   | GBR | 5                             | 1                             | 2                             | 3                             | 4                             | 5                             | 1                             |

| Ice Dance<br>Group 3                             | NOC | TUE 3 FEB                     | TUE 3 FEB                     | THU 5 FEB                     | THU 5 FEB                     | FRI 6 FEB                     | SAT 7 FEB                     | SUN 8 FEB                     |
|--------------------------------------------------|-----|-------------------------------|-------------------------------|-------------------------------|-------------------------------|-------------------------------|-------------------------------|-------------------------------|
|                                                  |     | MR<br>RD or FD<br>16:10-16:40 | PR<br>RD or FD<br>23:15-23:50 | PR<br>RD or FD<br>00:00-00:35 | MR<br>RD or FD<br>18:25-18:55 | PR<br>RD or FD<br>16:20-16:50 | PR<br>RD or FD<br>16:40-17:10 | MR<br>RD or FD<br>01:45-02:15 |
| WANG Shiyue /<br>LIU Xinyu                       | CHN | 1                             | 2                             | 3                             | 4                             | 5                             | 1                             | 2                             |
| FOURNIER BEAUDRY Laurence /<br>CIZERON Guillaume | FRA | 2                             | 3                             | 4                             | 5                             | 1                             | 2                             | 3                             |
| LOPAREVA Evgeniia /<br>BRISAUD Geoffrey          | FRA | 3                             | 4                             | 5                             | 1                             | 2                             | 3                             | 4                             |
| DAVIS Diana /<br>SMOLKIN Gleb                    | GEO | 4                             | 5                             | 1                             | 2                             | 3                             | 4                             | 5                             |
| REED Allison /<br>AMBRULEVICIUS Saulius          | LTU | 5                             | 1                             | 2                             | 3                             | 4                             | 5                             | 1                             |



## Practice Schedule and Music Order

Calendario degli allenamenti e sequenza musicale / Horaire des entraînements et rotation des musiques

As of FRI 30 JAN 2026

| Ice Dance<br>Group 4                    | NOC | TUE 3 FEB                     | TUE 3 FEB                     | THU 5 FEB                     | THU 5 FEB                     | FRI 6 FEB                     | SAT 7 FEB                     | SUN 8 FEB                     |
|-----------------------------------------|-----|-------------------------------|-------------------------------|-------------------------------|-------------------------------|-------------------------------|-------------------------------|-------------------------------|
|                                         |     | MR<br>RD or FD<br>16:40-17:10 | PR<br>RD or FD<br>23:50-00:25 | PR<br>RD or FD<br>00:45-01:20 | MR<br>RD or FD<br>18:55-19:25 | PR<br>RD or FD<br>14:00-14:30 | PR<br>RD or FD<br>17:20-17:50 | MR<br>RD or FD<br>02:25-02:55 |
| GILLES Piper /<br>POIRIER Paul          | CAN | 1                             | 2                             | 3                             | 4                             | 5                             | 1                             | 2                             |
| LAJOIE Marjorie /<br>LAGHA Zachary      | CAN | 2                             | 3                             | 4                             | 5                             | 1                             | 2                             | 3                             |
| LAURIAULT Marie-Jade /<br>LE GAC Romain | CAN | 3                             | 4                             | 5                             | 1                             | 2                             | 3                             | 4                             |
| TURKKILA Juulia /<br>VERSLUIS Matthias  | FIN | 4                             | 5                             | 1                             | 2                             | 3                             | 4                             | 5                             |
| LIM Hannah /<br>QUAN Ye                 | KOR | 5                             | 1                             | 2                             | 3                             | 4                             | 5                             | 1                             |

| Ice Dance<br>Group 5                   | NOC | TUE 3 FEB                     | WED 4 FEB                     | THU 5 FEB                     | THU 5 FEB                     | FRI 6 FEB                     | SAT 7 FEB                     | SUN 8 FEB                     |
|----------------------------------------|-----|-------------------------------|-------------------------------|-------------------------------|-------------------------------|-------------------------------|-------------------------------|-------------------------------|
|                                        |     | MR<br>RD or FD<br>17:20-17:50 | PR<br>RD or FD<br>00:35-01:10 | PR<br>RD or FD<br>01:20-01:55 | MR<br>RD or FD<br>19:35-20:05 | PR<br>RD or FD<br>14:30-15:00 | PR<br>RD or FD<br>15:00-15:30 | MR<br>RD or FD<br>00:05-00:35 |
| SMART Olivia /<br>DIECK Tim            | ESP | 1                             | 2                             | 3                             | 4                             | 1                             | 2                             | 3                             |
| VAL Sofia /<br>KAZIMOV Asaf            | ESP | 2                             | 3                             | 4                             | 1                             | 2                             | 3                             | 4                             |
| GUIGNARD Charlene /<br>FABBRI Marco    | ITA | 3                             | 4                             | 1                             | 2                             | 3                             | 4                             | 1                             |
| REITAN Milla Ruud /<br>MAJOROV Nikolaj | SWE | 4                             | 1                             | 2                             | 3                             | 4                             | 1                             | 2                             |

|                |              |    |            |    |           |    |               |
|----------------|--------------|----|------------|----|-----------|----|---------------|
| <b>Legend:</b> |              |    |            |    |           |    |               |
| RD             | Rhythm Dance | FD | Free Dance | MR | Main Rink | PR | Practice Rink |



# - <日本時間：団体男子練習> -

## Practice Schedule and Music Order

Calendario degli allenamenti e sequenza musicale / Horaire des entraînements et rotation des musiques  
As of FRI 30 JAN 2026

| Team Men Single Skating<br>Group T1 | NOC | WED 4 FEB                 | THU 5 FEB                 | FRI 6 FEB                 | SAT 7 FEB                 |
|-------------------------------------|-----|---------------------------|---------------------------|---------------------------|---------------------------|
|                                     |     | PR                        | PR                        | PR                        | PR                        |
|                                     |     | SP or FS<br>05:40 - 06:15 | SP or FS<br>03:25 - 04:00 | SP or FS<br>02:30 - 03:05 | SP or FS<br>00:25 - 01:00 |
| JIN Boyang                          | CHN | 1                         | 2                         | 3                         | 4                         |
| 1 skater                            | FRA | 2                         | 3                         | 4                         | 5                         |
| EGADZE Nika                         | GEO | 3                         | 4                         | 5                         | 1                         |
| SAMOILOV Vladimir                   | POL | 4                         | 5                         | 1                         | 2                         |
| 1 skater                            | USA | 5                         | 1                         | 2                         | 3                         |

| Team Men Single Skating<br>Group T2 | NOC | WED 4 FEB                 | THU 5 FEB                 | FRI 6 FEB                 | FRI 6 FEB                 |
|-------------------------------------|-----|---------------------------|---------------------------|---------------------------|---------------------------|
|                                     |     | PR                        | PR                        | PR                        | PR                        |
|                                     |     | SP or FS<br>06:15 - 06:50 | SP or FS<br>02:50 - 03:25 | SP or FS<br>03:05 - 03:40 | SP or FS<br>23:50 - 00:25 |
| GOGOLEV Stephen                     | CAN | 1                         | 2                         | 3                         | 4                         |
| APPLEBY Edward                      | GBR | 2                         | 3                         | 4                         | 5                         |
| 1 skater                            | ITA | 3                         | 4                         | 5                         | 1                         |
| 1 skater                            | JPN | 4                         | 5                         | 1                         | 2                         |
| 1 skater                            | KOR | 5                         | 1                         | 2                         | 3                         |

### Legend:

**SP** Short Program      **FS** Free Skating      **PR** Practice Rink



## - <日本時間: 団体女子練習> -

### Practice Schedule and Music Order

Calendario degli allenamenti e sequenza musicale / Horaire des entraînements et rotation des musiques  
As of FRI 30 JAN 2026

| Team Women Single Skating<br>Group T1 | NOC | WED 4 FEB                       | THU 5 FEB                       | THU 5 FEB                       | FRI 6 FEB                                                   | SUN 8 FEB                 |
|---------------------------------------|-----|---------------------------------|---------------------------------|---------------------------------|-------------------------------------------------------------|---------------------------|
|                                       |     | PR<br>SP or FS<br>01:20 - 01:55 | MR<br>SP or FS<br>03:50 - 04:25 | PR<br>SP or FS<br>22:10 - 22:45 | MR<br>SP                                                    | PR<br>FS<br>02:50 - 03:25 |
| SCHIZAS Madeline                      | CAN | 1                               | 2                               | 3                               | in<br>accordance<br>with starting<br>order Short<br>Program | 4                         |
| SCHILD Lorine                         | FRA | 2                               | 3                               | 4                               |                                                             | 5                         |
| SPOURS Kristen                        | GBR | 3                               | 4                               | 5                               |                                                             | 1                         |
| 1 skater                              | KOR | 4                               | 5                               | 1                               |                                                             | 2                         |
| 1 skater                              | USA | 5                               | 1                               | 2                               |                                                             | 3                         |

| Team Women Single Skating<br>Group T2 | NOC | WED 4 FEB                       | THU 5 FEB                       | THU 5 FEB                       | FRI 6 FEB                                                   | SUN 8 FEB                 |
|---------------------------------------|-----|---------------------------------|---------------------------------|---------------------------------|-------------------------------------------------------------|---------------------------|
|                                       |     | PR<br>SP or FS<br>01:55 - 02:30 | MR<br>SP or FS<br>03:15 - 03:50 | PR<br>SP or FS<br>22:45 - 23:20 | MR<br>SP                                                    | PR<br>FS<br>02:15 - 02:50 |
| ZHANG Ruiyang                         | CHN | 1                               | 2                               | 3                               | in<br>accordance<br>with starting<br>order Short<br>Program | 4                         |
| GUBANOVA Anastasiia                   | GEO | 2                               | 3                               | 4                               |                                                             | 5                         |
| GUTMANN Lara Naki                     | ITA | 3                               | 4                               | 5                               |                                                             | 1                         |
| 1 skater                              | JPN | 4                               | 5                               | 1                               |                                                             | 2                         |
| KURAKOVA Ekaterina                    | POL | 5                               | 1                               | 2                               |                                                             | 3                         |

#### Legend:

**SP** Short Program      **FS** Free Skating      **PR** Practice Rink



## - <日本時間: 団体ペア練習> -

### Practice Schedule and Music Order

Calendario degli allenamenti e sequenza musicale / Horaire des entraînements et rotation des musiques  
As of FRI 30 JAN 2026

| Team Pair Skating<br>Group T1      | NOC | WED 4 FEB                       | THU 5 FEB                       | FRI 6 FEB                       | FRI 6 FEB                                                   | SUN 8 FEB                 |
|------------------------------------|-----|---------------------------------|---------------------------------|---------------------------------|-------------------------------------------------------------|---------------------------|
|                                    |     | PR<br>SP or FS<br>02:40 - 03:10 | MR<br>SP or FS<br>06:45 - 07:10 | PR<br>SP or FS<br>01:10 - 01:40 | MR<br>SP                                                    | PR<br>FS<br>00:25 - 00:55 |
| 1 Pair                             | CAN | 1                               | 2                               | 3                               | in<br>accordance<br>with starting<br>order Short<br>Program | 1                         |
| KOVALEV Camille /<br>KOVALEV Pavel | FRA | 2                               | 3                               | 1                               |                                                             | 2                         |
| 1 Pair                             | USA | 3                               | 1                               | 2                               |                                                             | 3                         |

| Team Pair Skating<br>Group T2        | NOC | WED 4 FEB                       | THU 5 FEB                       | FRI 6 FEB                       | FRI 6 FEB                                                   | SUN 8 FEB                 |
|--------------------------------------|-----|---------------------------------|---------------------------------|---------------------------------|-------------------------------------------------------------|---------------------------|
|                                      |     | PR<br>SP or FS<br>03:10 - 03:40 | MR<br>SP or FS<br>05:45 - 06:10 | PR<br>SP or FS<br>01:50 - 02:20 | MR<br>SP                                                    | PR<br>FS<br>01:05 - 01:35 |
| VAIPAN-LAW Anastasia /<br>DIGBY Luke | GBR | 1                               | 2                               | 3                               | in<br>accordance<br>with starting<br>order Short<br>Program | 1                         |
| 1 Pair                               | ITA | 2                               | 3                               | 1                               |                                                             | 2                         |
| 1 Pair                               | JPN | 3                               | 1                               | 2                               |                                                             | 3                         |

| Team Pair Skating<br>Group T3           | NOC | WED 4 FEB                       | THU 5 FEB                       | FRI 6 FEB                       | FRI 6 FEB                                                   | SUN 8 FEB                 |
|-----------------------------------------|-----|---------------------------------|---------------------------------|---------------------------------|-------------------------------------------------------------|---------------------------|
|                                         |     | PR<br>SP or FS<br>03:50 - 04:20 | MR<br>SP or FS<br>06:10 - 06:35 | PR<br>SP or FS<br>00:40 - 01:10 | MR<br>SP                                                    | PR<br>FS<br>01:35 - 02:05 |
| SUI Wenjing /<br>HAN Cong               | CHN | 1                               | 2                               | 3                               | in<br>accordance<br>with starting<br>order Short<br>Program | 1                         |
| METELKINA Anastasiia /<br>BERULAVA Luka | GEO | 2                               | 3                               | 1                               |                                                             | 2                         |
| CHTCHETININA Ioulia /<br>WOZNIAC Michal | POL | 3                               | 1                               | 2                               |                                                             | 3                         |

|                |               |           |              |           |           |           |               |
|----------------|---------------|-----------|--------------|-----------|-----------|-----------|---------------|
| <b>Legend:</b> |               |           |              |           |           |           |               |
| <b>SP</b>      | Short Program | <b>FS</b> | Free Skating | <b>MR</b> | Main Rink | <b>PR</b> | Practice Rink |



# - <日本時間：団体アイスダンス練習> -

## Practice Schedule and Music Order

Calendario degli allenamenti e sequenza musicale / Horaire des entraînements et rotation des musiques  
As of FRI 30 JAN 2026

| Team Ice Dance<br>Group T1        | NOC | WED 4 FEB                       | THU 5 FEB                       | THU 5 FEB                       | FRI 6 FEB                                                     | SAT 7 FEB                 |
|-----------------------------------|-----|---------------------------------|---------------------------------|---------------------------------|---------------------------------------------------------------|---------------------------|
|                                   |     | PR<br>RD or FD<br>04:30 - 05:00 | MR<br>RD or FD<br>05:05 - 05:35 | PR<br>RD or FD<br>23:30 - 00:00 | MR<br>RD                                                      | MR<br>FD<br>23:25 - 23:55 |
| WANG Shiyue /<br>LIU Xinyu        | CHN | 1                               | 2                               | 3                               | in<br>accordance<br>with starting<br>order<br>Rhythm<br>Dance | 4                         |
| 1 Couple                          | FRA | 2                               | 3                               | 4                               |                                                               | 5                         |
| 1 Couple                          | GBR | 3                               | 4                               | 5                               |                                                               | 1                         |
| LIM Hannah /<br>QUAN Ye           | KOR | 4                               | 5                               | 1                               |                                                               | 2                         |
| DOVHAL Sofiia /<br>KULESZA Wiktor | POL | 5                               | 1                               | 2                               |                                                               | 3                         |

| Team Ice Dance<br>Group T2          | NOC | WED 4 FEB                       | THU 5 FEB                       | FRI 6 FEB                       | FRI 6 FEB                                                     | SAT 7 FEB                 |
|-------------------------------------|-----|---------------------------------|---------------------------------|---------------------------------|---------------------------------------------------------------|---------------------------|
|                                     |     | PR<br>RD or FD<br>05:00 - 05:30 | MR<br>RD or FD<br>04:35 - 05:05 | PR<br>RD or FD<br>00:00 - 00:30 | MR<br>RD                                                      | MR<br>FD<br>22:55 - 23:25 |
| 1 Couple                            | CAN | 1                               | 2                               | 3                               | in<br>accordance<br>with starting<br>order<br>Rhythm<br>Dance | 4                         |
| DAVIS Diana /<br>SMOLKIN Gleb       | GEO | 2                               | 3                               | 4                               |                                                               | 5                         |
| GUIGNARD Charlene /<br>FABBRI Marco | ITA | 3                               | 4                               | 5                               |                                                               | 1                         |
| 吉田 順菜 /<br>森田 真沙也                   | JPN | 4                               | 5                               | 1                               |                                                               | 2                         |
| 1 Couple                            | USA | 5                               | 1                               | 2                               |                                                               | 3                         |

|                |              |           |            |           |           |           |               |
|----------------|--------------|-----------|------------|-----------|-----------|-----------|---------------|
| <b>Legend:</b> |              |           |            |           |           |           |               |
| <b>RD</b>      | Rhythm Dance | <b>FD</b> | Free Dance | <b>MR</b> | Main Rink | <b>PR</b> | Practice Rink |