

Communication No. 2786

SINGLE & PAIR SKATING

Scale of Values and Program Components Factors valid as of July 1, 2026

1. Scale of Values

| | -5 | -4 | -3 | -2 | -1 | BASE | 1 | 2 | 3 | 4 | 5 |
|----------------------------------|-------|-------|-------|-------|-------|-------------|------|------|------|------|------|
| | 50% | 40% | 30% | 20% | 10% | | 10% | 20% | 30% | 40% | 50% |
| Single & Pair Skating | | | | | | | | | | | |
| Jumps | | | | | | | | | | | |
| Eu | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| 1T | -0.20 | -0.16 | -0.12 | -0.08 | -0.04 | 0.40 | 0.04 | 0.08 | 0.12 | 0.16 | 0.20 |
| | 0.20 | 0.24 | 0.28 | 0.32 | 0.36 | | 0.44 | 0.48 | 0.52 | 0.56 | 0.60 |
| 1S | -0.20 | -0.16 | -0.12 | -0.08 | -0.04 | 0.40 | 0.04 | 0.08 | 0.12 | 0.16 | 0.20 |
| | 0.20 | 0.24 | 0.28 | 0.32 | 0.36 | | 0.44 | 0.48 | 0.52 | 0.56 | 0.60 |
| 1Lo | -0.25 | -0.20 | -0.15 | -0.10 | -0.05 | 0.50 | 0.05 | 0.10 | 0.15 | 0.20 | 0.25 |
| | 0.25 | 0.30 | 0.35 | 0.40 | 0.45 | | 0.55 | 0.60 | 0.65 | 0.70 | 0.75 |
| 1F | -0.25 | -0.20 | -0.15 | -0.10 | -0.05 | 0.50 | 0.05 | 0.10 | 0.15 | 0.20 | 0.25 |
| | 0.25 | 0.30 | 0.35 | 0.40 | 0.45 | | 0.55 | 0.60 | 0.65 | 0.70 | 0.75 |
| 1Lz | -0.30 | -0.24 | -0.18 | -0.12 | -0.06 | 0.60 | 0.06 | 0.12 | 0.18 | 0.24 | 0.30 |
| | 0.30 | 0.36 | 0.42 | 0.48 | 0.54 | | 0.66 | 0.72 | 0.78 | 0.84 | 0.90 |
| 1Tq | -0.20 | -0.16 | -0.12 | -0.08 | -0.04 | 0.40 | 0.04 | 0.08 | 0.12 | 0.16 | 0.20 |
| | 0.20 | 0.24 | 0.28 | 0.32 | 0.36 | | 0.44 | 0.48 | 0.52 | 0.56 | 0.60 |
| 1Sq | -0.20 | -0.16 | -0.12 | -0.08 | -0.04 | 0.40 | 0.04 | 0.08 | 0.12 | 0.16 | 0.20 |
| | 0.20 | 0.24 | 0.28 | 0.32 | 0.36 | | 0.44 | 0.48 | 0.52 | 0.56 | 0.60 |
| 1Loq | -0.25 | -0.20 | -0.15 | -0.10 | -0.05 | 0.50 | 0.05 | 0.10 | 0.15 | 0.20 | 0.25 |
| | 0.25 | 0.30 | 0.35 | 0.40 | 0.45 | | 0.55 | 0.60 | 0.65 | 0.70 | 0.75 |
| 1Fq | -0.25 | -0.20 | -0.15 | -0.10 | -0.05 | 0.50 | 0.05 | 0.10 | 0.15 | 0.20 | 0.25 |
| | 0.25 | 0.30 | 0.35 | 0.40 | 0.45 | | 0.55 | 0.60 | 0.65 | 0.70 | 0.75 |
| 1Lzq | -0.30 | -0.24 | -0.18 | -0.12 | -0.06 | 0.60 | 0.06 | 0.12 | 0.18 | 0.24 | 0.30 |
| | 0.30 | 0.36 | 0.42 | 0.48 | 0.54 | | 0.66 | 0.72 | 0.78 | 0.84 | 0.90 |
| 1T< | -0.16 | -0.13 | -0.10 | -0.06 | -0.03 | 0.32 | 0.03 | 0.06 | 0.10 | 0.13 | 0.16 |
| | 0.16 | 0.19 | 0.22 | 0.26 | 0.29 | | 0.35 | 0.38 | 0.42 | 0.45 | 0.48 |
| 1S< | -0.16 | -0.13 | -0.10 | -0.06 | -0.03 | 0.32 | 0.03 | 0.06 | 0.10 | 0.13 | 0.16 |
| | 0.16 | 0.19 | 0.22 | 0.26 | 0.29 | | 0.35 | 0.38 | 0.42 | 0.45 | 0.48 |
| 1Lo< | -0.20 | -0.16 | -0.12 | -0.08 | -0.04 | 0.40 | 0.04 | 0.08 | 0.12 | 0.16 | 0.20 |
| | 0.20 | 0.24 | 0.28 | 0.32 | 0.36 | | 0.44 | 0.48 | 0.52 | 0.56 | 0.60 |
| 1F< | -0.20 | -0.16 | -0.12 | -0.08 | -0.04 | 0.40 | 0.04 | 0.08 | 0.12 | 0.16 | 0.20 |
| | 0.20 | 0.24 | 0.28 | 0.32 | 0.36 | | 0.44 | 0.48 | 0.52 | 0.56 | 0.60 |
| 1Lz< | -0.24 | -0.19 | -0.14 | -0.10 | -0.05 | 0.48 | 0.05 | 0.10 | 0.14 | 0.19 | 0.24 |
| | 0.24 | 0.29 | 0.34 | 0.38 | 0.43 | | 0.53 | 0.58 | 0.62 | 0.67 | 0.72 |
| 1T<< | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| 1S<< | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| 1Lo<< | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| 1F<< | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| 1Lz<< | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| 1Fe | -0.20 | -0.16 | -0.12 | -0.08 | -0.04 | 0.40 | 0.04 | 0.08 | 0.12 | 0.16 | 0.20 |
| | 0.20 | 0.24 | 0.28 | 0.32 | 0.36 | | 0.44 | 0.48 | 0.52 | 0.56 | 0.60 |
| 1Feq | -0.20 | -0.16 | -0.12 | -0.08 | -0.04 | 0.40 | 0.04 | 0.08 | 0.12 | 0.16 | 0.20 |
| | 0.20 | 0.24 | 0.28 | 0.32 | 0.36 | | 0.44 | 0.48 | 0.52 | 0.56 | 0.60 |
| 1Fe< | -0.15 | -0.12 | -0.09 | -0.06 | -0.03 | 0.30 | 0.03 | 0.06 | 0.09 | 0.12 | 0.15 |
| | 0.15 | 0.18 | 0.21 | 0.24 | 0.27 | | 0.33 | 0.36 | 0.39 | 0.42 | 0.45 |
| 1Fe<< | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| 1Lze | -0.24 | -0.19 | -0.14 | -0.10 | -0.05 | 0.48 | 0.05 | 0.10 | 0.14 | 0.19 | 0.24 |
| | 0.24 | 0.29 | 0.34 | 0.38 | 0.43 | | 0.53 | 0.58 | 0.62 | 0.67 | 0.72 |

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|--------|-------|-------|-------|-------|-------|------|------|------|------|------|------|
| 1Lzeq | -0.24 | -0.19 | -0.14 | -0.10 | -0.05 | 0.48 | 0.05 | 0.10 | 0.14 | 0.19 | 0.24 |
| | 0.24 | 0.29 | 0.34 | 0.38 | 0.43 | | 0.53 | 0.58 | 0.62 | 0.67 | 0.72 |
| 1Lze< | -0.18 | -0.14 | -0.11 | -0.07 | -0.04 | 0.36 | 0.04 | 0.07 | 0.11 | 0.14 | 0.18 |
| | 0.18 | 0.22 | 0.25 | 0.29 | 0.32 | | 0.40 | 0.43 | 0.47 | 0.50 | 0.54 |
| 1Lze<< | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| 1F! | -0.25 | -0.20 | -0.15 | -0.10 | -0.05 | 0.50 | 0.05 | 0.10 | 0.15 | 0.20 | 0.25 |
| | 0.25 | 0.30 | 0.35 | 0.40 | 0.45 | | 0.55 | 0.60 | 0.65 | 0.70 | 0.75 |
| 1F!q | -0.25 | -0.20 | -0.15 | -0.10 | -0.05 | 0.50 | 0.05 | 0.10 | 0.15 | 0.20 | 0.25 |
| | 0.25 | 0.30 | 0.35 | 0.40 | 0.45 | | 0.55 | 0.60 | 0.65 | 0.70 | 0.75 |
| 1F!< | -0.20 | -0.16 | -0.12 | -0.08 | -0.04 | 0.40 | 0.04 | 0.08 | 0.12 | 0.16 | 0.20 |
| | 0.20 | 0.24 | 0.28 | 0.32 | 0.36 | | 0.44 | 0.48 | 0.52 | 0.56 | 0.60 |
| 1F!<< | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| 1Lz! | -0.30 | -0.24 | -0.18 | -0.12 | -0.06 | 0.60 | 0.06 | 0.12 | 0.18 | 0.24 | 0.30 |
| | 0.30 | 0.36 | 0.42 | 0.48 | 0.54 | | 0.66 | 0.72 | 0.78 | 0.84 | 0.90 |
| 1Lz!q | -0.30 | -0.24 | -0.18 | -0.12 | -0.06 | 0.60 | 0.06 | 0.12 | 0.18 | 0.24 | 0.30 |
| | 0.30 | 0.36 | 0.42 | 0.48 | 0.54 | | 0.66 | 0.72 | 0.78 | 0.84 | 0.90 |
| 1Lz!< | -0.24 | -0.19 | -0.14 | -0.10 | -0.05 | 0.48 | 0.05 | 0.10 | 0.14 | 0.19 | 0.24 |
| | 0.24 | 0.29 | 0.34 | 0.38 | 0.43 | | 0.53 | 0.58 | 0.62 | 0.67 | 0.72 |
| 1Lz!<< | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |

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|------|-------|-------|-------|-------|-------|------|------|------|------|------|------|
| 1A | -0.55 | -0.44 | -0.33 | -0.22 | -0.11 | 1.10 | 0.11 | 0.22 | 0.33 | 0.44 | 0.55 |
| | 0.55 | 0.66 | 0.77 | 0.88 | 0.99 | | 1.21 | 1.32 | 1.43 | 1.54 | 1.65 |
| 2T | -0.65 | -0.52 | -0.39 | -0.26 | -0.13 | 1.30 | 0.13 | 0.26 | 0.39 | 0.52 | 0.65 |
| | 0.65 | 0.78 | 0.91 | 1.04 | 1.17 | | 1.43 | 1.56 | 1.69 | 1.82 | 1.95 |
| 2S | -0.65 | -0.52 | -0.39 | -0.26 | -0.13 | 1.30 | 0.13 | 0.26 | 0.39 | 0.52 | 0.65 |
| | 0.65 | 0.78 | 0.91 | 1.04 | 1.17 | | 1.43 | 1.56 | 1.69 | 1.82 | 1.95 |
| 2Lo | -0.85 | -0.68 | -0.51 | -0.34 | -0.17 | 1.70 | 0.17 | 0.34 | 0.51 | 0.68 | 0.85 |
| | 0.85 | 1.02 | 1.19 | 1.36 | 1.53 | | 1.87 | 2.04 | 2.21 | 2.38 | 2.55 |
| 2F | -0.90 | -0.72 | -0.54 | -0.36 | -0.18 | 1.80 | 0.18 | 0.36 | 0.54 | 0.72 | 0.90 |
| | 0.90 | 1.08 | 1.26 | 1.44 | 1.62 | | 1.98 | 2.16 | 2.34 | 2.52 | 2.70 |
| 2Lz | -1.05 | -0.84 | -0.63 | -0.42 | -0.21 | 2.10 | 0.21 | 0.42 | 0.63 | 0.84 | 1.05 |
| | 1.05 | 1.26 | 1.47 | 1.68 | 1.89 | | 2.31 | 2.52 | 2.73 | 2.94 | 3.15 |
| 1Aq | -0.55 | -0.44 | -0.33 | -0.22 | -0.11 | 1.10 | 0.11 | 0.22 | 0.33 | 0.44 | 0.55 |
| | 0.55 | 0.66 | 0.77 | 0.88 | 0.99 | | 1.21 | 1.32 | 1.43 | 1.54 | 1.65 |
| 2Tq | -0.65 | -0.52 | -0.39 | -0.26 | -0.13 | 1.30 | 0.13 | 0.26 | 0.39 | 0.52 | 0.65 |
| | 0.65 | 0.78 | 0.91 | 1.04 | 1.17 | | 1.43 | 1.56 | 1.69 | 1.82 | 1.95 |
| 2Sq | -0.65 | -0.52 | -0.39 | -0.26 | -0.13 | 1.30 | 0.13 | 0.26 | 0.39 | 0.52 | 0.65 |
| | 0.65 | 0.78 | 0.91 | 1.04 | 1.17 | | 1.43 | 1.56 | 1.69 | 1.82 | 1.95 |
| 2Loq | -0.85 | -0.68 | -0.51 | -0.34 | -0.17 | 1.70 | 0.17 | 0.34 | 0.51 | 0.68 | 0.85 |
| | 0.85 | 1.02 | 1.19 | 1.36 | 1.53 | | 1.87 | 2.04 | 2.21 | 2.38 | 2.55 |
| 2Fq | -0.90 | -0.72 | -0.54 | -0.36 | -0.18 | 1.80 | 0.18 | 0.36 | 0.54 | 0.72 | 0.90 |
| | 0.90 | 1.08 | 1.26 | 1.44 | 1.62 | | 1.98 | 2.16 | 2.34 | 2.52 | 2.70 |
| 2Lzq | -1.05 | -0.84 | -0.63 | -0.42 | -0.21 | 2.10 | 0.21 | 0.42 | 0.63 | 0.84 | 1.05 |
| | 1.05 | 1.26 | 1.47 | 1.68 | 1.89 | | 2.31 | 2.52 | 2.73 | 2.94 | 3.15 |
| 1A< | -0.44 | -0.35 | -0.26 | -0.18 | -0.09 | 0.88 | 0.09 | 0.18 | 0.26 | 0.35 | 0.44 |
| | 0.44 | 0.53 | 0.62 | 0.70 | 0.79 | | 0.97 | 1.06 | 1.14 | 1.23 | 1.32 |
| 2T< | -0.52 | -0.42 | -0.31 | -0.21 | -0.10 | 1.04 | 0.10 | 0.21 | 0.31 | 0.42 | 0.52 |
| | 0.52 | 0.62 | 0.73 | 0.83 | 0.94 | | 1.14 | 1.25 | 1.35 | 1.46 | 1.56 |
| 2S< | -0.52 | -0.42 | -0.31 | -0.21 | -0.10 | 1.04 | 0.10 | 0.21 | 0.31 | 0.42 | 0.52 |
| | 0.52 | 0.62 | 0.73 | 0.83 | 0.94 | | 1.14 | 1.25 | 1.35 | 1.46 | 1.56 |
| 2Lo< | -0.68 | -0.54 | -0.41 | -0.27 | -0.14 | 1.36 | 0.14 | 0.27 | 0.41 | 0.54 | 0.68 |
| | 0.68 | 0.82 | 0.95 | 1.09 | 1.22 | | 1.50 | 1.63 | 1.77 | 1.90 | 2.04 |
| 2F< | -0.72 | -0.58 | -0.43 | -0.29 | -0.14 | 1.44 | 0.14 | 0.29 | 0.43 | 0.58 | 0.72 |
| | 0.72 | 0.86 | 1.01 | 1.15 | 1.30 | | 1.58 | 1.73 | 1.87 | 2.02 | 2.16 |
| 2Lz< | -0.84 | -0.67 | -0.50 | -0.34 | -0.17 | 1.68 | 0.17 | 0.34 | 0.50 | 0.67 | 0.84 |
| | 0.84 | 1.01 | 1.18 | 1.34 | 1.51 | | 1.85 | 2.02 | 2.18 | 2.35 | 2.52 |
| | -5 | -4 | -3 | -2 | -1 | BASE | 1 | 2 | 3 | 4 | 5 |
| | 50% | 40% | 30% | 20% | 10% | | 10% | 20% | 30% | 40% | 50% |
| 1A<< | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| 2T<< | -0.20 | -0.16 | -0.12 | -0.08 | -0.04 | 0.40 | 0.04 | 0.08 | 0.12 | 0.16 | 0.20 |
| | 0.20 | 0.24 | 0.28 | 0.32 | 0.36 | | 0.44 | 0.48 | 0.52 | 0.56 | 0.60 |

| | | | | | | | | | | | |
|---------------------|-------|-------|-------|-------|-------|-------------|------|------|------|------|------|
| 2S<< | -0.20 | -0.16 | -0.12 | -0.08 | -0.04 | 0.40 | 0.04 | 0.08 | 0.12 | 0.16 | 0.20 |
| | 0.20 | 0.24 | 0.28 | 0.32 | 0.36 | | 0.44 | 0.48 | 0.52 | 0.56 | 0.60 |
| 2Lo<< | -0.25 | -0.20 | -0.15 | -0.10 | -0.05 | 0.50 | 0.05 | 0.10 | 0.15 | 0.20 | 0.25 |
| | 0.25 | 0.30 | 0.35 | 0.40 | 0.45 | | 0.55 | 0.60 | 0.65 | 0.70 | 0.75 |
| 2F<< | -0.25 | -0.20 | -0.15 | -0.10 | -0.05 | 0.50 | 0.05 | 0.10 | 0.15 | 0.20 | 0.25 |
| | 0.25 | 0.30 | 0.35 | 0.40 | 0.45 | | 0.55 | 0.60 | 0.65 | 0.70 | 0.75 |
| 2Lz<< | -0.30 | -0.24 | -0.18 | -0.12 | -0.06 | 0.60 | 0.06 | 0.12 | 0.18 | 0.24 | 0.30 |
| | 0.30 | 0.36 | 0.42 | 0.48 | 0.54 | | 0.66 | 0.72 | 0.78 | 0.84 | 0.90 |
| 2Fe | -0.72 | -0.58 | -0.43 | -0.29 | -0.14 | 1.44 | 0.14 | 0.29 | 0.43 | 0.58 | 0.72 |
| | 0.72 | 0.86 | 1.01 | 1.15 | 1.30 | | 1.58 | 1.73 | 1.87 | 2.02 | 2.16 |
| 2Feq | -0.72 | -0.58 | -0.43 | -0.29 | -0.14 | 1.44 | 0.14 | 0.29 | 0.43 | 0.58 | 0.72 |
| | 0.72 | 0.86 | 1.01 | 1.15 | 1.30 | | 1.58 | 1.73 | 1.87 | 2.02 | 2.16 |
| 2Fe< | -0.54 | -0.43 | -0.32 | -0.22 | -0.11 | 1.08 | 0.11 | 0.22 | 0.32 | 0.43 | 0.54 |
| | 0.54 | 0.65 | 0.76 | 0.86 | 0.97 | | 1.19 | 1.30 | 1.40 | 1.51 | 1.62 |
| 2Fe<< | -0.20 | -0.16 | -0.12 | -0.08 | -0.04 | 0.40 | 0.04 | 0.08 | 0.12 | 0.16 | 0.20 |
| | 0.20 | 0.24 | 0.28 | 0.32 | 0.36 | | 0.44 | 0.48 | 0.52 | 0.56 | 0.60 |
| 2Lze | -0.84 | -0.67 | -0.50 | -0.34 | -0.17 | 1.68 | 0.17 | 0.34 | 0.50 | 0.67 | 0.84 |
| | 0.84 | 1.01 | 1.18 | 1.34 | 1.51 | | 1.85 | 2.02 | 2.18 | 2.35 | 2.52 |
| 2Lzeq | -0.84 | -0.67 | -0.50 | -0.34 | -0.17 | 1.68 | 0.17 | 0.34 | 0.50 | 0.67 | 0.84 |
| | 0.84 | 1.01 | 1.18 | 1.34 | 1.51 | | 1.85 | 2.02 | 2.18 | 2.35 | 2.52 |
| 2Lze< | -0.63 | -0.50 | -0.38 | -0.25 | -0.13 | 1.26 | 0.13 | 0.25 | 0.38 | 0.50 | 0.63 |
| | 0.63 | 0.76 | 0.88 | 1.01 | 1.13 | | 1.39 | 1.51 | 1.64 | 1.76 | 1.89 |
| 2Lze<< | -0.24 | -0.19 | -0.14 | -0.10 | -0.05 | 0.48 | 0.05 | 0.10 | 0.14 | 0.19 | 0.24 |
| | 0.24 | 0.29 | 0.34 | 0.38 | 0.43 | | 0.53 | 0.58 | 0.62 | 0.67 | 0.72 |
| 2F! | -0.90 | -0.72 | -0.54 | -0.36 | -0.18 | 1.80 | 0.18 | 0.36 | 0.54 | 0.72 | 0.90 |
| | 0.90 | 1.08 | 1.26 | 1.44 | 1.62 | | 1.98 | 2.16 | 2.34 | 2.52 | 2.70 |
| 2F!q | -0.90 | -0.72 | -0.54 | -0.36 | -0.18 | 1.80 | 0.18 | 0.36 | 0.54 | 0.72 | 0.90 |
| | 0.90 | 1.08 | 1.26 | 1.44 | 1.62 | | 1.98 | 2.16 | 2.34 | 2.52 | 2.70 |
| 2F!< | -0.72 | -0.58 | -0.43 | -0.29 | -0.14 | 1.44 | 0.14 | 0.29 | 0.43 | 0.58 | 0.72 |
| | 0.72 | 0.86 | 1.01 | 1.15 | 1.30 | | 1.58 | 1.73 | 1.87 | 2.02 | 2.16 |
| 2F!<< | -0.25 | -0.20 | -0.15 | -0.10 | -0.05 | 0.50 | 0.05 | 0.10 | 0.15 | 0.20 | 0.25 |
| | 0.25 | 0.30 | 0.35 | 0.40 | 0.45 | | 0.55 | 0.60 | 0.65 | 0.70 | 0.75 |
| 2Lz! | -1.05 | -0.84 | -0.63 | -0.42 | -0.21 | 2.10 | 0.21 | 0.42 | 0.63 | 0.84 | 1.05 |
| | 1.05 | 1.26 | 1.47 | 1.68 | 1.89 | | 2.31 | 2.52 | 2.73 | 2.94 | 3.15 |
| 2Lz!q | -1.05 | -0.84 | -0.63 | -0.42 | -0.21 | 2.10 | 0.21 | 0.42 | 0.63 | 0.84 | 1.05 |
| | 1.05 | 1.26 | 1.47 | 1.68 | 1.89 | | 2.31 | 2.52 | 2.73 | 2.94 | 3.15 |
| 2Lz!< | -0.84 | -0.67 | -0.50 | -0.34 | -0.17 | 1.68 | 0.17 | 0.34 | 0.50 | 0.67 | 0.84 |
| | 0.84 | 1.01 | 1.18 | 1.34 | 1.51 | | 1.85 | 2.02 | 2.18 | 2.35 | 2.52 |
| 2Lz!<< | -0.30 | -0.24 | -0.18 | -0.12 | -0.06 | 0.60 | 0.06 | 0.12 | 0.18 | 0.24 | 0.30 |
| | 0.30 | 0.36 | 0.42 | 0.48 | 0.54 | | 0.66 | 0.72 | 0.78 | 0.84 | 0.90 |

| | | | | | | | | | | | |
|-------------|-------|-------|-------|-------|-------|-------------|------|------|------|------|------|
| 2A | -1.65 | -1.32 | -0.99 | -0.66 | -0.33 | 3.30 | 0.33 | 0.66 | 0.99 | 1.32 | 1.65 |
| | 1.65 | 1.98 | 2.31 | 2.64 | 2.97 | | 3.63 | 3.96 | 4.29 | 4.62 | 4.95 |
| 3T | -2.10 | -1.68 | -1.26 | -0.84 | -0.42 | 4.20 | 0.42 | 0.84 | 1.26 | 1.68 | 2.10 |
| | 2.10 | 2.52 | 2.94 | 3.36 | 3.78 | | 4.62 | 5.04 | 5.46 | 5.88 | 6.30 |
| 3S | -2.15 | -1.72 | -1.29 | -0.86 | -0.43 | 4.30 | 0.43 | 0.86 | 1.29 | 1.72 | 2.15 |
| | 2.15 | 2.58 | 3.01 | 3.44 | 3.87 | | 4.73 | 5.16 | 5.59 | 6.02 | 6.45 |
| 3Lo | -2.45 | -1.96 | -1.47 | -0.98 | -0.49 | 4.90 | 0.49 | 0.98 | 1.47 | 1.96 | 2.45 |
| | 2.45 | 2.94 | 3.43 | 3.92 | 4.41 | | 5.39 | 5.88 | 6.37 | 6.86 | 7.35 |
| 3F | -2.65 | -2.12 | -1.59 | -1.06 | -0.53 | 5.30 | 0.53 | 1.06 | 1.59 | 2.12 | 2.65 |
| | 2.65 | 3.18 | 3.71 | 4.24 | 4.77 | | 5.83 | 6.36 | 6.89 | 7.42 | 7.95 |
| 3Lz | -2.95 | -2.36 | -1.77 | -1.18 | -0.59 | 5.90 | 0.59 | 1.18 | 1.77 | 2.36 | 2.95 |
| | 2.95 | 3.54 | 4.13 | 4.72 | 5.31 | | 6.49 | 7.08 | 7.67 | 8.26 | 8.85 |
| 2Ab | -1.65 | -1.32 | -0.99 | -0.66 | -0.33 | 3.30 | 0.33 | 0.66 | 0.99 | 1.32 | 1.65 |
| | 1.65 | 1.98 | 2.31 | 2.64 | 2.97 | | 3.63 | 3.96 | 4.29 | 4.62 | 4.95 |
| 3Tb | -2.10 | -1.68 | -1.26 | -0.84 | -0.42 | 4.20 | 0.42 | 0.84 | 1.26 | 1.68 | 2.10 |
| | 2.10 | 2.52 | 2.94 | 3.36 | 3.78 | | 4.62 | 5.04 | 5.46 | 5.88 | 6.30 |
| 3Sb | -2.15 | -1.72 | -1.29 | -0.86 | -0.43 | 4.30 | 0.43 | 0.86 | 1.29 | 1.72 | 2.15 |
| | 2.15 | 2.58 | 3.01 | 3.44 | 3.87 | | 4.73 | 5.16 | 5.59 | 6.02 | 6.45 |
| 3Lob | -2.45 | -1.96 | -1.47 | -0.98 | -0.49 | 4.90 | 0.49 | 0.98 | 1.47 | 1.96 | 2.45 |
| | 2.45 | 2.94 | 3.43 | 3.92 | 4.41 | | 5.39 | 5.88 | 6.37 | 6.86 | 7.35 |
| 3Fb | -2.65 | -2.12 | -1.59 | -1.06 | -0.53 | 5.30 | 0.53 | 1.06 | 1.59 | 2.12 | 2.65 |
| | 2.65 | 3.18 | 3.71 | 4.24 | 4.77 | | 5.83 | 6.36 | 6.89 | 7.42 | 7.95 |

| | | | | | | | | | | | |
|--------|-------|-------|-------|-------|-------|------|------|------|------|------|------|
| 3Lzb | -2.95 | -2.36 | -1.77 | -1.18 | -0.59 | 5.90 | 0.59 | 1.18 | 1.77 | 2.36 | 2.95 |
| | 2.95 | 3.54 | 4.13 | 4.72 | 5.31 | | 6.49 | 7.08 | 7.67 | 8.26 | 8.85 |
| 2Aq | -1.65 | -1.32 | -0.99 | -0.66 | -0.33 | 3.30 | 0.33 | 0.66 | 0.99 | 1.32 | 1.65 |
| | 1.65 | 1.98 | 2.31 | 2.64 | 2.97 | | 3.63 | 3.96 | 4.29 | 4.62 | 4.95 |
| 3Tq | -2.10 | -1.68 | -1.26 | -0.84 | -0.42 | 4.20 | 0.42 | 0.84 | 1.26 | 1.68 | 2.10 |
| | 2.10 | 2.52 | 2.94 | 3.36 | 3.78 | | 4.62 | 5.04 | 5.46 | 5.88 | 6.30 |
| 3Sq | -2.15 | -1.72 | -1.29 | -0.86 | -0.43 | 4.30 | 0.43 | 0.86 | 1.29 | 1.72 | 2.15 |
| | 2.15 | 2.58 | 3.01 | 3.44 | 3.87 | | 4.73 | 5.16 | 5.59 | 6.02 | 6.45 |
| 3Loq | -2.45 | -1.96 | -1.47 | -0.98 | -0.49 | 4.90 | 0.49 | 0.98 | 1.47 | 1.96 | 2.45 |
| | 2.45 | 2.94 | 3.43 | 3.92 | 4.41 | | 5.39 | 5.88 | 6.37 | 6.86 | 7.35 |
| 3Fq | -2.65 | -2.12 | -1.59 | -1.06 | -0.53 | 5.30 | 0.53 | 1.06 | 1.59 | 2.12 | 2.65 |
| | 2.65 | 3.18 | 3.71 | 4.24 | 4.77 | | 5.83 | 6.36 | 6.89 | 7.42 | 7.95 |
| 3Lzq | -2.95 | -2.36 | -1.77 | -1.18 | -0.59 | 5.90 | 0.59 | 1.18 | 1.77 | 2.36 | 2.95 |
| | 2.95 | 3.54 | 4.13 | 4.72 | 5.31 | | 6.49 | 7.08 | 7.67 | 8.26 | 8.85 |
| 2Aqb | -1.65 | -1.32 | -0.99 | -0.66 | -0.33 | 3.30 | 0.33 | 0.66 | 0.99 | 1.32 | 1.65 |
| | 1.65 | 1.98 | 2.31 | 2.64 | 2.97 | | 3.63 | 3.96 | 4.29 | 4.62 | 4.95 |
| 3Tqb | -2.10 | -1.68 | -1.26 | -0.84 | -0.42 | 4.20 | 0.42 | 0.84 | 1.26 | 1.68 | 2.10 |
| | 2.10 | 2.52 | 2.94 | 3.36 | 3.78 | | 4.62 | 5.04 | 5.46 | 5.88 | 6.30 |
| 3Sqb | -2.15 | -1.72 | -1.29 | -0.86 | -0.43 | 4.30 | 0.43 | 0.86 | 1.29 | 1.72 | 2.15 |
| | 2.15 | 2.58 | 3.01 | 3.44 | 3.87 | | 4.73 | 5.16 | 5.59 | 6.02 | 6.45 |
| 3Loqb | -2.45 | -1.96 | -1.47 | -0.98 | -0.49 | 4.90 | 0.49 | 0.98 | 1.47 | 1.96 | 2.45 |
| | 2.45 | 2.94 | 3.43 | 3.92 | 4.41 | | 5.39 | 5.88 | 6.37 | 6.86 | 7.35 |
| 3Fqb | -2.65 | -2.12 | -1.59 | -1.06 | -0.53 | 5.30 | 0.53 | 1.06 | 1.59 | 2.12 | 2.65 |
| | 2.65 | 3.18 | 3.71 | 4.24 | 4.77 | | 5.83 | 6.36 | 6.89 | 7.42 | 7.95 |
| 3Lzqb | -2.95 | -2.36 | -1.77 | -1.18 | -0.59 | 5.90 | 0.59 | 1.18 | 1.77 | 2.36 | 2.95 |
| | 2.95 | 3.54 | 4.13 | 4.72 | 5.31 | | 6.49 | 7.08 | 7.67 | 8.26 | 8.85 |
| 2A< | -1.32 | -1.06 | -0.79 | -0.53 | -0.26 | 2.64 | 0.26 | 0.53 | 0.79 | 1.06 | 1.32 |
| | 1.32 | 1.58 | 1.85 | 2.11 | 2.38 | | 2.90 | 3.17 | 3.43 | 3.70 | 3.96 |
| 3T< | -1.68 | -1.34 | -1.01 | -0.67 | -0.34 | 3.36 | 0.34 | 0.67 | 1.01 | 1.34 | 1.68 |
| | 1.68 | 2.02 | 2.35 | 2.69 | 3.02 | | 3.70 | 4.03 | 4.37 | 4.70 | 5.04 |
| 3S< | -1.72 | -1.38 | -1.03 | -0.69 | -0.34 | 3.44 | 0.34 | 0.69 | 1.03 | 1.38 | 1.72 |
| | 1.72 | 2.06 | 2.41 | 2.75 | 3.10 | | 3.78 | 4.13 | 4.47 | 4.82 | 5.16 |
| 3Lo< | -1.96 | -1.57 | -1.18 | -0.78 | -0.39 | 3.92 | 0.39 | 0.78 | 1.18 | 1.57 | 1.96 |
| | 1.96 | 2.35 | 2.74 | 3.14 | 3.53 | | 4.31 | 4.70 | 5.10 | 5.49 | 5.88 |
| 3F< | -2.12 | -1.70 | -1.27 | -0.85 | -0.42 | 4.24 | 0.42 | 0.85 | 1.27 | 1.70 | 2.12 |
| | 2.12 | 2.54 | 2.97 | 3.39 | 3.82 | | 4.66 | 5.09 | 5.51 | 5.94 | 6.36 |
| 3Lz< | -2.36 | -1.89 | -1.42 | -0.94 | -0.47 | 4.72 | 0.47 | 0.94 | 1.42 | 1.89 | 2.36 |
| | 2.36 | 2.83 | 3.30 | 3.78 | 4.25 | | 5.19 | 5.66 | 6.14 | 6.61 | 7.08 |
| | -5 | -4 | -3 | -2 | -1 | BASE | 1 | 2 | 3 | 4 | 5 |
| | 50% | 40% | 30% | 20% | 10% | | 10% | 20% | 30% | 40% | 50% |
| 2A<< | -0.55 | -0.44 | -0.33 | -0.22 | -0.11 | 1.10 | 0.11 | 0.22 | 0.33 | 0.44 | 0.55 |
| | 0.55 | 0.66 | 0.77 | 0.88 | 0.99 | | 1.21 | 1.32 | 1.43 | 1.54 | 1.65 |
| 3T<< | -0.65 | -0.52 | -0.39 | -0.26 | -0.13 | 1.30 | 0.13 | 0.26 | 0.39 | 0.52 | 0.65 |
| | 0.65 | 0.78 | 0.91 | 1.04 | 1.17 | | 1.43 | 1.56 | 1.69 | 1.82 | 1.95 |
| 3S<< | -0.65 | -0.52 | -0.39 | -0.26 | -0.13 | 1.30 | 0.13 | 0.26 | 0.39 | 0.52 | 0.65 |
| | 0.65 | 0.78 | 0.91 | 1.04 | 1.17 | | 1.43 | 1.56 | 1.69 | 1.82 | 1.95 |
| 3Lo<< | -0.85 | -0.68 | -0.51 | -0.34 | -0.17 | 1.70 | 0.17 | 0.34 | 0.51 | 0.68 | 0.85 |
| | 0.85 | 1.02 | 1.19 | 1.36 | 1.53 | | 1.87 | 2.04 | 2.21 | 2.38 | 2.55 |
| 3F<< | -0.90 | -0.72 | -0.54 | -0.36 | -0.18 | 1.80 | 0.18 | 0.36 | 0.54 | 0.72 | 0.90 |
| | 0.90 | 1.08 | 1.26 | 1.44 | 1.62 | | 1.98 | 2.16 | 2.34 | 2.52 | 2.70 |
| 3Lz<< | -1.05 | -0.84 | -0.63 | -0.42 | -0.21 | 2.10 | 0.21 | 0.42 | 0.63 | 0.84 | 1.05 |
| | 1.05 | 1.26 | 1.47 | 1.68 | 1.89 | | 2.31 | 2.52 | 2.73 | 2.94 | 3.15 |
| 3Fe | -2.12 | -1.70 | -1.27 | -0.85 | -0.42 | 4.24 | 0.42 | 0.85 | 1.27 | 1.70 | 2.12 |
| | 2.12 | 2.54 | 2.97 | 3.39 | 3.82 | | 4.66 | 5.09 | 5.51 | 5.94 | 6.36 |
| 3Feq | -2.12 | -1.70 | -1.27 | -0.85 | -0.42 | 4.24 | 0.42 | 0.85 | 1.27 | 1.70 | 2.12 |
| | 2.12 | 2.54 | 2.97 | 3.39 | 3.82 | | 4.66 | 5.09 | 5.51 | 5.94 | 6.36 |
| 3Fe< | -1.59 | -1.27 | -0.95 | -0.64 | -0.32 | 3.18 | 0.32 | 0.64 | 0.95 | 1.27 | 1.59 |
| | 1.59 | 1.91 | 2.23 | 2.54 | 2.86 | | 3.50 | 3.82 | 4.13 | 4.45 | 4.77 |
| 3Fe<< | -0.72 | -0.58 | -0.43 | -0.29 | -0.14 | 1.44 | 0.14 | 0.29 | 0.43 | 0.58 | 0.72 |
| | 0.72 | 0.86 | 1.01 | 1.15 | 1.30 | | 1.58 | 1.73 | 1.87 | 2.02 | 2.16 |
| 3Lze | -2.36 | -1.89 | -1.42 | -0.94 | -0.47 | 4.72 | 0.47 | 0.94 | 1.42 | 1.89 | 2.36 |
| | 2.36 | 2.83 | 3.30 | 3.78 | 4.25 | | 5.19 | 5.66 | 6.14 | 6.61 | 7.08 |
| 3Lzeq | -2.36 | -1.89 | -1.42 | -0.94 | -0.47 | 4.72 | 0.47 | 0.94 | 1.42 | 1.89 | 2.36 |
| | 2.36 | 2.83 | 3.30 | 3.78 | 4.25 | | 5.19 | 5.66 | 6.14 | 6.61 | 7.08 |
| 3Lze< | -1.77 | -1.42 | -1.06 | -0.71 | -0.35 | 3.54 | 0.35 | 0.71 | 1.06 | 1.42 | 1.77 |
| | 1.77 | 2.12 | 2.48 | 2.83 | 3.19 | | 3.89 | 4.25 | 4.60 | 4.96 | 5.31 |
| 3Lze<< | -0.84 | -0.67 | -0.50 | -0.34 | -0.17 | 1.68 | 0.17 | 0.34 | 0.50 | 0.67 | 0.84 |
| | 0.84 | 1.01 | 1.18 | 1.34 | 1.51 | | 1.85 | 2.02 | 2.18 | 2.35 | 2.52 |
| 3F! | -2.65 | -2.12 | -1.59 | -1.06 | -0.53 | 5.30 | 0.53 | 1.06 | 1.59 | 2.12 | 2.65 |
| | 2.65 | 3.18 | 3.71 | 4.24 | 4.77 | | 5.83 | 6.36 | 6.89 | 7.42 | 7.95 |

| | | | | | | | | | | | |
|---------------------|-------|-------|-------|-------|-------|-------------|------|------|------|------|------|
| 3F!b | -2.65 | -2.12 | -1.59 | -1.06 | -0.53 | 5.30 | 0.53 | 1.06 | 1.59 | 2.12 | 2.65 |
| | 2.65 | 3.18 | 3.71 | 4.24 | 4.77 | | 5.83 | 6.36 | 6.89 | 7.42 | 7.95 |
| 3F!q | -2.65 | -2.12 | -1.59 | -1.06 | -0.53 | 5.30 | 0.53 | 1.06 | 1.59 | 2.12 | 2.65 |
| | 2.65 | 3.18 | 3.71 | 4.24 | 4.77 | | 5.83 | 6.36 | 6.89 | 7.42 | 7.95 |
| 3F!qb | -2.65 | -2.12 | -1.59 | -1.06 | -0.53 | 5.30 | 0.53 | 1.06 | 1.59 | 2.12 | 2.65 |
| | 2.65 | 3.18 | 3.71 | 4.24 | 4.77 | | 5.83 | 6.36 | 6.89 | 7.42 | 7.95 |
| 3F!< | -2.12 | -1.70 | -1.27 | -0.85 | -0.42 | 4.24 | 0.42 | 0.85 | 1.27 | 1.70 | 2.12 |
| | 2.12 | 2.54 | 2.97 | 3.39 | 3.82 | | 4.66 | 5.09 | 5.51 | 5.94 | 6.36 |
| 3F!<< | -0.90 | -0.72 | -0.54 | -0.36 | -0.18 | 1.80 | 0.18 | 0.36 | 0.54 | 0.72 | 0.90 |
| | 0.90 | 1.08 | 1.26 | 1.44 | 1.62 | | 1.98 | 2.16 | 2.34 | 2.52 | 2.70 |
| 3Lz! | -2.95 | -2.36 | -1.77 | -1.18 | -0.59 | 5.90 | 0.59 | 1.18 | 1.77 | 2.36 | 2.95 |
| | 2.95 | 3.54 | 4.13 | 4.72 | 5.31 | | 6.49 | 7.08 | 7.67 | 8.26 | 8.85 |
| 3Lz!b | -2.95 | -2.36 | -1.77 | -1.18 | -0.59 | 5.90 | 0.59 | 1.18 | 1.77 | 2.36 | 2.95 |
| | 2.95 | 3.54 | 4.13 | 4.72 | 5.31 | | 6.49 | 7.08 | 7.67 | 8.26 | 8.85 |
| 3Lz!q | -2.95 | -2.36 | -1.77 | -1.18 | -0.59 | 5.90 | 0.59 | 1.18 | 1.77 | 2.36 | 2.95 |
| | 2.95 | 3.54 | 4.13 | 4.72 | 5.31 | | 6.49 | 7.08 | 7.67 | 8.26 | 8.85 |
| 3Lz!qb | -2.95 | -2.36 | -1.77 | -1.18 | -0.59 | 5.90 | 0.59 | 1.18 | 1.77 | 2.36 | 2.95 |
| | 2.95 | 3.54 | 4.13 | 4.72 | 5.31 | | 6.49 | 7.08 | 7.67 | 8.26 | 8.85 |
| 3Lz!< | -2.36 | -1.89 | -1.42 | -0.94 | -0.47 | 4.72 | 0.47 | 0.94 | 1.42 | 1.89 | 2.36 |
| | 2.36 | 2.83 | 3.30 | 3.78 | 4.25 | | 5.19 | 5.66 | 6.14 | 6.61 | 7.08 |
| 3Lz!<< | -1.05 | -0.84 | -0.63 | -0.42 | -0.21 | 2.10 | 0.21 | 0.42 | 0.63 | 0.84 | 1.05 |
| | 1.05 | 1.26 | 1.47 | 1.68 | 1.89 | | 2.31 | 2.52 | 2.73 | 2.94 | 3.15 |

| | | | | | | | | | | | |
|-------------------|-------|-------|-------|-------|-------|--------------|-------|-------|-------|-------|-------|
| 3A | -4.00 | -3.20 | -2.40 | -1.60 | -0.80 | 8.00 | 0.80 | 1.60 | 2.40 | 3.20 | 4.00 |
| | 4.00 | 4.80 | 5.60 | 6.40 | 7.20 | | 8.80 | 9.60 | 10.40 | 11.20 | 12.00 |
| 3Ab | -4.00 | -3.20 | -2.40 | -1.60 | -0.80 | 8.00 | 0.80 | 1.60 | 2.40 | 3.20 | 4.00 |
| | 4.00 | 4.80 | 5.60 | 6.40 | 7.20 | | 8.80 | 9.60 | 10.40 | 11.20 | 12.00 |
| 4T | -4.75 | -3.80 | -2.85 | -1.90 | -0.95 | 9.50 | 0.95 | 1.90 | 2.85 | 3.80 | 4.75 |
| | 4.75 | 5.70 | 6.65 | 7.60 | 8.55 | | 10.45 | 11.40 | 12.35 | 13.30 | 14.25 |
| 4S | -4.85 | -3.88 | -2.91 | -1.94 | -0.97 | 9.70 | 0.97 | 1.94 | 2.91 | 3.88 | 4.85 |
| | 4.85 | 5.82 | 6.79 | 7.76 | 8.73 | | 10.67 | 11.64 | 12.61 | 13.58 | 14.55 |
| 4Lo | -5.25 | -4.20 | -3.15 | -2.10 | -1.05 | 10.50 | 1.05 | 2.10 | 3.15 | 4.20 | 5.25 |
| | 5.25 | 6.30 | 7.35 | 8.40 | 9.45 | | 11.55 | 12.60 | 13.65 | 14.70 | 15.75 |
| 4F | -5.50 | -4.40 | -3.30 | -2.20 | -1.10 | 11.00 | 1.10 | 2.20 | 3.30 | 4.40 | 5.50 |
| | 5.50 | 6.60 | 7.70 | 8.80 | 9.90 | | 12.10 | 13.20 | 14.30 | 15.40 | 16.50 |
| 4Lz | -5.75 | -4.60 | -3.45 | -2.30 | -1.15 | 11.50 | 1.15 | 2.30 | 3.45 | 4.60 | 5.75 |
| | 5.75 | 6.90 | 8.05 | 9.20 | 10.35 | | 12.65 | 13.80 | 14.95 | 16.10 | 17.25 |
| 4A | -6.25 | -5.00 | -3.75 | -2.50 | -1.25 | 12.50 | 1.25 | 2.50 | 3.75 | 5.00 | 6.25 |
| | 6.25 | 7.50 | 8.75 | 10.00 | 11.25 | | 13.75 | 15.00 | 16.25 | 17.50 | 18.75 |
| 3Aq | -4.00 | -3.20 | -2.40 | -1.60 | -0.80 | 8.00 | 0.80 | 1.60 | 2.40 | 3.20 | 4.00 |
| | 4.00 | 4.80 | 5.60 | 6.40 | 7.20 | | 8.80 | 9.60 | 10.40 | 11.20 | 12.00 |
| 3Aqb | -4.00 | -3.20 | -2.40 | -1.60 | -0.80 | 8.00 | 0.80 | 1.60 | 2.40 | 3.20 | 4.00 |
| | 4.00 | 4.80 | 5.60 | 6.40 | 7.20 | | 8.80 | 9.60 | 10.40 | 11.20 | 12.00 |
| 4Tq | -4.75 | -3.80 | -2.85 | -1.90 | -0.95 | 9.50 | 0.95 | 1.90 | 2.85 | 3.80 | 4.75 |
| | 4.75 | 5.70 | 6.65 | 7.60 | 8.55 | | 10.45 | 11.40 | 12.35 | 13.30 | 14.25 |
| 4Sq | -4.85 | -3.88 | -2.91 | -1.94 | -0.97 | 9.70 | 0.97 | 1.94 | 2.91 | 3.88 | 4.85 |
| | 4.85 | 5.82 | 6.79 | 7.76 | 8.73 | | 10.67 | 11.64 | 12.61 | 13.58 | 14.55 |
| 4Loq | -5.25 | -4.20 | -3.15 | -2.10 | -1.05 | 10.50 | 1.05 | 2.10 | 3.15 | 4.20 | 5.25 |
| | 5.25 | 6.30 | 7.35 | 8.40 | 9.45 | | 11.55 | 12.60 | 13.65 | 14.70 | 15.75 |
| 4Fq | -5.50 | -4.40 | -3.30 | -2.20 | -1.10 | 11.00 | 1.10 | 2.20 | 3.30 | 4.40 | 5.50 |
| | 5.50 | 6.60 | 7.70 | 8.80 | 9.90 | | 12.10 | 13.20 | 14.30 | 15.40 | 16.50 |
| 4Lzq | -5.75 | -4.60 | -3.45 | -2.30 | -1.15 | 11.50 | 1.15 | 2.30 | 3.45 | 4.60 | 5.75 |
| | 5.75 | 6.90 | 8.05 | 9.20 | 10.35 | | 12.65 | 13.80 | 14.95 | 16.10 | 17.25 |
| 4Aq | -6.25 | -5.00 | -3.75 | -2.50 | -1.25 | 12.50 | 1.25 | 2.50 | 3.75 | 5.00 | 6.25 |
| | 6.25 | 7.50 | 8.75 | 10.00 | 11.25 | | 13.75 | 15.00 | 16.25 | 17.50 | 18.75 |
| 3A< | -3.20 | -2.56 | -1.92 | -1.28 | -0.64 | 6.40 | 0.64 | 1.28 | 1.92 | 2.56 | 3.20 |
| | 3.20 | 3.84 | 4.48 | 5.12 | 5.76 | | 7.04 | 7.68 | 8.32 | 8.96 | 9.60 |
| 4T< | -3.80 | -3.04 | -2.28 | -1.52 | -0.76 | 7.60 | 0.76 | 1.52 | 2.28 | 3.04 | 3.80 |
| | 3.80 | 4.56 | 5.32 | 6.08 | 6.84 | | 8.36 | 9.12 | 9.88 | 10.64 | 11.40 |
| 4S< | -3.88 | -3.10 | -2.33 | -1.55 | -0.78 | 7.76 | 0.78 | 1.55 | 2.33 | 3.10 | 3.88 |
| | 3.88 | 4.66 | 5.43 | 6.21 | 6.98 | | 8.54 | 9.31 | 10.09 | 10.86 | 11.64 |
| 4Lo< | -4.20 | -3.36 | -2.52 | -1.68 | -0.84 | 8.40 | 0.84 | 1.68 | 2.52 | 3.36 | 4.20 |
| | 4.20 | 5.04 | 5.88 | 6.72 | 7.56 | | 9.24 | 10.08 | 10.92 | 11.76 | 12.60 |
| 4F< | -4.40 | -3.52 | -2.64 | -1.76 | -0.88 | 8.80 | 0.88 | 1.76 | 2.64 | 3.52 | 4.40 |
| | 4.40 | 5.28 | 6.16 | 7.04 | 7.92 | | 9.68 | 10.56 | 11.44 | 12.32 | 13.20 |
| 4Lz< | -4.60 | -3.68 | -2.76 | -1.84 | -0.92 | 9.20 | 0.92 | 1.84 | 2.76 | 3.68 | 4.60 |
| | 4.60 | 5.52 | 6.44 | 7.36 | 8.28 | | 10.12 | 11.04 | 11.96 | 12.88 | 13.80 |
| 3A<< | -1.65 | -1.32 | -0.99 | -0.66 | -0.33 | 3.30 | 0.33 | 0.66 | 0.99 | 1.32 | 1.65 |
| | 1.65 | 1.98 | 2.31 | 2.64 | 2.97 | | 3.63 | 3.96 | 4.29 | 4.62 | 4.95 |

| | | | | | | | | | | | |
|--------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
| 4T<< | -2.10 | -1.68 | -1.26 | -0.84 | -0.42 | 4.20 | 0.42 | 0.84 | 1.26 | 1.68 | 2.10 |
| | 2.10 | 2.52 | 2.94 | 3.36 | 3.78 | | 4.62 | 5.04 | 5.46 | 5.88 | 6.30 |
| 4S<< | -2.15 | -1.72 | -1.29 | -0.86 | -0.43 | 4.30 | 0.43 | 0.86 | 1.29 | 1.72 | 2.15 |
| | 2.15 | 2.58 | 3.01 | 3.44 | 3.87 | | 4.73 | 5.16 | 5.59 | 6.02 | 6.45 |
| 4Lo<< | -2.45 | -1.96 | -1.47 | -0.98 | -0.49 | 4.90 | 0.49 | 0.98 | 1.47 | 1.96 | 2.45 |
| | 2.45 | 2.94 | 3.43 | 3.92 | 4.41 | | 5.39 | 5.88 | 6.37 | 6.86 | 7.35 |
| 4F<< | -2.65 | -2.12 | -1.59 | -1.06 | -0.53 | 5.30 | 0.53 | 1.06 | 1.59 | 2.12 | 2.65 |
| | 2.65 | 3.18 | 3.71 | 4.24 | 4.77 | | 5.83 | 6.36 | 6.89 | 7.42 | 7.95 |
| 4Lz<< | -2.95 | -2.36 | -1.77 | -1.18 | -0.59 | 5.90 | 0.59 | 1.18 | 1.77 | 2.36 | 2.95 |
| | 2.95 | 3.54 | 4.13 | 4.72 | 5.31 | | 6.49 | 7.08 | 7.67 | 8.26 | 8.85 |
| | -5 | -4 | -3 | -2 | -1 | BASE | 1 | 2 | 3 | 4 | 5 |
| | 50% | 40% | 30% | 20% | 10% | | 10% | 20% | 30% | 40% | 50% |
| 4Fe | -4.40 | -3.52 | -2.64 | -1.76 | -0.88 | 8.80 | 0.88 | 1.76 | 2.64 | 3.52 | 4.40 |
| | 4.40 | 5.28 | 6.16 | 7.04 | 7.92 | | 9.68 | 10.56 | 11.44 | 12.32 | 13.20 |
| 4Feq | -4.40 | -3.52 | -2.64 | -1.76 | -0.88 | 8.80 | 0.88 | 1.76 | 2.64 | 3.52 | 4.40 |
| | 4.40 | 5.28 | 6.16 | 7.04 | 7.92 | | 9.68 | 10.56 | 11.44 | 12.32 | 13.20 |
| 4Fe< | -3.30 | -2.64 | -1.98 | -1.32 | -0.66 | 6.60 | 0.66 | 1.32 | 1.98 | 2.64 | 3.30 |
| | 3.30 | 3.96 | 4.62 | 5.28 | 5.94 | | 7.26 | 7.92 | 8.58 | 9.24 | 9.90 |
| 4Fe<< | -2.12 | -1.70 | -1.27 | -0.85 | -0.42 | 4.24 | 0.42 | 0.85 | 1.27 | 1.70 | 2.12 |
| | 2.12 | 2.54 | 2.97 | 3.39 | 3.82 | | 4.66 | 5.09 | 5.51 | 5.94 | 6.36 |
| 4Lze | -4.60 | -3.68 | -2.76 | -1.84 | -0.92 | 9.20 | 0.92 | 1.84 | 2.76 | 3.68 | 4.60 |
| | 4.60 | 5.52 | 6.44 | 7.36 | 8.28 | | 10.12 | 11.04 | 11.96 | 12.88 | 13.80 |
| 4Lzeq | -4.60 | -3.68 | -2.76 | -1.84 | -0.92 | 9.20 | 0.92 | 1.84 | 2.76 | 3.68 | 4.60 |
| | 4.60 | 5.52 | 6.44 | 7.36 | 8.28 | | 10.12 | 11.04 | 11.96 | 12.88 | 13.80 |
| 4Lze< | -3.45 | -2.76 | -2.07 | -1.38 | -0.69 | 6.90 | 0.69 | 1.38 | 2.07 | 2.76 | 3.45 |
| | 3.45 | 4.14 | 4.83 | 5.52 | 6.21 | | 7.59 | 8.28 | 8.97 | 9.66 | 10.35 |
| 4Lze<< | -2.36 | -1.89 | -1.42 | -0.94 | -0.47 | 4.72 | 0.47 | 0.94 | 1.42 | 1.89 | 2.36 |
| | 2.36 | 2.83 | 3.30 | 3.78 | 4.25 | | 5.19 | 5.66 | 6.14 | 6.61 | 7.08 |
| 4F! | -5.50 | -4.40 | -3.30 | -2.20 | -1.10 | 11.00 | 1.10 | 2.20 | 3.30 | 4.40 | 5.50 |
| | 5.50 | 6.60 | 7.70 | 8.80 | 9.90 | | 12.10 | 13.20 | 14.30 | 15.40 | 16.50 |
| 4F!q | -5.50 | -4.40 | -3.30 | -2.20 | -1.10 | 11.00 | 1.10 | 2.20 | 3.30 | 4.40 | 5.50 |
| | 5.50 | 6.60 | 7.70 | 8.80 | 9.90 | | 12.10 | 13.20 | 14.30 | 15.40 | 16.50 |
| 4F!< | -4.40 | -3.52 | -2.64 | -1.76 | -0.88 | 8.80 | 0.88 | 1.76 | 2.64 | 3.52 | 4.40 |
| | 4.40 | 5.28 | 6.16 | 7.04 | 7.92 | | 9.68 | 10.56 | 11.44 | 12.32 | 13.20 |
| 4F!<< | -2.65 | -2.12 | -1.59 | -1.06 | -0.53 | 5.30 | 0.53 | 1.06 | 1.59 | 2.12 | 2.65 |
| | 2.65 | 3.18 | 3.71 | 4.24 | 4.77 | | 5.83 | 6.36 | 6.89 | 7.42 | 7.95 |
| 4Lz! | -5.75 | -4.60 | -3.45 | -2.30 | -1.15 | 11.50 | 1.15 | 2.30 | 3.45 | 4.60 | 5.75 |
| | 5.75 | 6.90 | 8.05 | 9.20 | 10.35 | | 12.65 | 13.80 | 14.95 | 16.10 | 17.25 |
| 4Lz!q | -5.75 | -4.60 | -3.45 | -2.30 | -1.15 | 11.50 | 1.15 | 2.30 | 3.45 | 4.60 | 5.75 |
| | 5.75 | 6.90 | 8.05 | 9.20 | 10.35 | | 12.65 | 13.80 | 14.95 | 16.10 | 17.25 |
| 4Lz!< | -4.60 | -3.68 | -2.76 | -1.84 | -0.92 | 9.20 | 0.92 | 1.84 | 2.76 | 3.68 | 4.60 |
| | 4.60 | 5.52 | 6.44 | 7.36 | 8.28 | | 10.12 | 11.04 | 11.96 | 12.88 | 13.80 |
| 4Lz!<< | -2.95 | -2.36 | -1.77 | -1.18 | -0.59 | 5.90 | 0.59 | 1.18 | 1.77 | 2.36 | 2.95 |
| | 2.95 | 3.54 | 4.13 | 4.72 | 5.31 | | 6.49 | 7.08 | 7.67 | 8.26 | 8.85 |
| 4A< | -5.00 | -4.00 | -3.00 | -2.00 | -1.00 | 10.00 | 1.00 | 2.00 | 3.00 | 4.00 | 5.00 |
| | 5.00 | 6.00 | 7.00 | 8.00 | 9.00 | | 11.00 | 12.00 | 13.00 | 14.00 | 15.00 |
| 4A<< | -4.00 | -3.20 | -2.40 | -1.60 | -0.80 | 8.00 | 0.80 | 1.60 | 2.40 | 3.20 | 4.00 |
| | 4.00 | 4.80 | 5.60 | 6.40 | 7.20 | | 8.80 | 9.60 | 10.40 | 11.20 | 12.00 |
| 5T | -7.00 | -5.60 | -4.20 | -2.80 | -1.40 | 14.00 | 1.40 | 2.80 | 4.20 | 5.60 | 7.00 |
| | 7.00 | 8.40 | 9.80 | 11.20 | 12.60 | | 15.40 | 16.80 | 18.20 | 19.60 | 21.00 |
| 5S | -7.00 | -5.60 | -4.20 | -2.80 | -1.40 | 14.00 | 1.40 | 2.80 | 4.20 | 5.60 | 7.00 |
| | 7.00 | 8.40 | 9.80 | 11.20 | 12.60 | | 15.40 | 16.80 | 18.20 | 19.60 | 21.00 |
| 5Lo | -7.00 | -5.60 | -4.20 | -2.80 | -1.40 | 14.00 | 1.40 | 2.80 | 4.20 | 5.60 | 7.00 |
| | 7.00 | 8.40 | 9.80 | 11.20 | 12.60 | | 15.40 | 16.80 | 18.20 | 19.60 | 21.00 |
| 5F | -7.00 | -5.60 | -4.20 | -2.80 | -1.40 | 14.00 | 1.40 | 2.80 | 4.20 | 5.60 | 7.00 |
| | 7.00 | 8.40 | 9.80 | 11.20 | 12.60 | | 15.40 | 16.80 | 18.20 | 19.60 | 21.00 |
| 5Lz | -7.00 | -5.60 | -4.20 | -2.80 | -1.40 | 14.00 | 1.40 | 2.80 | 4.20 | 5.60 | 7.00 |
| | 7.00 | 8.40 | 9.80 | 11.20 | 12.60 | | 15.40 | 16.80 | 18.20 | 19.60 | 21.00 |
| 5Tq | -7.00 | -5.60 | -4.20 | -2.80 | -1.40 | 14.00 | 1.40 | 2.80 | 4.20 | 5.60 | 7.00 |
| | 7.00 | 8.40 | 9.80 | 11.20 | 12.60 | | 15.40 | 16.80 | 18.20 | 19.60 | 21.00 |
| 5Sq | -7.00 | -5.60 | -4.20 | -2.80 | -1.40 | 14.00 | 1.40 | 2.80 | 4.20 | 5.60 | 7.00 |
| | 7.00 | 8.40 | 9.80 | 11.20 | 12.60 | | 15.40 | 16.80 | 18.20 | 19.60 | 21.00 |
| 5Loq | -7.00 | -5.60 | -4.20 | -2.80 | -1.40 | 14.00 | 1.40 | 2.80 | 4.20 | 5.60 | 7.00 |
| | 7.00 | 8.40 | 9.80 | 11.20 | 12.60 | | 15.40 | 16.80 | 18.20 | 19.60 | 21.00 |
| 5Fq | -7.00 | -5.60 | -4.20 | -2.80 | -1.40 | 14.00 | 1.40 | 2.80 | 4.20 | 5.60 | 7.00 |
| | 7.00 | 8.40 | 9.80 | 11.20 | 12.60 | | 15.40 | 16.80 | 18.20 | 19.60 | 21.00 |
| 5Lzq | -7.00 | -5.60 | -4.20 | -2.80 | -1.40 | 14.00 | 1.40 | 2.80 | 4.20 | 5.60 | 7.00 |
| | 7.00 | 8.40 | 9.80 | 11.20 | 12.60 | | 15.40 | 16.80 | 18.20 | 19.60 | 21.00 |
| 5T< | -5.60 | -4.48 | -3.36 | -2.24 | -1.12 | 11.20 | 1.12 | 2.24 | 3.36 | 4.48 | 5.60 |
| | 5.60 | 6.72 | 7.84 | 8.96 | 10.08 | | 12.32 | 13.44 | 14.56 | 15.68 | 16.80 |

| | | | | | | | | | | | |
|--------|------------|------------|------------|------------|------------|-------------|------------|------------|------------|------------|------------|
| 5S< | -5.60 | -4.48 | -3.36 | -2.24 | -1.12 | 11.20 | 1.12 | 2.24 | 3.36 | 4.48 | 5.60 |
| | 5.60 | 6.72 | 7.84 | 8.96 | 10.08 | | 12.32 | 13.44 | 14.56 | 15.68 | 16.80 |
| 5Lo< | -5.60 | -4.48 | -3.36 | -2.24 | -1.12 | 11.20 | 1.12 | 2.24 | 3.36 | 4.48 | 5.60 |
| | 5.60 | 6.72 | 7.84 | 8.96 | 10.08 | | 12.32 | 13.44 | 14.56 | 15.68 | 16.80 |
| 5F< | -5.60 | -4.48 | -3.36 | -2.24 | -1.12 | 11.20 | 1.12 | 2.24 | 3.36 | 4.48 | 5.60 |
| | 5.60 | 6.72 | 7.84 | 8.96 | 10.08 | | 12.32 | 13.44 | 14.56 | 15.68 | 16.80 |
| 5Lz< | -5.60 | -4.48 | -3.36 | -2.24 | -1.12 | 11.20 | 1.12 | 2.24 | 3.36 | 4.48 | 5.60 |
| | 5.60 | 6.72 | 7.84 | 8.96 | 10.08 | | 12.32 | 13.44 | 14.56 | 15.68 | 16.80 |
| 5T<< | -4.75 | -3.80 | -2.85 | -1.90 | -0.95 | 9.50 | 0.95 | 1.90 | 2.85 | 3.80 | 4.75 |
| | 4.75 | 5.70 | 6.65 | 7.60 | 8.55 | | 10.45 | 11.40 | 12.35 | 13.30 | 14.25 |
| 5S<< | -4.75 | -3.80 | -2.85 | -1.90 | -0.95 | 9.50 | 0.95 | 1.90 | 2.85 | 3.80 | 4.75 |
| | 4.75 | 5.70 | 6.65 | 7.60 | 8.55 | | 10.45 | 11.40 | 12.35 | 13.30 | 14.25 |
| 5Lo<< | -4.75 | -3.80 | -2.85 | -1.90 | -0.95 | 9.50 | 0.95 | 1.90 | 2.85 | 3.80 | 4.75 |
| | 4.75 | 5.70 | 6.65 | 7.60 | 8.55 | | 10.45 | 11.40 | 12.35 | 13.30 | 14.25 |
| 5F<< | -4.75 | -3.80 | -2.85 | -1.90 | -0.95 | 9.50 | 0.95 | 1.90 | 2.85 | 3.80 | 4.75 |
| | 4.75 | 5.70 | 6.65 | 7.60 | 8.55 | | 10.45 | 11.40 | 12.35 | 13.30 | 14.25 |
| 5Lz<< | -4.75 | -3.80 | -2.85 | -1.90 | -0.95 | 9.50 | 0.95 | 1.90 | 2.85 | 3.80 | 4.75 |
| | 4.75 | 5.70 | 6.65 | 7.60 | 8.55 | | 10.45 | 11.40 | 12.35 | 13.30 | 14.25 |
| 5Fe | -5.60 | -4.48 | -3.36 | -2.24 | -1.12 | 11.20 | 1.12 | 2.24 | 3.36 | 4.48 | 5.60 |
| | 5.60 | 6.72 | 7.84 | 8.96 | 10.08 | | 12.32 | 13.44 | 14.56 | 15.68 | 16.80 |
| 5Feq | -5.60 | -4.48 | -3.36 | -2.24 | -1.12 | 11.20 | 1.12 | 2.24 | 3.36 | 4.48 | 5.60 |
| | 5.60 | 6.72 | 7.84 | 8.96 | 10.08 | | 12.32 | 13.44 | 14.56 | 15.68 | 16.80 |
| 5Fe< | -4.20 | -3.36 | -2.52 | -1.68 | -0.84 | 8.40 | 0.84 | 1.68 | 2.52 | 3.36 | 4.20 |
| | 4.20 | 5.04 | 5.88 | 6.72 | 7.56 | | 9.24 | 10.08 | 10.92 | 11.76 | 12.60 |
| 5Fe<< | -3.80 | -3.04 | -2.28 | -1.52 | -0.76 | 7.60 | 0.76 | 1.52 | 2.28 | 3.04 | 3.80 |
| | 3.80 | 4.56 | 5.32 | 6.08 | 6.84 | | 8.36 | 9.12 | 9.88 | 10.64 | 11.40 |
| 5Lze | -5.60 | -4.48 | -3.36 | -2.24 | -1.12 | 11.20 | 1.12 | 2.24 | 3.36 | 4.48 | 5.60 |
| | 5.60 | 6.72 | 7.84 | 8.96 | 10.08 | | 12.32 | 13.44 | 14.56 | 15.68 | 16.80 |
| 5Lzeq | -5.60 | -4.48 | -3.36 | -2.24 | -1.12 | 11.20 | 1.12 | 2.24 | 3.36 | 4.48 | 5.60 |
| | 5.60 | 6.72 | 7.84 | 8.96 | 10.08 | | 12.32 | 13.44 | 14.56 | 15.68 | 16.80 |
| 5Lze< | -4.20 | -3.36 | -2.52 | -1.68 | -0.84 | 8.40 | 0.84 | 1.68 | 2.52 | 3.36 | 4.20 |
| | 4.20 | 5.04 | 5.88 | 6.72 | 7.56 | | 9.24 | 10.08 | 10.92 | 11.76 | 12.60 |
| 5Lze<< | -3.80 | -3.04 | -2.28 | -1.52 | -0.76 | 7.60 | 0.76 | 1.52 | 2.28 | 3.04 | 3.80 |
| | 3.80 | 4.56 | 5.32 | 6.08 | 6.84 | | 8.36 | 9.12 | 9.88 | 10.64 | 11.40 |
| 5F! | -7.00 | -5.60 | -4.20 | -2.80 | -1.40 | 14.00 | 1.40 | 2.80 | 4.20 | 5.60 | 7.00 |
| | 7.00 | 8.40 | 9.80 | 11.20 | 12.60 | | 15.40 | 16.80 | 18.20 | 19.60 | 21.00 |
| 5F!q | -7.00 | -5.60 | -4.20 | -2.80 | -1.40 | 14.00 | 1.40 | 2.80 | 4.20 | 5.60 | 7.00 |
| | 7.00 | 8.40 | 9.80 | 11.20 | 12.60 | | 15.40 | 16.80 | 18.20 | 19.60 | 21.00 |
| 5F!< | -5.60 | -4.48 | -3.36 | -2.24 | -1.12 | 11.20 | 1.12 | 2.24 | 3.36 | 4.48 | 5.60 |
| | 5.60 | 6.72 | 7.84 | 8.96 | 10.08 | | 12.32 | 13.44 | 14.56 | 15.68 | 16.80 |
| 5F!<< | -4.75 | -3.80 | -2.85 | -1.90 | -0.95 | 9.50 | 0.95 | 1.90 | 2.85 | 3.80 | 4.75 |
| | 4.75 | 5.70 | 6.65 | 7.60 | 8.55 | | 10.45 | 11.40 | 12.35 | 13.30 | 14.25 |
| 5Lz! | -7.00 | -5.60 | -4.20 | -2.80 | -1.40 | 14.00 | 1.40 | 2.80 | 4.20 | 5.60 | 7.00 |
| | 7.00 | 8.40 | 9.80 | 11.20 | 12.60 | | 15.40 | 16.80 | 18.20 | 19.60 | 21.00 |
| 5Lz!q | -7.00 | -5.60 | -4.20 | -2.80 | -1.40 | 14.00 | 1.40 | 2.80 | 4.20 | 5.60 | 7.00 |
| | 7.00 | 8.40 | 9.80 | 11.20 | 12.60 | | 15.40 | 16.80 | 18.20 | 19.60 | 21.00 |
| 5Lz!< | -5.60 | -4.48 | -3.36 | -2.24 | -1.12 | 11.20 | 1.12 | 2.24 | 3.36 | 4.48 | 5.60 |
| | 5.60 | 6.72 | 7.84 | 8.96 | 10.08 | | 12.32 | 13.44 | 14.56 | 15.68 | 16.80 |
| 5Lz!<< | -4.75 | -3.80 | -2.85 | -1.90 | -0.95 | 9.50 | 0.95 | 1.90 | 2.85 | 3.80 | 4.75 |
| | 4.75 | 5.70 | 6.65 | 7.60 | 8.55 | | 10.45 | 11.40 | 12.35 | 13.30 | 14.25 |
| | -5 | -4 | -3 | -2 | -1 | BASE | 1 | 2 | 3 | 4 | 5 |
| | 50% | 40% | 30% | 20% | 10% | | 10% | 20% | 30% | 40% | 50% |

Spins

Spin in one position and no change of foot (upright. layback. camel or sit)

| | | | | | | | | | | | |
|------|--------------|--------------|--------------|--------------|--------------|-------------|-------------|-------------|-------------|-------------|-------------|
| USpB | <u>-0.60</u> | <u>-0.48</u> | <u>-0.36</u> | <u>-0.24</u> | <u>-0.12</u> | 1.20 | <u>0.12</u> | <u>0.24</u> | <u>0.36</u> | <u>0.48</u> | <u>0.60</u> |
| | 0.60 | 0.72 | 0.84 | 0.96 | 1.08 | | 1.32 | 1.44 | 1.56 | 1.68 | 1.80 |
| USp1 | <u>-0.70</u> | <u>-0.56</u> | <u>-0.42</u> | <u>-0.28</u> | <u>-0.14</u> | 1.40 | <u>0.14</u> | <u>0.28</u> | <u>0.42</u> | <u>0.56</u> | <u>0.70</u> |
| | 0.70 | 0.84 | 0.98 | 1.12 | 1.26 | | 1.54 | 1.68 | 1.82 | 1.96 | 2.10 |
| USp2 | <u>-0.90</u> | <u>-0.72</u> | <u>-0.54</u> | <u>-0.36</u> | <u>-0.18</u> | 1.80 | <u>0.18</u> | <u>0.36</u> | <u>0.54</u> | <u>0.72</u> | <u>0.90</u> |
| | 0.90 | 1.08 | 1.26 | 1.44 | 1.62 | | 1.98 | 2.16 | 2.34 | 2.52 | 2.70 |
| USp3 | <u>-1.15</u> | <u>-0.92</u> | <u>-0.69</u> | <u>-0.46</u> | <u>-0.23</u> | 2.30 | <u>0.23</u> | <u>0.46</u> | <u>0.69</u> | <u>0.92</u> | <u>1.15</u> |
| | 1.15 | 1.38 | 1.61 | 1.84 | 2.07 | | 2.53 | 2.76 | 2.99 | 3.22 | 3.45 |
| USp4 | <u>-1.45</u> | <u>-1.16</u> | <u>-0.87</u> | <u>-0.58</u> | <u>-0.29</u> | 2.90 | <u>0.29</u> | <u>0.58</u> | <u>0.87</u> | <u>1.16</u> | <u>1.45</u> |
| | 1.45 | 1.74 | 2.03 | 2.32 | 2.61 | | 3.19 | 3.48 | 3.77 | 4.06 | 4.35 |
| LSpB | <u>-0.70</u> | <u>-0.56</u> | <u>-0.42</u> | <u>-0.28</u> | <u>-0.14</u> | 1.40 | <u>0.14</u> | <u>0.28</u> | <u>0.42</u> | <u>0.56</u> | <u>0.70</u> |
| | 0.70 | 0.84 | 0.98 | 1.12 | 1.26 | | 1.54 | 1.68 | 1.82 | 1.96 | 2.10 |
| LSp1 | <u>-0.90</u> | <u>-0.72</u> | <u>-0.54</u> | <u>-0.36</u> | <u>-0.18</u> | 1.80 | <u>0.18</u> | <u>0.36</u> | <u>0.54</u> | <u>0.72</u> | <u>0.90</u> |
| | 0.90 | 1.08 | 1.26 | 1.44 | 1.62 | | 1.98 | 2.16 | 2.34 | 2.52 | 2.70 |

| | | | | | | | | | | | |
|-------------|--------------|--------------|--------------|--------------|--------------|-------------|-------------|-------------|-------------|-------------|-------------|
| LSp2 | <u>-1.15</u> | <u>-0.92</u> | <u>-0.69</u> | <u>-0.46</u> | <u>-0.23</u> | 2.30 | <u>0.23</u> | <u>0.46</u> | <u>0.69</u> | <u>0.92</u> | <u>1.15</u> |
| | 1.15 | 1.38 | 1.61 | 1.84 | 2.07 | | 2.53 | 2.76 | 2.99 | 3.22 | 3.45 |
| LSp3 | <u>-1.45</u> | <u>-1.16</u> | <u>-0.87</u> | <u>-0.58</u> | <u>-0.29</u> | 2.90 | <u>0.29</u> | <u>0.58</u> | <u>0.87</u> | <u>1.16</u> | <u>1.45</u> |
| | 1.45 | 1.74 | 2.03 | 2.32 | 2.61 | | 3.19 | 3.48 | 3.77 | 4.06 | 4.35 |
| LSp4 | <u>-1.60</u> | <u>-1.28</u> | <u>-0.96</u> | <u>-0.64</u> | <u>-0.32</u> | 3.20 | <u>0.32</u> | <u>0.64</u> | <u>0.96</u> | <u>1.28</u> | <u>1.60</u> |
| | 1.60 | 1.92 | 2.24 | 2.56 | 2.88 | | 3.52 | 3.84 | 4.16 | 4.48 | 4.80 |
| CSpB | <u>-0.65</u> | <u>-0.52</u> | <u>-0.39</u> | <u>-0.26</u> | <u>-0.13</u> | 1.30 | <u>0.13</u> | <u>0.26</u> | <u>0.39</u> | <u>0.52</u> | <u>0.65</u> |
| | 0.65 | 0.78 | 0.91 | 1.04 | 1.17 | | 1.43 | 1.56 | 1.69 | 1.82 | 1.95 |
| CSp1 | <u>-0.85</u> | <u>-0.68</u> | <u>-0.51</u> | <u>-0.34</u> | <u>-0.17</u> | 1.70 | <u>0.17</u> | <u>0.34</u> | <u>0.51</u> | <u>0.68</u> | <u>0.85</u> |
| | 0.85 | 1.02 | 1.19 | 1.36 | 1.53 | | 1.87 | 2.04 | 2.21 | 2.38 | 2.55 |
| CSp2 | <u>-1.10</u> | <u>-0.88</u> | <u>-0.66</u> | <u>-0.44</u> | <u>-0.22</u> | 2.20 | <u>0.22</u> | <u>0.44</u> | <u>0.66</u> | <u>0.88</u> | <u>1.10</u> |
| | 1.10 | 1.32 | 1.54 | 1.76 | 1.98 | | 2.42 | 2.64 | 2.86 | 3.08 | 3.30 |
| CSp3 | <u>-1.40</u> | <u>-1.12</u> | <u>-0.84</u> | <u>-0.56</u> | <u>-0.28</u> | 2.80 | <u>0.28</u> | <u>0.56</u> | <u>0.84</u> | <u>1.12</u> | <u>1.40</u> |
| | 1.40 | 1.68 | 1.96 | 2.24 | 2.52 | | 3.08 | 3.36 | 3.64 | 3.92 | 4.20 |
| CSp4 | <u>-1.55</u> | <u>-1.24</u> | <u>-0.93</u> | <u>-0.62</u> | <u>-0.31</u> | 3.10 | <u>0.31</u> | <u>0.62</u> | <u>0.93</u> | <u>1.24</u> | <u>1.55</u> |
| | 1.55 | 1.86 | 2.17 | 2.48 | 2.79 | | 3.41 | 3.72 | 4.03 | 4.34 | 4.65 |
| SSpB | <u>-0.65</u> | <u>-0.52</u> | <u>-0.39</u> | <u>-0.26</u> | <u>-0.13</u> | 1.30 | <u>0.13</u> | <u>0.26</u> | <u>0.39</u> | <u>0.52</u> | <u>0.65</u> |
| | 0.65 | 0.78 | 0.91 | 1.04 | 1.17 | | 1.43 | 1.56 | 1.69 | 1.82 | 1.95 |
| SSp1 | <u>-0.80</u> | <u>-0.64</u> | <u>-0.48</u> | <u>-0.32</u> | <u>-0.16</u> | 1.60 | <u>0.16</u> | <u>0.32</u> | <u>0.48</u> | <u>0.64</u> | <u>0.80</u> |
| | 0.80 | 0.96 | 1.12 | 1.28 | 1.44 | | 1.76 | 1.92 | 2.08 | 2.24 | 2.40 |
| SSp2 | <u>-0.95</u> | <u>-0.76</u> | <u>-0.57</u> | <u>-0.38</u> | <u>-0.19</u> | 1.90 | <u>0.19</u> | <u>0.38</u> | <u>0.57</u> | <u>0.76</u> | <u>0.95</u> |
| | 0.95 | 1.14 | 1.33 | 1.52 | 1.71 | | 2.09 | 2.28 | 2.47 | 2.66 | 2.85 |
| SSp3 | <u>-1.25</u> | <u>-1.00</u> | <u>-0.75</u> | <u>-0.50</u> | <u>-0.25</u> | 2.50 | <u>0.25</u> | <u>0.50</u> | <u>0.75</u> | <u>1.00</u> | <u>1.25</u> |
| | 1.25 | 1.50 | 1.75 | 2.00 | 2.25 | | 2.75 | 3.00 | 3.25 | 3.50 | 3.75 |
| SSp4 | <u>-1.50</u> | <u>-1.20</u> | <u>-0.90</u> | <u>-0.60</u> | <u>-0.30</u> | 3.00 | <u>0.30</u> | <u>0.60</u> | <u>0.90</u> | <u>1.20</u> | <u>1.50</u> |
| | 1.50 | 1.80 | 2.10 | 2.40 | 2.70 | | 3.30 | 3.60 | 3.90 | 4.20 | 4.50 |

Flying Spin (any position – upright. layback. camel or sit)

| | | | | | | | | | | | |
|---------------|--------------|--------------|--------------|--------------|--------------|-------------|-------------|-------------|-------------|-------------|-------------|
| FUSpB | <u>-0.90</u> | <u>-0.72</u> | <u>-0.54</u> | <u>-0.36</u> | <u>-0.18</u> | 1.80 | <u>0.18</u> | <u>0.36</u> | <u>0.54</u> | <u>0.72</u> | <u>0.90</u> |
| | 0.90 | 1.08 | 1.26 | 1.44 | 1.62 | | 1.98 | 2.16 | 2.34 | 2.52 | 2.70 |
| FUSp1 | <u>-1.00</u> | <u>-0.80</u> | <u>-0.60</u> | <u>-0.40</u> | <u>-0.20</u> | 2.00 | <u>0.20</u> | <u>0.40</u> | <u>0.60</u> | <u>0.80</u> | <u>1.00</u> |
| | 1.00 | 1.20 | 1.40 | 1.60 | 1.80 | | 2.20 | 2.40 | 2.60 | 2.80 | 3.00 |
| FUSp2 | <u>-1.20</u> | <u>-0.96</u> | <u>-0.72</u> | <u>-0.48</u> | <u>-0.24</u> | 2.40 | <u>0.24</u> | <u>0.48</u> | <u>0.72</u> | <u>0.96</u> | <u>1.20</u> |
| | 1.20 | 1.44 | 1.68 | 1.92 | 2.16 | | 2.64 | 2.88 | 3.12 | 3.36 | 3.60 |
| FUSp3 | <u>-1.45</u> | <u>-1.16</u> | <u>-0.87</u> | <u>-0.58</u> | <u>-0.29</u> | 2.90 | <u>0.29</u> | <u>0.58</u> | <u>0.87</u> | <u>1.16</u> | <u>1.45</u> |
| | 1.45 | 1.74 | 2.03 | 2.32 | 2.61 | | 3.19 | 3.48 | 3.77 | 4.06 | 4.35 |
| FUSp4 | <u>-1.75</u> | <u>-1.40</u> | <u>-1.05</u> | <u>-0.70</u> | <u>-0.35</u> | 3.50 | <u>0.35</u> | <u>0.70</u> | <u>1.05</u> | <u>1.40</u> | <u>1.75</u> |
| | 1.75 | 2.10 | 2.45 | 2.80 | 3.15 | | 3.85 | 4.20 | 4.55 | 4.90 | 5.25 |
| FUSpBV | <u>-0.68</u> | <u>-0.54</u> | <u>-0.41</u> | <u>-0.27</u> | <u>-0.14</u> | 1.35 | <u>0.14</u> | <u>0.27</u> | <u>0.41</u> | <u>0.54</u> | <u>0.68</u> |
| | 0.67 | 0.81 | 0.94 | 1.08 | 1.21 | | 1.49 | 1.62 | 1.76 | 1.89 | 2.03 |
| FUSp1V | <u>-0.75</u> | <u>-0.60</u> | <u>-0.45</u> | <u>-0.30</u> | <u>-0.15</u> | 1.50 | <u>0.15</u> | <u>0.30</u> | <u>0.45</u> | <u>0.60</u> | <u>0.75</u> |
| | 0.75 | 0.90 | 1.05 | 1.20 | 1.35 | | 1.65 | 1.80 | 1.95 | 2.10 | 2.25 |
| FUSp2V | <u>-0.90</u> | <u>-0.72</u> | <u>-0.54</u> | <u>-0.36</u> | <u>-0.18</u> | 1.80 | <u>0.18</u> | <u>0.36</u> | <u>0.54</u> | <u>0.72</u> | <u>0.90</u> |
| | 0.90 | 1.08 | 1.26 | 1.44 | 1.62 | | 1.98 | 2.16 | 2.34 | 2.52 | 2.70 |
| FUSp3V | <u>-1.09</u> | <u>-0.87</u> | <u>-0.65</u> | <u>-0.44</u> | <u>-0.22</u> | 2.18 | <u>0.22</u> | <u>0.44</u> | <u>0.65</u> | <u>0.87</u> | <u>1.09</u> |
| | 1.09 | 1.31 | 1.53 | 1.74 | 1.96 | | 2.40 | 2.62 | 2.83 | 3.05 | 3.27 |
| FUSp4V | <u>-1.32</u> | <u>-1.05</u> | <u>-0.79</u> | <u>-0.53</u> | <u>-0.26</u> | 2.63 | <u>0.26</u> | <u>0.53</u> | <u>0.79</u> | <u>1.05</u> | <u>1.32</u> |
| | 1.31 | 1.58 | 1.84 | 2.10 | 2.37 | | 2.89 | 3.16 | 3.42 | 3.68 | 3.95 |
| FLSpB | <u>-1.00</u> | <u>-0.80</u> | <u>-0.60</u> | <u>-0.40</u> | <u>-0.20</u> | 2.00 | <u>0.20</u> | <u>0.40</u> | <u>0.60</u> | <u>0.80</u> | <u>1.00</u> |
| | 1.00 | 1.20 | 1.40 | 1.60 | 1.80 | | 2.20 | 2.40 | 2.60 | 2.80 | 3.00 |
| FLSp1 | <u>-1.20</u> | <u>-0.96</u> | <u>-0.72</u> | <u>-0.48</u> | <u>-0.24</u> | 2.40 | <u>0.24</u> | <u>0.48</u> | <u>0.72</u> | <u>0.96</u> | <u>1.20</u> |
| | 1.20 | 1.44 | 1.68 | 1.92 | 2.16 | | 2.64 | 2.88 | 3.12 | 3.36 | 3.60 |
| FLSp2 | <u>-1.45</u> | <u>-1.16</u> | <u>-0.87</u> | <u>-0.58</u> | <u>-0.29</u> | 2.90 | <u>0.29</u> | <u>0.58</u> | <u>0.87</u> | <u>1.16</u> | <u>1.45</u> |
| | 1.45 | 1.74 | 2.03 | 2.32 | 2.61 | | 3.19 | 3.48 | 3.77 | 4.06 | 4.35 |
| FLSp3 | <u>-1.75</u> | <u>-1.40</u> | <u>-1.05</u> | <u>-0.70</u> | <u>-0.35</u> | 3.50 | <u>0.35</u> | <u>0.70</u> | <u>1.05</u> | <u>1.40</u> | <u>1.75</u> |
| | 1.75 | 2.10 | 2.45 | 2.80 | 3.15 | | 3.85 | 4.20 | 4.55 | 4.90 | 5.25 |
| FLSp4 | <u>-1.90</u> | <u>-1.52</u> | <u>-1.14</u> | <u>-0.76</u> | <u>-0.38</u> | 3.80 | <u>0.38</u> | <u>0.76</u> | <u>1.14</u> | <u>1.52</u> | <u>1.90</u> |
| | 1.90 | 2.28 | 2.66 | 3.04 | 3.42 | | 4.18 | 4.56 | 4.94 | 5.32 | 5.70 |
| FLSpBV | <u>-0.75</u> | <u>-0.60</u> | <u>-0.45</u> | <u>-0.30</u> | <u>-0.15</u> | 1.50 | <u>0.15</u> | <u>0.30</u> | <u>0.45</u> | <u>0.60</u> | <u>0.75</u> |
| | 0.75 | 0.90 | 1.05 | 1.20 | 1.35 | | 1.65 | 1.80 | 1.95 | 2.10 | 2.25 |
| FLSp1V | <u>-0.90</u> | <u>-0.72</u> | <u>-0.54</u> | <u>-0.36</u> | <u>-0.18</u> | 1.80 | <u>0.18</u> | <u>0.36</u> | <u>0.54</u> | <u>0.72</u> | <u>0.90</u> |
| | 0.90 | 1.08 | 1.26 | 1.44 | 1.62 | | 1.98 | 2.16 | 2.34 | 2.52 | 2.70 |
| FLSp2V | <u>-1.09</u> | <u>-0.87</u> | <u>-0.65</u> | <u>-0.44</u> | <u>-0.22</u> | 2.18 | <u>0.22</u> | <u>0.44</u> | <u>0.65</u> | <u>0.87</u> | <u>1.09</u> |
| | 1.09 | 1.31 | 1.53 | 1.74 | 1.96 | | 2.40 | 2.62 | 2.83 | 3.05 | 3.27 |
| FLSp3V | <u>-1.32</u> | <u>-1.05</u> | <u>-0.79</u> | <u>-0.53</u> | <u>-0.26</u> | 2.63 | <u>0.26</u> | <u>0.53</u> | <u>0.79</u> | <u>1.05</u> | <u>1.32</u> |
| | 1.31 | 1.58 | 1.84 | 2.10 | 2.37 | | 2.89 | 3.16 | 3.42 | 3.68 | 3.95 |
| FLSp4V | <u>-1.43</u> | <u>-1.14</u> | <u>-0.86</u> | <u>-0.57</u> | <u>-0.29</u> | 2.85 | <u>0.29</u> | <u>0.57</u> | <u>0.86</u> | <u>1.14</u> | <u>1.43</u> |
| | 1.42 | 1.71 | 1.99 | 2.28 | 2.56 | | 3.14 | 3.42 | 3.71 | 3.99 | 4.28 |
| FCSpB | <u>-0.95</u> | <u>-0.76</u> | <u>-0.57</u> | <u>-0.38</u> | <u>-0.19</u> | 1.90 | <u>0.19</u> | <u>0.38</u> | <u>0.57</u> | <u>0.76</u> | <u>0.95</u> |
| | 0.95 | 1.14 | 1.33 | 1.52 | 1.71 | | 2.09 | 2.28 | 2.47 | 2.66 | 2.85 |

| | | | | | | | | | | | |
|--------|--------------|--------------|--------------|--------------|--------------|-------------|-------------|-------------|-------------|-------------|-------------|
| FCSp1 | <u>-1.15</u> | <u>-0.92</u> | <u>-0.69</u> | <u>-0.46</u> | <u>-0.23</u> | 2.30 | <u>0.23</u> | <u>0.46</u> | <u>0.69</u> | <u>0.92</u> | <u>1.15</u> |
| | 1.15 | 1.38 | 1.61 | 1.84 | 2.07 | | 2.53 | 2.76 | 2.99 | 3.22 | 3.45 |
| FCSp2 | <u>-1.40</u> | <u>-1.12</u> | <u>-0.84</u> | <u>-0.56</u> | <u>-0.28</u> | 2.80 | <u>0.28</u> | <u>0.56</u> | <u>0.84</u> | <u>1.12</u> | <u>1.40</u> |
| | 1.40 | 1.68 | 1.96 | 2.24 | 2.52 | | 3.08 | 3.36 | 3.64 | 3.92 | 4.20 |
| FCSp3 | <u>-1.70</u> | <u>-1.36</u> | <u>-1.02</u> | <u>-0.68</u> | <u>-0.34</u> | 3.40 | <u>0.34</u> | <u>0.68</u> | <u>1.02</u> | <u>1.36</u> | <u>1.70</u> |
| | 1.70 | 2.04 | 2.38 | 2.72 | 3.06 | | 3.74 | 4.08 | 4.42 | 4.76 | 5.10 |
| FCSp4 | <u>-1.90</u> | <u>-1.52</u> | <u>-1.14</u> | <u>-0.76</u> | <u>-0.38</u> | 3.80 | <u>0.38</u> | <u>0.76</u> | <u>1.14</u> | <u>1.52</u> | <u>1.90</u> |
| | 1.90 | 2.28 | 2.66 | 3.04 | 3.42 | | 4.18 | 4.56 | 4.94 | 5.32 | 5.70 |
| FCSpBV | <u>-0.72</u> | <u>-0.57</u> | <u>-0.43</u> | <u>-0.29</u> | <u>-0.14</u> | 1.43 | <u>0.14</u> | <u>0.29</u> | <u>0.43</u> | <u>0.57</u> | <u>0.72</u> |
| | 0.71 | 0.86 | 1.00 | 1.14 | 1.29 | | 1.57 | 1.72 | 1.86 | 2.00 | 2.15 |
| FCSp1V | <u>-0.87</u> | <u>-0.69</u> | <u>-0.52</u> | <u>-0.35</u> | <u>-0.17</u> | 1.73 | <u>0.17</u> | <u>0.35</u> | <u>0.52</u> | <u>0.69</u> | <u>0.87</u> |
| | 0.86 | 1.04 | 1.21 | 1.38 | 1.56 | | 1.90 | 2.08 | 2.25 | 2.42 | 2.60 |
| FCSp2V | <u>-1.05</u> | <u>-0.84</u> | <u>-0.63</u> | <u>-0.42</u> | <u>-0.21</u> | 2.10 | <u>0.21</u> | <u>0.42</u> | <u>0.63</u> | <u>0.84</u> | <u>1.05</u> |
| | 1.05 | 1.26 | 1.47 | 1.68 | 1.89 | | 2.31 | 2.52 | 2.73 | 2.94 | 3.15 |
| FCSp3V | <u>-1.28</u> | <u>-1.02</u> | <u>-0.77</u> | <u>-0.51</u> | <u>-0.26</u> | 2.55 | <u>0.26</u> | <u>0.51</u> | <u>0.77</u> | <u>1.02</u> | <u>1.28</u> |
| | 1.27 | 1.53 | 1.78 | 2.04 | 2.29 | | 2.81 | 3.06 | 3.32 | 3.57 | 3.83 |
| FCSp4V | <u>-1.43</u> | <u>-1.14</u> | <u>-0.86</u> | <u>-0.57</u> | <u>-0.29</u> | 2.85 | <u>0.29</u> | <u>0.57</u> | <u>0.86</u> | <u>1.14</u> | <u>1.43</u> |
| | 1.42 | 1.71 | 1.99 | 2.28 | 2.56 | | 3.14 | 3.42 | 3.71 | 3.99 | 4.28 |
| | -5.00 | -4.00 | -3.00 | -2.00 | -1.00 | BASE | 1.00 | 2.00 | 3.00 | 4.00 | 5.00 |
| | 0.50 | 0.40 | 0.30 | 0.20 | 0.10 | | 0.10 | 0.20 | 0.30 | 0.40 | 0.50 |
| FSSpB | <u>-1.00</u> | <u>-0.80</u> | <u>-0.60</u> | <u>-0.40</u> | <u>-0.20</u> | 2.00 | <u>0.20</u> | <u>0.40</u> | <u>0.60</u> | <u>0.80</u> | <u>1.00</u> |
| | 1.00 | 1.20 | 1.40 | 1.60 | 1.80 | | 2.20 | 2.40 | 2.60 | 2.80 | 3.00 |
| FSSp1 | <u>-1.20</u> | <u>-0.96</u> | <u>-0.72</u> | <u>-0.48</u> | <u>-0.24</u> | 2.40 | <u>0.24</u> | <u>0.48</u> | <u>0.72</u> | <u>0.96</u> | <u>1.20</u> |
| | 1.20 | 1.44 | 1.68 | 1.92 | 2.16 | | 2.64 | 2.88 | 3.12 | 3.36 | 3.60 |
| FSSp2 | <u>-1.40</u> | <u>-1.12</u> | <u>-0.84</u> | <u>-0.56</u> | <u>-0.28</u> | 2.80 | <u>0.28</u> | <u>0.56</u> | <u>0.84</u> | <u>1.12</u> | <u>1.40</u> |
| | 1.40 | 1.68 | 1.96 | 2.24 | 2.52 | | 3.08 | 3.36 | 3.64 | 3.92 | 4.20 |
| FSSp3 | <u>-1.55</u> | <u>-1.24</u> | <u>-0.93</u> | <u>-0.62</u> | <u>-0.31</u> | 3.10 | <u>0.31</u> | <u>0.62</u> | <u>0.93</u> | <u>1.24</u> | <u>1.55</u> |
| | 1.55 | 1.86 | 2.17 | 2.48 | 2.79 | | 3.41 | 3.72 | 4.03 | 4.34 | 4.65 |
| FSSp4 | <u>-1.80</u> | <u>-1.44</u> | <u>-1.08</u> | <u>-0.72</u> | <u>-0.36</u> | 3.60 | <u>0.36</u> | <u>0.72</u> | <u>1.08</u> | <u>1.44</u> | <u>1.80</u> |
| | 1.80 | 2.16 | 2.52 | 2.88 | 3.24 | | 3.96 | 4.32 | 4.68 | 5.04 | 5.40 |
| FSSpBV | <u>-0.75</u> | <u>-0.60</u> | <u>-0.45</u> | <u>-0.30</u> | <u>-0.15</u> | 1.50 | <u>0.15</u> | <u>0.30</u> | <u>0.45</u> | <u>0.60</u> | <u>0.75</u> |
| | 0.75 | 0.90 | 1.05 | 1.20 | 1.35 | | 1.65 | 1.80 | 1.95 | 2.10 | 2.25 |
| FSSp1V | <u>-0.90</u> | <u>-0.72</u> | <u>-0.54</u> | <u>-0.36</u> | <u>-0.18</u> | 1.80 | <u>0.18</u> | <u>0.36</u> | <u>0.54</u> | <u>0.72</u> | <u>0.90</u> |
| | 0.90 | 1.08 | 1.26 | 1.44 | 1.62 | | 1.98 | 2.16 | 2.34 | 2.52 | 2.70 |
| FSSp2V | <u>-1.05</u> | <u>-0.84</u> | <u>-0.63</u> | <u>-0.42</u> | <u>-0.21</u> | 2.10 | <u>0.21</u> | <u>0.42</u> | <u>0.63</u> | <u>0.84</u> | <u>1.05</u> |
| | 1.05 | 1.26 | 1.47 | 1.68 | 1.89 | | 2.31 | 2.52 | 2.73 | 2.94 | 3.15 |
| FSSp3V | <u>-1.17</u> | <u>-0.93</u> | <u>-0.70</u> | <u>-0.47</u> | <u>-0.23</u> | 2.33 | <u>0.23</u> | <u>0.47</u> | <u>0.70</u> | <u>0.93</u> | <u>1.17</u> |
| | 1.16 | 1.40 | 1.63 | 1.86 | 2.10 | | 2.56 | 2.80 | 3.03 | 3.26 | 3.50 |
| FSSp4V | <u>-1.35</u> | <u>-1.08</u> | <u>-0.81</u> | <u>-0.54</u> | <u>-0.27</u> | 2.70 | <u>0.27</u> | <u>0.54</u> | <u>0.81</u> | <u>1.08</u> | <u>1.35</u> |
| | 1.35 | 1.62 | 1.89 | 2.16 | 2.43 | | 2.97 | 3.24 | 3.51 | 3.78 | 4.05 |

Spins with change of foot

| | | | | | | | | | | | |
|--------|--------------|--------------|--------------|--------------|--------------|-------------|-------------|-------------|-------------|-------------|-------------|
| CUSpB | <u>-0.90</u> | <u>-0.72</u> | <u>-0.54</u> | <u>-0.36</u> | <u>-0.18</u> | 1.80 | <u>0.18</u> | <u>0.36</u> | <u>0.54</u> | <u>0.72</u> | <u>0.90</u> |
| | 0.90 | 1.08 | 1.26 | 1.44 | 1.62 | | 1.98 | 2.16 | 2.34 | 2.52 | 2.70 |
| CUSp1 | <u>-1.00</u> | <u>-0.80</u> | <u>-0.60</u> | <u>-0.40</u> | <u>-0.20</u> | 2.00 | <u>0.20</u> | <u>0.40</u> | <u>0.60</u> | <u>0.80</u> | <u>1.00</u> |
| | 1.00 | 1.20 | 1.40 | 1.60 | 1.80 | | 2.20 | 2.40 | 2.60 | 2.80 | 3.00 |
| CUSp2 | <u>-1.20</u> | <u>-0.96</u> | <u>-0.72</u> | <u>-0.48</u> | <u>-0.24</u> | 2.40 | <u>0.24</u> | <u>0.48</u> | <u>0.72</u> | <u>0.96</u> | <u>1.20</u> |
| | 1.20 | 1.44 | 1.68 | 1.92 | 2.16 | | 2.64 | 2.88 | 3.12 | 3.36 | 3.60 |
| CUSp3 | <u>-1.45</u> | <u>-1.16</u> | <u>-0.87</u> | <u>-0.58</u> | <u>-0.29</u> | 2.90 | <u>0.29</u> | <u>0.58</u> | <u>0.87</u> | <u>1.16</u> | <u>1.45</u> |
| | 1.45 | 1.74 | 2.03 | 2.32 | 2.61 | | 3.19 | 3.48 | 3.77 | 4.06 | 4.35 |
| CUSp4 | <u>-1.75</u> | <u>-1.40</u> | <u>-1.05</u> | <u>-0.70</u> | <u>-0.35</u> | 3.50 | <u>0.35</u> | <u>0.70</u> | <u>1.05</u> | <u>1.40</u> | <u>1.75</u> |
| | 1.75 | 2.10 | 2.45 | 2.80 | 3.15 | | 3.85 | 4.20 | 4.55 | 4.90 | 5.25 |
| CUSpBV | <u>-0.68</u> | <u>-0.54</u> | <u>-0.41</u> | <u>-0.27</u> | <u>-0.14</u> | 1.35 | <u>0.14</u> | <u>0.27</u> | <u>0.41</u> | <u>0.54</u> | <u>0.68</u> |
| | 0.67 | 0.81 | 0.94 | 1.08 | 1.21 | | 1.49 | 1.62 | 1.76 | 1.89 | 2.03 |
| CUSp1V | <u>-0.75</u> | <u>-0.60</u> | <u>-0.45</u> | <u>-0.30</u> | <u>-0.15</u> | 1.50 | <u>0.15</u> | <u>0.30</u> | <u>0.45</u> | <u>0.60</u> | <u>0.75</u> |
| | 0.75 | 0.90 | 1.05 | 1.20 | 1.35 | | 1.65 | 1.80 | 1.95 | 2.10 | 2.25 |
| CUSp2V | <u>-0.90</u> | <u>-0.72</u> | <u>-0.54</u> | <u>-0.36</u> | <u>-0.18</u> | 1.80 | <u>0.18</u> | <u>0.36</u> | <u>0.54</u> | <u>0.72</u> | <u>0.90</u> |
| | 0.90 | 1.08 | 1.26 | 1.44 | 1.62 | | 1.98 | 2.16 | 2.34 | 2.52 | 2.70 |
| CUSp3V | <u>-1.09</u> | <u>-0.87</u> | <u>-0.65</u> | <u>-0.44</u> | <u>-0.22</u> | 2.18 | <u>0.22</u> | <u>0.44</u> | <u>0.65</u> | <u>0.87</u> | <u>1.09</u> |
| | 1.09 | 1.31 | 1.53 | 1.74 | 1.96 | | 2.40 | 2.62 | 2.83 | 3.05 | 3.27 |
| CUSp4V | <u>-1.32</u> | <u>-1.05</u> | <u>-0.79</u> | <u>-0.53</u> | <u>-0.26</u> | 2.63 | <u>0.26</u> | <u>0.53</u> | <u>0.79</u> | <u>1.05</u> | <u>1.32</u> |
| | 1.31 | 1.58 | 1.84 | 2.10 | 2.37 | | 2.89 | 3.16 | 3.42 | 3.68 | 3.95 |
| FCUSpB | <u>-0.90</u> | <u>-0.72</u> | <u>-0.54</u> | <u>-0.36</u> | <u>-0.18</u> | 1.80 | <u>0.18</u> | <u>0.36</u> | <u>0.54</u> | <u>0.72</u> | <u>0.90</u> |
| | 0.90 | 1.08 | 1.26 | 1.44 | 1.62 | | 1.98 | 2.16 | 2.34 | 2.52 | 2.70 |
| FCUSp1 | <u>-1.00</u> | <u>-0.80</u> | <u>-0.60</u> | <u>-0.40</u> | <u>-0.20</u> | 2.00 | <u>0.20</u> | <u>0.40</u> | <u>0.60</u> | <u>0.80</u> | <u>1.00</u> |
| | 1.00 | 1.20 | 1.40 | 1.60 | 1.80 | | 2.20 | 2.40 | 2.60 | 2.80 | 3.00 |
| FCUSp2 | <u>-1.20</u> | <u>-0.96</u> | <u>-0.72</u> | <u>-0.48</u> | <u>-0.24</u> | 2.40 | <u>0.24</u> | <u>0.48</u> | <u>0.72</u> | <u>0.96</u> | <u>1.20</u> |
| | 1.20 | 1.44 | 1.68 | 1.92 | 2.16 | | 2.64 | 2.88 | 3.12 | 3.36 | 3.60 |
| FCUSp3 | <u>-1.45</u> | <u>-1.16</u> | <u>-0.87</u> | <u>-0.58</u> | <u>-0.29</u> | 2.90 | <u>0.29</u> | <u>0.58</u> | <u>0.87</u> | <u>1.16</u> | <u>1.45</u> |
| | 1.45 | 1.74 | 2.03 | 2.32 | 2.61 | | 3.19 | 3.48 | 3.77 | 4.06 | 4.35 |

| | | | | | | | | | | | |
|---------|--------------|--------------|--------------|--------------|--------------|-------------|-------------|-------------|-------------|-------------|-------------|
| FCUSp4 | <u>-1.75</u> | <u>-1.40</u> | <u>-1.05</u> | <u>-0.70</u> | <u>-0.35</u> | 3.50 | <u>0.35</u> | <u>0.70</u> | <u>1.05</u> | <u>1.40</u> | <u>1.75</u> |
| | 1.75 | 2.10 | 2.45 | 2.80 | 3.15 | | 3.85 | 4.20 | 4.55 | 4.90 | 5.25 |
| FCUSpBV | <u>-0.68</u> | <u>-0.54</u> | <u>-0.41</u> | <u>-0.27</u> | <u>-0.14</u> | 1.35 | <u>0.14</u> | <u>0.27</u> | <u>0.41</u> | <u>0.54</u> | <u>0.68</u> |
| | 0.67 | 0.81 | 0.94 | 1.08 | 1.21 | | 1.49 | 1.62 | 1.76 | 1.89 | 2.03 |
| FCUSp1V | <u>-0.75</u> | <u>-0.60</u> | <u>-0.45</u> | <u>-0.30</u> | <u>-0.15</u> | 1.50 | <u>0.15</u> | <u>0.30</u> | <u>0.45</u> | <u>0.60</u> | <u>0.75</u> |
| | 0.75 | 0.90 | 1.05 | 1.20 | 1.35 | | 1.65 | 1.80 | 1.95 | 2.10 | 2.25 |
| FCUSp2V | <u>-0.90</u> | <u>-0.72</u> | <u>-0.54</u> | <u>-0.36</u> | <u>-0.18</u> | 1.80 | <u>0.18</u> | <u>0.36</u> | <u>0.54</u> | <u>0.72</u> | <u>0.90</u> |
| | 0.90 | 1.08 | 1.26 | 1.44 | 1.62 | | 1.98 | 2.16 | 2.34 | 2.52 | 2.70 |
| FCUSp3V | <u>-1.09</u> | <u>-0.87</u> | <u>-0.65</u> | <u>-0.44</u> | <u>-0.22</u> | 2.18 | <u>0.22</u> | <u>0.44</u> | <u>0.65</u> | <u>0.87</u> | <u>1.09</u> |
| | 1.09 | 1.31 | 1.53 | 1.74 | 1.96 | | 2.40 | 2.62 | 2.83 | 3.05 | 3.27 |
| FCUSp4V | <u>-1.32</u> | <u>-1.05</u> | <u>-0.79</u> | <u>-0.53</u> | <u>-0.26</u> | 2.63 | <u>0.26</u> | <u>0.53</u> | <u>0.79</u> | <u>1.05</u> | <u>1.32</u> |
| | 1.31 | 1.58 | 1.84 | 2.10 | 2.37 | | 2.89 | 3.16 | 3.42 | 3.68 | 3.95 |
| CLSpB | <u>-1.00</u> | <u>-0.80</u> | <u>-0.60</u> | <u>-0.40</u> | <u>-0.20</u> | 2.00 | <u>0.20</u> | <u>0.40</u> | <u>0.60</u> | <u>0.80</u> | <u>1.00</u> |
| | 1.00 | 1.20 | 1.40 | 1.60 | 1.80 | | 2.20 | 2.40 | 2.60 | 2.80 | 3.00 |
| CLSp1 | <u>-1.20</u> | <u>-0.96</u> | <u>-0.72</u> | <u>-0.48</u> | <u>-0.24</u> | 2.40 | <u>0.24</u> | <u>0.48</u> | <u>0.72</u> | <u>0.96</u> | <u>1.20</u> |
| | 1.20 | 1.44 | 1.68 | 1.92 | 2.16 | | 2.64 | 2.88 | 3.12 | 3.36 | 3.60 |
| CLSp2 | <u>-1.45</u> | <u>-1.16</u> | <u>-0.87</u> | <u>-0.58</u> | <u>-0.29</u> | 2.90 | <u>0.29</u> | <u>0.58</u> | <u>0.87</u> | <u>1.16</u> | <u>1.45</u> |
| | 1.45 | 1.74 | 2.03 | 2.32 | 2.61 | | 3.19 | 3.48 | 3.77 | 4.06 | 4.35 |
| CLSp3 | <u>-1.75</u> | <u>-1.40</u> | <u>-1.05</u> | <u>-0.70</u> | <u>-0.35</u> | 3.50 | <u>0.35</u> | <u>0.70</u> | <u>1.05</u> | <u>1.40</u> | <u>1.75</u> |
| | 1.75 | 2.10 | 2.45 | 2.80 | 3.15 | | 3.85 | 4.20 | 4.55 | 4.90 | 5.25 |
| CLSp4 | <u>-1.90</u> | <u>-1.52</u> | <u>-1.14</u> | <u>-0.76</u> | <u>-0.38</u> | 3.80 | <u>0.38</u> | <u>0.76</u> | <u>1.14</u> | <u>1.52</u> | <u>1.90</u> |
| | 1.90 | 2.28 | 2.66 | 3.04 | 3.42 | | 4.18 | 4.56 | 4.94 | 5.32 | 5.70 |
| CLSpBV | <u>-0.75</u> | <u>-0.60</u> | <u>-0.45</u> | <u>-0.30</u> | <u>-0.15</u> | 1.50 | <u>0.15</u> | <u>0.30</u> | <u>0.45</u> | <u>0.60</u> | <u>0.75</u> |
| | 0.75 | 0.90 | 1.05 | 1.20 | 1.35 | | 1.65 | 1.80 | 1.95 | 2.10 | 2.25 |
| CLSp1V | <u>-0.90</u> | <u>-0.72</u> | <u>-0.54</u> | <u>-0.36</u> | <u>-0.18</u> | 1.80 | <u>0.18</u> | <u>0.36</u> | <u>0.54</u> | <u>0.72</u> | <u>0.90</u> |
| | 0.90 | 1.08 | 1.26 | 1.44 | 1.62 | | 1.98 | 2.16 | 2.34 | 2.52 | 2.70 |
| CLSp2V | <u>-1.09</u> | <u>-0.87</u> | <u>-0.65</u> | <u>-0.44</u> | <u>-0.22</u> | 2.18 | <u>0.22</u> | <u>0.44</u> | <u>0.65</u> | <u>0.87</u> | <u>1.09</u> |
| | 1.09 | 1.31 | 1.53 | 1.74 | 1.96 | | 2.40 | 2.62 | 2.83 | 3.05 | 3.27 |
| CLSp3V | <u>-1.32</u> | <u>-1.05</u> | <u>-0.79</u> | <u>-0.53</u> | <u>-0.26</u> | 2.63 | <u>0.26</u> | <u>0.53</u> | <u>0.79</u> | <u>1.05</u> | <u>1.32</u> |
| | 1.31 | 1.58 | 1.84 | 2.10 | 2.37 | | 2.89 | 3.16 | 3.42 | 3.68 | 3.95 |
| CLSp4V | <u>-1.43</u> | <u>-1.14</u> | <u>-0.86</u> | <u>-0.57</u> | <u>-0.29</u> | 2.85 | <u>0.29</u> | <u>0.57</u> | <u>0.86</u> | <u>1.14</u> | <u>1.43</u> |
| | 1.42 | 1.71 | 1.99 | 2.28 | 2.56 | | 3.14 | 3.42 | 3.71 | 3.99 | 4.28 |
| FCLSpB | <u>-1.00</u> | <u>-0.80</u> | <u>-0.60</u> | <u>-0.40</u> | <u>-0.20</u> | 2.00 | <u>0.20</u> | <u>0.40</u> | <u>0.60</u> | <u>0.80</u> | <u>1.00</u> |
| | 1.00 | 1.20 | 1.40 | 1.60 | 1.80 | | 2.20 | 2.40 | 2.60 | 2.80 | 3.00 |
| FCLSp1 | <u>-1.20</u> | <u>-0.96</u> | <u>-0.72</u> | <u>-0.48</u> | <u>-0.24</u> | 2.40 | <u>0.24</u> | <u>0.48</u> | <u>0.72</u> | <u>0.96</u> | <u>1.20</u> |
| | 1.20 | 1.44 | 1.68 | 1.92 | 2.16 | | 2.64 | 2.88 | 3.12 | 3.36 | 3.60 |
| FCLSp2 | <u>-1.45</u> | <u>-1.16</u> | <u>-0.87</u> | <u>-0.58</u> | <u>-0.29</u> | 2.90 | <u>0.29</u> | <u>0.58</u> | <u>0.87</u> | <u>1.16</u> | <u>1.45</u> |
| | 1.45 | 1.74 | 2.03 | 2.32 | 2.61 | | 3.19 | 3.48 | 3.77 | 4.06 | 4.35 |
| FCLSp3 | <u>-1.75</u> | <u>-1.40</u> | <u>-1.05</u> | <u>-0.70</u> | <u>-0.35</u> | 3.50 | <u>0.35</u> | <u>0.70</u> | <u>1.05</u> | <u>1.40</u> | <u>1.75</u> |
| | 1.75 | 2.10 | 2.45 | 2.80 | 3.15 | | 3.85 | 4.20 | 4.55 | 4.90 | 5.25 |
| FCLSp4 | <u>-1.90</u> | <u>-1.52</u> | <u>-1.14</u> | <u>-0.76</u> | <u>-0.38</u> | 3.80 | <u>0.38</u> | <u>0.76</u> | <u>1.14</u> | <u>1.52</u> | <u>1.90</u> |
| | 1.90 | 2.28 | 2.66 | 3.04 | 3.42 | | 4.18 | 4.56 | 4.94 | 5.32 | 5.70 |
| FCLSpBV | <u>-0.75</u> | <u>-0.60</u> | <u>-0.45</u> | <u>-0.30</u> | <u>-0.15</u> | 1.50 | <u>0.15</u> | <u>0.30</u> | <u>0.45</u> | <u>0.60</u> | <u>0.75</u> |
| | 0.75 | 0.90 | 1.05 | 1.20 | 1.35 | | 1.65 | 1.80 | 1.95 | 2.10 | 2.25 |
| FCLSp1V | <u>-0.90</u> | <u>-0.72</u> | <u>-0.54</u> | <u>-0.36</u> | <u>-0.18</u> | 1.80 | <u>0.18</u> | <u>0.36</u> | <u>0.54</u> | <u>0.72</u> | <u>0.90</u> |
| | 0.90 | 1.08 | 1.26 | 1.44 | 1.62 | | 1.98 | 2.16 | 2.34 | 2.52 | 2.70 |
| FCLSp2V | <u>-1.09</u> | <u>-0.87</u> | <u>-0.65</u> | <u>-0.44</u> | <u>-0.22</u> | 2.18 | <u>0.22</u> | <u>0.44</u> | <u>0.65</u> | <u>0.87</u> | <u>1.09</u> |
| | 1.09 | 1.31 | 1.53 | 1.74 | 1.96 | | 2.40 | 2.62 | 2.83 | 3.05 | 3.27 |
| FCLSp3V | <u>-1.32</u> | <u>-1.05</u> | <u>-0.79</u> | <u>-0.53</u> | <u>-0.26</u> | 2.63 | <u>0.26</u> | <u>0.53</u> | <u>0.79</u> | <u>1.05</u> | <u>1.32</u> |
| | 1.31 | 1.58 | 1.84 | 2.10 | 2.37 | | 2.89 | 3.16 | 3.42 | 3.68 | 3.95 |
| FCLSp4V | <u>-1.43</u> | <u>-1.14</u> | <u>-0.86</u> | <u>-0.57</u> | <u>-0.29</u> | 2.85 | <u>0.29</u> | <u>0.57</u> | <u>0.86</u> | <u>1.14</u> | <u>1.43</u> |
| | 1.42 | 1.71 | 1.99 | 2.28 | 2.56 | | 3.14 | 3.42 | 3.71 | 3.99 | 4.28 |
| CCSpB | <u>-1.00</u> | <u>-0.80</u> | <u>-0.60</u> | <u>-0.40</u> | <u>-0.20</u> | 2.00 | <u>0.20</u> | <u>0.40</u> | <u>0.60</u> | <u>0.80</u> | <u>1.00</u> |
| | 1.00 | 1.20 | 1.40 | 1.60 | 1.80 | | 2.20 | 2.40 | 2.60 | 2.80 | 3.00 |
| CCSp1 | <u>-1.20</u> | <u>-0.96</u> | <u>-0.72</u> | <u>-0.48</u> | <u>-0.24</u> | 2.40 | <u>0.24</u> | <u>0.48</u> | <u>0.72</u> | <u>0.96</u> | <u>1.20</u> |
| | 1.20 | 1.44 | 1.68 | 1.92 | 2.16 | | 2.64 | 2.88 | 3.12 | 3.36 | 3.60 |
| CCSp2 | <u>-1.40</u> | <u>-1.12</u> | <u>-0.84</u> | <u>-0.56</u> | <u>-0.28</u> | 2.80 | <u>0.28</u> | <u>0.56</u> | <u>0.84</u> | <u>1.12</u> | <u>1.40</u> |
| | 1.40 | 1.68 | 1.96 | 2.24 | 2.52 | | 3.08 | 3.36 | 3.64 | 3.92 | 4.20 |
| CCSp3 | <u>-1.70</u> | <u>-1.36</u> | <u>-1.02</u> | <u>-0.68</u> | <u>-0.34</u> | 3.40 | <u>0.34</u> | <u>0.68</u> | <u>1.02</u> | <u>1.36</u> | <u>1.70</u> |
| | 1.70 | 2.04 | 2.38 | 2.72 | 3.06 | | 3.74 | 4.08 | 4.42 | 4.76 | 5.10 |
| CCSp4 | <u>-1.90</u> | <u>-1.52</u> | <u>-1.14</u> | <u>-0.76</u> | <u>-0.38</u> | 3.80 | <u>0.38</u> | <u>0.76</u> | <u>1.14</u> | <u>1.52</u> | <u>1.90</u> |
| | 1.90 | 2.28 | 2.66 | 3.04 | 3.42 | | 4.18 | 4.56 | 4.94 | 5.32 | 5.70 |
| | -5.00 | -4.00 | -3.00 | -2.00 | -1.00 | BASE | 1.00 | 2.00 | 3.00 | 4.00 | 5.00 |
| | 0.50 | 0.40 | 0.30 | 0.20 | 0.10 | | 0.10 | 0.20 | 0.30 | 0.40 | 0.50 |
| CCSpBV | <u>-0.75</u> | <u>-0.60</u> | <u>-0.45</u> | <u>-0.30</u> | <u>-0.15</u> | 1.50 | <u>0.15</u> | <u>0.30</u> | <u>0.45</u> | <u>0.60</u> | <u>0.75</u> |
| | 0.75 | 0.90 | 1.05 | 1.20 | 1.35 | | 1.65 | 1.80 | 1.95 | 2.10 | 2.25 |
| CCSp1V | <u>-0.90</u> | <u>-0.72</u> | <u>-0.54</u> | <u>-0.36</u> | <u>-0.18</u> | 1.80 | <u>0.18</u> | <u>0.36</u> | <u>0.54</u> | <u>0.72</u> | <u>0.90</u> |
| | 0.90 | 1.08 | 1.26 | 1.44 | 1.62 | | 1.98 | 2.16 | 2.34 | 2.52 | 2.70 |
| CCSp2V | <u>-1.05</u> | <u>-0.84</u> | <u>-0.63</u> | <u>-0.42</u> | <u>-0.21</u> | 2.10 | <u>0.21</u> | <u>0.42</u> | <u>0.63</u> | <u>0.84</u> | <u>1.05</u> |
| | 1.05 | 1.26 | 1.47 | 1.68 | 1.89 | | 2.31 | 2.52 | 2.73 | 2.94 | 3.15 |

| | | | | | | | | | | | |
|---------|--------------|--------------|--------------|--------------|--------------|--------------------|-------------|-------------|-------------|-------------|-------------|
| CCSp3V | <u>-1.28</u> | <u>-1.02</u> | <u>-0.77</u> | <u>-0.51</u> | <u>-0.26</u> | <u>2.55</u> | <u>0.26</u> | <u>0.51</u> | <u>0.77</u> | <u>1.02</u> | <u>1.28</u> |
| | 1.27 | 1.53 | 1.78 | 2.04 | 2.29 | | 2.81 | 3.06 | 3.32 | 3.57 | 3.83 |
| CCSp4V | <u>-1.43</u> | <u>-1.14</u> | <u>-0.86</u> | <u>-0.57</u> | <u>-0.29</u> | <u>2.85</u> | <u>0.29</u> | <u>0.57</u> | <u>0.86</u> | <u>1.14</u> | <u>1.43</u> |
| | 1.42 | 1.71 | 1.99 | 2.28 | 2.56 | | 3.14 | 3.42 | 3.71 | 3.99 | 4.28 |
| FCSSpB | <u>-1.00</u> | <u>-0.80</u> | <u>-0.60</u> | <u>-0.40</u> | <u>-0.20</u> | <u>2.00</u> | <u>0.20</u> | <u>0.40</u> | <u>0.60</u> | <u>0.80</u> | <u>1.00</u> |
| | 1.00 | 1.20 | 1.40 | 1.60 | 1.80 | | 2.20 | 2.40 | 2.60 | 2.80 | 3.00 |
| FCSSp1 | <u>-1.20</u> | <u>-0.96</u> | <u>-0.72</u> | <u>-0.48</u> | <u>-0.24</u> | <u>2.40</u> | <u>0.24</u> | <u>0.48</u> | <u>0.72</u> | <u>0.96</u> | <u>1.20</u> |
| | 1.20 | 1.44 | 1.68 | 1.92 | 2.16 | | 2.64 | 2.88 | 3.12 | 3.36 | 3.60 |
| FCSSp2 | <u>-1.40</u> | <u>-1.12</u> | <u>-0.84</u> | <u>-0.56</u> | <u>-0.28</u> | <u>2.80</u> | <u>0.28</u> | <u>0.56</u> | <u>0.84</u> | <u>1.12</u> | <u>1.40</u> |
| | 1.40 | 1.68 | 1.96 | 2.24 | 2.52 | | 3.08 | 3.36 | 3.64 | 3.92 | 4.20 |
| FCSSp3 | <u>-1.70</u> | <u>-1.36</u> | <u>-1.02</u> | <u>-0.68</u> | <u>-0.34</u> | <u>3.40</u> | <u>0.34</u> | <u>0.68</u> | <u>1.02</u> | <u>1.36</u> | <u>1.70</u> |
| | 1.70 | 2.04 | 2.38 | 2.72 | 3.06 | | 3.74 | 4.08 | 4.42 | 4.76 | 5.10 |
| FCSSp4 | <u>-1.90</u> | <u>-1.52</u> | <u>-1.14</u> | <u>-0.76</u> | <u>-0.38</u> | <u>3.80</u> | <u>0.38</u> | <u>0.76</u> | <u>1.14</u> | <u>1.52</u> | <u>1.90</u> |
| | 1.90 | 2.28 | 2.66 | 3.04 | 3.42 | | 4.18 | 4.56 | 4.94 | 5.32 | 5.70 |
| FCSSpBV | <u>-0.75</u> | <u>-0.60</u> | <u>-0.45</u> | <u>-0.30</u> | <u>-0.15</u> | <u>1.50</u> | <u>0.15</u> | <u>0.30</u> | <u>0.45</u> | <u>0.60</u> | <u>0.75</u> |
| | 0.75 | 0.90 | 1.05 | 1.20 | 1.35 | | 1.65 | 1.80 | 1.95 | 2.10 | 2.25 |
| FCSSp1V | <u>-0.90</u> | <u>-0.72</u> | <u>-0.54</u> | <u>-0.36</u> | <u>-0.18</u> | <u>1.80</u> | <u>0.18</u> | <u>0.36</u> | <u>0.54</u> | <u>0.72</u> | <u>0.90</u> |
| | 0.90 | 1.08 | 1.26 | 1.44 | 1.62 | | 1.98 | 2.16 | 2.34 | 2.52 | 2.70 |
| FCSSp2V | <u>-1.05</u> | <u>-0.84</u> | <u>-0.63</u> | <u>-0.42</u> | <u>-0.21</u> | <u>2.10</u> | <u>0.21</u> | <u>0.42</u> | <u>0.63</u> | <u>0.84</u> | <u>1.05</u> |
| | 1.05 | 1.26 | 1.47 | 1.68 | 1.89 | | 2.31 | 2.52 | 2.73 | 2.94 | 3.15 |
| FCSSp3V | <u>-1.28</u> | <u>-1.02</u> | <u>-0.77</u> | <u>-0.51</u> | <u>-0.26</u> | <u>2.55</u> | <u>0.26</u> | <u>0.51</u> | <u>0.77</u> | <u>1.02</u> | <u>1.28</u> |
| | 1.27 | 1.53 | 1.78 | 2.04 | 2.29 | | 2.81 | 3.06 | 3.32 | 3.57 | 3.83 |
| FCSSp4V | <u>-1.43</u> | <u>-1.14</u> | <u>-0.86</u> | <u>-0.57</u> | <u>-0.29</u> | <u>2.85</u> | <u>0.29</u> | <u>0.57</u> | <u>0.86</u> | <u>1.14</u> | <u>1.43</u> |
| | 1.42 | 1.71 | 1.99 | 2.28 | 2.56 | | 3.14 | 3.42 | 3.71 | 3.99 | 4.28 |
| CSSpB | <u>-0.95</u> | <u>-0.76</u> | <u>-0.57</u> | <u>-0.38</u> | <u>-0.19</u> | <u>1.90</u> | <u>0.19</u> | <u>0.38</u> | <u>0.57</u> | <u>0.76</u> | <u>0.95</u> |
| | 0.95 | 1.14 | 1.33 | 1.52 | 1.71 | | 2.09 | 2.28 | 2.47 | 2.66 | 2.85 |
| CSSp1 | <u>-1.15</u> | <u>-0.92</u> | <u>-0.69</u> | <u>-0.46</u> | <u>-0.23</u> | <u>2.30</u> | <u>0.23</u> | <u>0.46</u> | <u>0.69</u> | <u>0.92</u> | <u>1.15</u> |
| | 1.15 | 1.38 | 1.61 | 1.84 | 2.07 | | 2.53 | 2.76 | 2.99 | 3.22 | 3.45 |
| CSSp2 | <u>-1.40</u> | <u>-1.12</u> | <u>-0.84</u> | <u>-0.56</u> | <u>-0.28</u> | <u>2.80</u> | <u>0.28</u> | <u>0.56</u> | <u>0.84</u> | <u>1.12</u> | <u>1.40</u> |
| | 1.40 | 1.68 | 1.96 | 2.24 | 2.52 | | 3.08 | 3.36 | 3.64 | 3.92 | 4.20 |
| CSSp3 | <u>-1.55</u> | <u>-1.24</u> | <u>-0.93</u> | <u>-0.62</u> | <u>-0.31</u> | <u>3.10</u> | <u>0.31</u> | <u>0.62</u> | <u>0.93</u> | <u>1.24</u> | <u>1.55</u> |
| | 1.55 | 1.86 | 2.17 | 2.48 | 2.79 | | 3.41 | 3.72 | 4.03 | 4.34 | 4.65 |
| CSSp4 | <u>-1.80</u> | <u>-1.44</u> | <u>-1.08</u> | <u>-0.72</u> | <u>-0.36</u> | <u>3.60</u> | <u>0.36</u> | <u>0.72</u> | <u>1.08</u> | <u>1.44</u> | <u>1.80</u> |
| | 1.80 | 2.16 | 2.52 | 2.88 | 3.24 | | 3.96 | 4.32 | 4.68 | 5.04 | 5.40 |
| CSSpBV | <u>-0.72</u> | <u>-0.57</u> | <u>-0.43</u> | <u>-0.29</u> | <u>-0.14</u> | <u>1.43</u> | <u>0.14</u> | <u>0.29</u> | <u>0.43</u> | <u>0.57</u> | <u>0.72</u> |
| | 0.71 | 0.86 | 1.00 | 1.14 | 1.29 | | 1.57 | 1.72 | 1.86 | 2.00 | 2.15 |
| CSSp1V | <u>-0.87</u> | <u>-0.69</u> | <u>-0.52</u> | <u>-0.35</u> | <u>-0.17</u> | <u>1.73</u> | <u>0.17</u> | <u>0.35</u> | <u>0.52</u> | <u>0.69</u> | <u>0.87</u> |
| | 0.86 | 1.04 | 1.21 | 1.38 | 1.56 | | 1.90 | 2.08 | 2.25 | 2.42 | 2.60 |
| CSSp2V | <u>-1.05</u> | <u>-0.84</u> | <u>-0.63</u> | <u>-0.42</u> | <u>-0.21</u> | <u>2.10</u> | <u>0.21</u> | <u>0.42</u> | <u>0.63</u> | <u>0.84</u> | <u>1.05</u> |
| | 1.05 | 1.26 | 1.47 | 1.68 | 1.89 | | 2.31 | 2.52 | 2.73 | 2.94 | 3.15 |
| CSSp3V | <u>-1.17</u> | <u>-0.93</u> | <u>-0.70</u> | <u>-0.47</u> | <u>-0.23</u> | <u>2.33</u> | <u>0.23</u> | <u>0.47</u> | <u>0.70</u> | <u>0.93</u> | <u>1.17</u> |
| | 1.16 | 1.40 | 1.63 | 1.86 | 2.10 | | 2.56 | 2.80 | 3.03 | 3.26 | 3.50 |
| CSSp4V | <u>-1.35</u> | <u>-1.08</u> | <u>-0.81</u> | <u>-0.54</u> | <u>-0.27</u> | <u>2.70</u> | <u>0.27</u> | <u>0.54</u> | <u>0.81</u> | <u>1.08</u> | <u>1.35</u> |
| | 1.35 | 1.62 | 1.89 | 2.16 | 2.43 | | 2.97 | 3.24 | 3.51 | 3.78 | 4.05 |
| FCSSpB | <u>-0.95</u> | <u>-0.76</u> | <u>-0.57</u> | <u>-0.38</u> | <u>-0.19</u> | <u>1.90</u> | <u>0.19</u> | <u>0.38</u> | <u>0.57</u> | <u>0.76</u> | <u>0.95</u> |
| | 0.95 | 1.14 | 1.33 | 1.52 | 1.71 | | 2.09 | 2.28 | 2.47 | 2.66 | 2.85 |
| FCSSp1 | <u>-1.15</u> | <u>-0.92</u> | <u>-0.69</u> | <u>-0.46</u> | <u>-0.23</u> | <u>2.30</u> | <u>0.23</u> | <u>0.46</u> | <u>0.69</u> | <u>0.92</u> | <u>1.15</u> |
| | 1.15 | 1.38 | 1.61 | 1.84 | 2.07 | | 2.53 | 2.76 | 2.99 | 3.22 | 3.45 |
| FCSSp2 | <u>-1.40</u> | <u>-1.12</u> | <u>-0.84</u> | <u>-0.56</u> | <u>-0.28</u> | <u>2.80</u> | <u>0.28</u> | <u>0.56</u> | <u>0.84</u> | <u>1.12</u> | <u>1.40</u> |
| | 1.40 | 1.68 | 1.96 | 2.24 | 2.52 | | 3.08 | 3.36 | 3.64 | 3.92 | 4.20 |
| FCSSp3 | <u>-1.55</u> | <u>-1.24</u> | <u>-0.93</u> | <u>-0.62</u> | <u>-0.31</u> | <u>3.10</u> | <u>0.31</u> | <u>0.62</u> | <u>0.93</u> | <u>1.24</u> | <u>1.55</u> |
| | 1.55 | 1.86 | 2.17 | 2.48 | 2.79 | | 3.41 | 3.72 | 4.03 | 4.34 | 4.65 |
| FCSSp4 | <u>-1.80</u> | <u>-1.44</u> | <u>-1.08</u> | <u>-0.72</u> | <u>-0.36</u> | <u>3.60</u> | <u>0.36</u> | <u>0.72</u> | <u>1.08</u> | <u>1.44</u> | <u>1.80</u> |
| | 1.80 | 2.16 | 2.52 | 2.88 | 3.24 | | 3.96 | 4.32 | 4.68 | 5.04 | 5.40 |
| FCSSpBV | <u>-0.72</u> | <u>-0.57</u> | <u>-0.43</u> | <u>-0.29</u> | <u>-0.14</u> | <u>1.43</u> | <u>0.14</u> | <u>0.29</u> | <u>0.43</u> | <u>0.57</u> | <u>0.72</u> |
| | 0.71 | 0.86 | 1.00 | 1.14 | 1.29 | | 1.57 | 1.72 | 1.86 | 2.00 | 2.15 |
| FCSSp1V | <u>-0.87</u> | <u>-0.69</u> | <u>-0.52</u> | <u>-0.35</u> | <u>-0.17</u> | <u>1.73</u> | <u>0.17</u> | <u>0.35</u> | <u>0.52</u> | <u>0.69</u> | <u>0.87</u> |
| | 0.86 | 1.04 | 1.21 | 1.38 | 1.56 | | 1.90 | 2.08 | 2.25 | 2.42 | 2.60 |
| FCSSp2V | <u>-1.05</u> | <u>-0.84</u> | <u>-0.63</u> | <u>-0.42</u> | <u>-0.21</u> | <u>2.10</u> | <u>0.21</u> | <u>0.42</u> | <u>0.63</u> | <u>0.84</u> | <u>1.05</u> |
| | 1.05 | 1.26 | 1.47 | 1.68 | 1.89 | | 2.31 | 2.52 | 2.73 | 2.94 | 3.15 |
| FCSSp3V | <u>-1.17</u> | <u>-0.93</u> | <u>-0.70</u> | <u>-0.47</u> | <u>-0.23</u> | <u>2.33</u> | <u>0.23</u> | <u>0.47</u> | <u>0.70</u> | <u>0.93</u> | <u>1.17</u> |
| | 1.16 | 1.40 | 1.63 | 1.86 | 2.10 | | 2.56 | 2.80 | 3.03 | 3.26 | 3.50 |
| FCSSp4V | <u>-1.35</u> | <u>-1.08</u> | <u>-0.81</u> | <u>-0.54</u> | <u>-0.27</u> | <u>2.70</u> | <u>0.27</u> | <u>0.54</u> | <u>0.81</u> | <u>1.08</u> | <u>1.35</u> |
| | 1.35 | 1.62 | 1.89 | 2.16 | 2.43 | | 2.97 | 3.24 | 3.51 | 3.78 | 4.05 |

Spin Combination with change of position and no change of foot

| | | | | | | | | | | | |
|-------|--------------|--------------|--------------|--------------|--------------|--------------------|-------------|-------------|-------------|-------------|-------------|
| CoSpB | <u>-0.90</u> | <u>-0.72</u> | <u>-0.54</u> | <u>-0.36</u> | <u>-0.18</u> | <u>1.80</u> | <u>0.18</u> | <u>0.36</u> | <u>0.54</u> | <u>0.72</u> | <u>0.90</u> |
| | 0.90 | 1.08 | 1.26 | 1.44 | 1.62 | | 1.98 | 2.16 | 2.34 | 2.52 | 2.70 |
| CoSp1 | <u>-1.00</u> | <u>-0.80</u> | <u>-0.60</u> | <u>-0.40</u> | <u>-0.20</u> | <u>2.00</u> | <u>0.20</u> | <u>0.40</u> | <u>0.60</u> | <u>0.80</u> | <u>1.00</u> |
| | 1.00 | 1.20 | 1.40 | 1.60 | 1.80 | | 2.20 | 2.40 | 2.60 | 2.80 | 3.00 |

| | | | | | | | | | | | |
|---------|--------------|--------------|--------------|--------------|--------------|-------------|-------------|-------------|-------------|-------------|-------------|
| CoSp2 | <u>-1.20</u> | <u>-0.96</u> | <u>-0.72</u> | <u>-0.48</u> | <u>-0.24</u> | 2.40 | <u>0.24</u> | <u>0.48</u> | <u>0.72</u> | <u>0.96</u> | <u>1.20</u> |
| | 1.20 | 1.44 | 1.68 | 1.92 | 2.16 | | 2.64 | 2.88 | 3.12 | 3.36 | 3.60 |
| CoSp3 | <u>-1.50</u> | <u>-1.20</u> | <u>-0.90</u> | <u>-0.60</u> | <u>-0.30</u> | 3.00 | <u>0.30</u> | <u>0.60</u> | <u>0.90</u> | <u>1.20</u> | <u>1.50</u> |
| | 1.50 | 1.80 | 2.10 | 2.40 | 2.70 | | 3.30 | 3.60 | 3.90 | 4.20 | 4.50 |
| CoSp4 | <u>-1.80</u> | <u>-1.44</u> | <u>-1.08</u> | <u>-0.72</u> | <u>-0.36</u> | 3.60 | <u>0.36</u> | <u>0.72</u> | <u>1.08</u> | <u>1.44</u> | <u>1.80</u> |
| | 1.80 | 2.16 | 2.52 | 2.88 | 3.24 | | 3.96 | 4.32 | 4.68 | 5.04 | 5.40 |
| CoSpBV | <u>-0.68</u> | <u>-0.54</u> | <u>-0.41</u> | <u>-0.27</u> | <u>-0.14</u> | 1.35 | <u>0.14</u> | <u>0.27</u> | <u>0.41</u> | <u>0.54</u> | <u>0.68</u> |
| | 0.67 | 0.81 | 0.94 | 1.08 | 1.21 | | 1.49 | 1.62 | 1.76 | 1.89 | 2.03 |
| CoSp1V | <u>-0.75</u> | <u>-0.60</u> | <u>-0.45</u> | <u>-0.30</u> | <u>-0.15</u> | 1.50 | <u>0.15</u> | <u>0.30</u> | <u>0.45</u> | <u>0.60</u> | <u>0.75</u> |
| | 0.75 | 0.90 | 1.05 | 1.20 | 1.35 | | 1.65 | 1.80 | 1.95 | 2.10 | 2.25 |
| CoSp2V | <u>-0.90</u> | <u>-0.72</u> | <u>-0.54</u> | <u>-0.36</u> | <u>-0.18</u> | 1.80 | <u>0.18</u> | <u>0.36</u> | <u>0.54</u> | <u>0.72</u> | <u>0.90</u> |
| | 0.90 | 1.08 | 1.26 | 1.44 | 1.62 | | 1.98 | 2.16 | 2.34 | 2.52 | 2.70 |
| CoSp3V | <u>-1.13</u> | <u>-0.90</u> | <u>-0.68</u> | <u>-0.45</u> | <u>-0.23</u> | 2.25 | <u>0.23</u> | <u>0.45</u> | <u>0.68</u> | <u>0.90</u> | <u>1.13</u> |
| | 1.12 | 1.35 | 1.57 | 1.80 | 2.02 | | 2.48 | 2.70 | 2.93 | 3.15 | 3.38 |
| CoSp4V | <u>-1.35</u> | <u>-1.08</u> | <u>-0.81</u> | <u>-0.54</u> | <u>-0.27</u> | 2.70 | <u>0.27</u> | <u>0.54</u> | <u>0.81</u> | <u>1.08</u> | <u>1.35</u> |
| | 1.35 | 1.62 | 1.89 | 2.16 | 2.43 | | 2.97 | 3.24 | 3.51 | 3.78 | 4.05 |
| FCoSpB | <u>-0.90</u> | <u>-0.72</u> | <u>-0.54</u> | <u>-0.36</u> | <u>-0.18</u> | 1.80 | <u>0.18</u> | <u>0.36</u> | <u>0.54</u> | <u>0.72</u> | <u>0.90</u> |
| | 0.90 | 1.08 | 1.26 | 1.44 | 1.62 | | 1.98 | 2.16 | 2.34 | 2.52 | 2.70 |
| FCoSp1 | <u>-1.00</u> | <u>-0.80</u> | <u>-0.60</u> | <u>-0.40</u> | <u>-0.20</u> | 2.00 | <u>0.20</u> | <u>0.40</u> | <u>0.60</u> | <u>0.80</u> | <u>1.00</u> |
| | 1.00 | 1.20 | 1.40 | 1.60 | 1.80 | | 2.20 | 2.40 | 2.60 | 2.80 | 3.00 |
| FCoSp2 | <u>-1.20</u> | <u>-0.96</u> | <u>-0.72</u> | <u>-0.48</u> | <u>-0.24</u> | 2.40 | <u>0.24</u> | <u>0.48</u> | <u>0.72</u> | <u>0.96</u> | <u>1.20</u> |
| | 1.20 | 1.44 | 1.68 | 1.92 | 2.16 | | 2.64 | 2.88 | 3.12 | 3.36 | 3.60 |
| FCoSp3 | <u>-1.50</u> | <u>-1.20</u> | <u>-0.90</u> | <u>-0.60</u> | <u>-0.30</u> | 3.00 | <u>0.30</u> | <u>0.60</u> | <u>0.90</u> | <u>1.20</u> | <u>1.50</u> |
| | 1.50 | 1.80 | 2.10 | 2.40 | 2.70 | | 3.30 | 3.60 | 3.90 | 4.20 | 4.50 |
| FCoSp4 | <u>-1.80</u> | <u>-1.44</u> | <u>-1.08</u> | <u>-0.72</u> | <u>-0.36</u> | 3.60 | <u>0.36</u> | <u>0.72</u> | <u>1.08</u> | <u>1.44</u> | <u>1.80</u> |
| | 1.80 | 2.16 | 2.52 | 2.88 | 3.24 | | 3.96 | 4.32 | 4.68 | 5.04 | 5.40 |
| FCoSpBV | <u>-0.68</u> | <u>-0.54</u> | <u>-0.41</u> | <u>-0.27</u> | <u>-0.14</u> | 1.35 | <u>0.14</u> | <u>0.27</u> | <u>0.41</u> | <u>0.54</u> | <u>0.68</u> |
| | 0.67 | 0.81 | 0.94 | 1.08 | 1.21 | | 1.49 | 1.62 | 1.76 | 1.89 | 2.03 |
| FCoSp1V | <u>-0.75</u> | <u>-0.60</u> | <u>-0.45</u> | <u>-0.30</u> | <u>-0.15</u> | 1.50 | <u>0.15</u> | <u>0.30</u> | <u>0.45</u> | <u>0.60</u> | <u>0.75</u> |
| | 0.75 | 0.90 | 1.05 | 1.20 | 1.35 | | 1.65 | 1.80 | 1.95 | 2.10 | 2.25 |
| FCoSp2V | <u>-0.90</u> | <u>-0.72</u> | <u>-0.54</u> | <u>-0.36</u> | <u>-0.18</u> | 1.80 | <u>0.18</u> | <u>0.36</u> | <u>0.54</u> | <u>0.72</u> | <u>0.90</u> |
| | 0.90 | 1.08 | 1.26 | 1.44 | 1.62 | | 1.98 | 2.16 | 2.34 | 2.52 | 2.70 |
| FCoSp3V | <u>-1.13</u> | <u>-0.90</u> | <u>-0.68</u> | <u>-0.45</u> | <u>-0.23</u> | 2.25 | <u>0.23</u> | <u>0.45</u> | <u>0.68</u> | <u>0.90</u> | <u>1.13</u> |
| | 1.12 | 1.35 | 1.57 | 1.80 | 2.02 | | 2.48 | 2.70 | 2.93 | 3.15 | 3.38 |
| FCoSp4V | <u>-1.35</u> | <u>-1.08</u> | <u>-0.81</u> | <u>-0.54</u> | <u>-0.27</u> | 2.70 | <u>0.27</u> | <u>0.54</u> | <u>0.81</u> | <u>1.08</u> | <u>1.35</u> |
| | 1.35 | 1.62 | 1.89 | 2.16 | 2.43 | | 2.97 | 3.24 | 3.51 | 3.78 | 4.05 |
| | -5.00 | -4.00 | -3.00 | -2.00 | -1.00 | BASE | 1.00 | 2.00 | 3.00 | 4.00 | 5.00 |
| | 0.50 | 0.40 | 0.30 | 0.20 | 0.10 | | 0.10 | 0.20 | 0.30 | 0.40 | 0.50 |

Spin Combination with change of position and change of foot

| | | | | | | | | | | | |
|---------|--------------|--------------|--------------|--------------|--------------|-------------|-------------|-------------|-------------|-------------|-------------|
| CCoSpB | <u>-1.00</u> | <u>-0.80</u> | <u>-0.60</u> | <u>-0.40</u> | <u>-0.20</u> | 2.00 | <u>0.20</u> | <u>0.40</u> | <u>0.60</u> | <u>0.80</u> | <u>1.00</u> |
| | 1.00 | 1.20 | 1.40 | 1.60 | 1.80 | | 2.20 | 2.40 | 2.60 | 2.80 | 3.00 |
| CCoSp1 | <u>-1.20</u> | <u>-0.96</u> | <u>-0.72</u> | <u>-0.48</u> | <u>-0.24</u> | 2.40 | <u>0.24</u> | <u>0.48</u> | <u>0.72</u> | <u>0.96</u> | <u>1.20</u> |
| | 1.20 | 1.44 | 1.68 | 1.92 | 2.16 | | 2.64 | 2.88 | 3.12 | 3.36 | 3.60 |
| CCoSp2 | <u>-1.50</u> | <u>-1.20</u> | <u>-0.90</u> | <u>-0.60</u> | <u>-0.30</u> | 3.00 | <u>0.30</u> | <u>0.60</u> | <u>0.90</u> | <u>1.20</u> | <u>1.50</u> |
| | 1.50 | 1.80 | 2.10 | 2.40 | 2.70 | | 3.30 | 3.60 | 3.90 | 4.20 | 4.50 |
| CCoSp3 | <u>-1.80</u> | <u>-1.44</u> | <u>-1.08</u> | <u>-0.72</u> | <u>-0.36</u> | 3.60 | <u>0.36</u> | <u>0.72</u> | <u>1.08</u> | <u>1.44</u> | <u>1.80</u> |
| | 1.80 | 2.16 | 2.52 | 2.88 | 3.24 | | 3.96 | 4.32 | 4.68 | 5.04 | 5.40 |
| CCoSp4 | <u>-2.10</u> | <u>-1.68</u> | <u>-1.26</u> | <u>-0.84</u> | <u>-0.42</u> | 4.20 | <u>0.42</u> | <u>0.84</u> | <u>1.26</u> | <u>1.68</u> | <u>2.10</u> |
| | 2.10 | 2.52 | 2.94 | 3.36 | 3.78 | | 4.62 | 5.04 | 5.46 | 5.88 | 6.30 |
| CCoSpBV | <u>-0.75</u> | <u>-0.60</u> | <u>-0.45</u> | <u>-0.30</u> | <u>-0.15</u> | 1.50 | <u>0.15</u> | <u>0.30</u> | <u>0.45</u> | <u>0.60</u> | <u>0.75</u> |
| | 0.75 | 0.90 | 1.05 | 1.20 | 1.35 | | 1.65 | 1.80 | 1.95 | 2.10 | 2.25 |
| CCoSp1V | <u>-0.90</u> | <u>-0.72</u> | <u>-0.54</u> | <u>-0.36</u> | <u>-0.18</u> | 1.80 | <u>0.18</u> | <u>0.36</u> | <u>0.54</u> | <u>0.72</u> | <u>0.90</u> |
| | 0.90 | 1.08 | 1.26 | 1.44 | 1.62 | | 1.98 | 2.16 | 2.34 | 2.52 | 2.70 |
| CCoSp2V | <u>-1.13</u> | <u>-0.90</u> | <u>-0.68</u> | <u>-0.45</u> | <u>-0.23</u> | 2.25 | <u>0.23</u> | <u>0.45</u> | <u>0.68</u> | <u>0.90</u> | <u>1.13</u> |
| | 1.12 | 1.35 | 1.57 | 1.80 | 2.02 | | 2.48 | 2.70 | 2.93 | 3.15 | 3.38 |
| CCoSp3V | <u>-1.35</u> | <u>-1.08</u> | <u>-0.81</u> | <u>-0.54</u> | <u>-0.27</u> | 2.70 | <u>0.27</u> | <u>0.54</u> | <u>0.81</u> | <u>1.08</u> | <u>1.35</u> |
| | 1.35 | 1.62 | 1.89 | 2.16 | 2.43 | | 2.97 | 3.24 | 3.51 | 3.78 | 4.05 |
| CCoSp4V | <u>-1.58</u> | <u>-1.26</u> | <u>-0.95</u> | <u>-0.63</u> | <u>-0.32</u> | 3.15 | <u>0.32</u> | <u>0.63</u> | <u>0.95</u> | <u>1.26</u> | <u>1.58</u> |
| | 1.57 | 1.89 | 2.20 | 2.52 | 2.83 | | 3.47 | 3.78 | 4.10 | 4.41 | 4.73 |
| FCCoSpB | <u>-1.00</u> | <u>-0.80</u> | <u>-0.60</u> | <u>-0.40</u> | <u>-0.20</u> | 2.00 | <u>0.20</u> | <u>0.40</u> | <u>0.60</u> | <u>0.80</u> | <u>1.00</u> |
| | 1.00 | 1.20 | 1.40 | 1.60 | 1.80 | | 2.20 | 2.40 | 2.60 | 2.80 | 3.00 |
| FCCoSp1 | <u>-1.20</u> | <u>-0.96</u> | <u>-0.72</u> | <u>-0.48</u> | <u>-0.24</u> | 2.40 | <u>0.24</u> | <u>0.48</u> | <u>0.72</u> | <u>0.96</u> | <u>1.20</u> |
| | 1.20 | 1.44 | 1.68 | 1.92 | 2.16 | | 2.64 | 2.88 | 3.12 | 3.36 | 3.60 |
| FCCoSp2 | <u>-1.50</u> | <u>-1.20</u> | <u>-0.90</u> | <u>-0.60</u> | <u>-0.30</u> | 3.00 | <u>0.30</u> | <u>0.60</u> | <u>0.90</u> | <u>1.20</u> | <u>1.50</u> |
| | 1.50 | 1.80 | 2.10 | 2.40 | 2.70 | | 3.30 | 3.60 | 3.90 | 4.20 | 4.50 |
| FCCoSp3 | <u>-1.80</u> | <u>-1.44</u> | <u>-1.08</u> | <u>-0.72</u> | <u>-0.36</u> | 3.60 | <u>0.36</u> | <u>0.72</u> | <u>1.08</u> | <u>1.44</u> | <u>1.80</u> |
| | 1.80 | 2.16 | 2.52 | 2.88 | 3.24 | | 3.96 | 4.32 | 4.68 | 5.04 | 5.40 |
| FCCoSp4 | <u>-2.10</u> | <u>-1.68</u> | <u>-1.26</u> | <u>-0.84</u> | <u>-0.42</u> | 4.20 | <u>0.42</u> | <u>0.84</u> | <u>1.26</u> | <u>1.68</u> | <u>2.10</u> |
| | 2.10 | 2.52 | 2.94 | 3.36 | 3.78 | | 4.62 | 5.04 | 5.46 | 5.88 | 6.30 |

| | | | | | | | | | | | |
|-----------------|--------------|--------------|--------------|--------------|--------------|-------------|-------------|-------------|-------------|-------------|-------------|
| FCCoSpB | <u>-0.75</u> | <u>-0.60</u> | <u>-0.45</u> | <u>-0.30</u> | <u>-0.15</u> | 1.50 | <u>0.15</u> | <u>0.30</u> | <u>0.45</u> | <u>0.60</u> | <u>0.75</u> |
| | 0.75 | 0.90 | 1.05 | 1.20 | 1.35 | | 1.65 | 1.80 | 1.95 | 2.10 | 2.25 |
| FCCoSp1V | <u>-0.90</u> | <u>-0.72</u> | <u>-0.54</u> | <u>-0.36</u> | <u>-0.18</u> | 1.80 | <u>0.18</u> | <u>0.36</u> | <u>0.54</u> | <u>0.72</u> | <u>0.90</u> |
| | 0.90 | 1.08 | 1.26 | 1.44 | 1.62 | | 1.98 | 2.16 | 2.34 | 2.52 | 2.70 |
| FCCoSp2V | <u>-1.13</u> | <u>-0.90</u> | <u>-0.68</u> | <u>-0.45</u> | <u>-0.23</u> | 2.25 | <u>0.23</u> | <u>0.45</u> | <u>0.68</u> | <u>0.90</u> | <u>1.13</u> |
| | 1.12 | 1.35 | 1.57 | 1.80 | 2.02 | | 2.48 | 2.70 | 2.93 | 3.15 | 3.38 |
| FCCoSp3V | <u>-1.35</u> | <u>-1.08</u> | <u>-0.81</u> | <u>-0.54</u> | <u>-0.27</u> | 2.70 | <u>0.27</u> | <u>0.54</u> | <u>0.81</u> | <u>1.08</u> | <u>1.35</u> |
| | 1.35 | 1.62 | 1.89 | 2.16 | 2.43 | | 2.97 | 3.24 | 3.51 | 3.78 | 4.05 |
| FCCoSp4V | <u>-1.58</u> | <u>-1.26</u> | <u>-0.95</u> | <u>-0.63</u> | <u>-0.32</u> | 3.15 | <u>0.32</u> | <u>0.63</u> | <u>0.95</u> | <u>1.26</u> | <u>1.58</u> |
| | 1.57 | 1.89 | 2.20 | 2.52 | 2.83 | | 3.47 | 3.78 | 4.10 | 4.41 | 4.73 |

Step Sequence

| | | | | | | | | | | | |
|--------------|--------------|--------------|--------------|--------------|--------------|-------------|-------------|-------------|-------------|-------------|-------------|
| StSqB | <u>-0.80</u> | <u>-0.64</u> | <u>-0.48</u> | <u>-0.32</u> | <u>-0.16</u> | 1.60 | <u>0.16</u> | <u>0.32</u> | <u>0.48</u> | <u>0.64</u> | <u>0.80</u> |
| | 0.80 | 0.96 | 1.12 | 1.28 | 1.44 | | 1.76 | 1.92 | 2.08 | 2.24 | 2.40 |
| StSq1 | <u>-0.95</u> | <u>-0.76</u> | <u>-0.57</u> | <u>-0.38</u> | <u>-0.19</u> | 1.90 | <u>0.19</u> | <u>0.38</u> | <u>0.57</u> | <u>0.76</u> | <u>0.95</u> |
| | 0.95 | 1.14 | 1.33 | 1.52 | 1.71 | | 2.09 | 2.28 | 2.47 | 2.66 | 2.85 |
| StSq2 | <u>-1.35</u> | <u>-1.08</u> | <u>-0.81</u> | <u>-0.54</u> | <u>-0.27</u> | 2.70 | <u>0.27</u> | <u>0.54</u> | <u>0.81</u> | <u>1.08</u> | <u>1.35</u> |
| | 1.35 | 1.62 | 1.89 | 2.16 | 2.43 | | 2.97 | 3.24 | 3.51 | 3.78 | 4.05 |
| StSq3 | <u>-1.75</u> | <u>-1.40</u> | <u>-1.05</u> | <u>-0.70</u> | <u>-0.35</u> | 3.50 | <u>0.35</u> | <u>0.70</u> | <u>1.05</u> | <u>1.40</u> | <u>1.75</u> |
| | 1.75 | 2.10 | 2.45 | 2.80 | 3.15 | | 3.85 | 4.20 | 4.55 | 4.90 | 5.25 |
| StSq4 | <u>-2.05</u> | <u>-1.64</u> | <u>-1.23</u> | <u>-0.82</u> | <u>-0.41</u> | 4.10 | <u>0.41</u> | <u>0.82</u> | <u>1.23</u> | <u>1.64</u> | <u>2.05</u> |
| | 2.05 | 2.46 | 2.87 | 3.28 | 3.69 | | 4.51 | 4.92 | 5.33 | 5.74 | 6.15 |

Pair Skating

Lifts

Group 1

| | | | | | | | | | | | |
|-------------|-------|-------|-------|-------|-------|-------------|------|------|------|------|------|
| 1LiB | -0.70 | -0.56 | -0.42 | -0.28 | -0.14 | 1.40 | 0.14 | 0.28 | 0.42 | 0.56 | 0.70 |
| | 0.70 | 0.84 | 0.98 | 1.12 | 1.26 | | 1.54 | 1.68 | 1.82 | 1.96 | 2.10 |
| 1Li1 | -0.75 | -0.60 | -0.45 | -0.30 | -0.15 | 1.50 | 0.15 | 0.30 | 0.45 | 0.60 | 0.75 |
| | 0.75 | 0.90 | 1.05 | 1.20 | 1.35 | | 1.65 | 1.80 | 1.95 | 2.10 | 2.25 |
| 1Li2 | -0.85 | -0.68 | -0.51 | -0.34 | -0.17 | 1.70 | 0.17 | 0.34 | 0.51 | 0.68 | 0.85 |
| | 0.85 | 1.02 | 1.19 | 1.36 | 1.53 | | 1.87 | 2.04 | 2.21 | 2.38 | 2.55 |
| 1Li3 | -0.95 | -0.76 | -0.57 | -0.38 | -0.19 | 1.90 | 0.19 | 0.38 | 0.57 | 0.76 | 0.95 |
| | 0.95 | 1.14 | 1.33 | 1.52 | 1.71 | | 2.09 | 2.28 | 2.47 | 2.66 | 2.85 |
| 1Li4 | -1.05 | -0.84 | -0.63 | -0.42 | -0.21 | 2.10 | 0.21 | 0.42 | 0.63 | 0.84 | 1.05 |
| | 1.05 | 1.26 | 1.47 | 1.68 | 1.89 | | 2.31 | 2.52 | 2.73 | 2.94 | 3.15 |

Group 2

| | | | | | | | | | | | |
|-------------|-------|-------|-------|-------|-------|-------------|------|------|------|------|------|
| 2LiB | -0.75 | -0.60 | -0.45 | -0.30 | -0.15 | 1.50 | 0.15 | 0.30 | 0.45 | 0.60 | 0.75 |
| | 0.75 | 0.90 | 1.05 | 1.20 | 1.35 | | 1.65 | 1.80 | 1.95 | 2.10 | 2.25 |
| 2Li1 | -0.95 | -0.76 | -0.57 | -0.38 | -0.19 | 1.90 | 0.19 | 0.38 | 0.57 | 0.76 | 0.95 |
| | 0.95 | 1.14 | 1.33 | 1.52 | 1.71 | | 2.09 | 2.28 | 2.47 | 2.66 | 2.85 |
| 2Li2 | -1.15 | -0.92 | -0.69 | -0.46 | -0.23 | 2.30 | 0.23 | 0.46 | 0.69 | 0.92 | 1.15 |
| | 1.15 | 1.38 | 1.61 | 1.84 | 2.07 | | 2.53 | 2.76 | 2.99 | 3.22 | 3.45 |
| 2Li3 | -1.35 | -1.08 | -0.81 | -0.54 | -0.27 | 2.70 | 0.27 | 0.54 | 0.81 | 1.08 | 1.35 |
| | 1.35 | 1.62 | 1.89 | 2.16 | 2.43 | | 2.97 | 3.24 | 3.51 | 3.78 | 4.05 |
| 2Li4 | -1.55 | -1.24 | -0.93 | -0.62 | -0.31 | 3.10 | 0.31 | 0.62 | 0.93 | 1.24 | 1.55 |
| | 1.55 | 1.86 | 2.17 | 2.48 | 2.79 | | 3.41 | 3.72 | 4.03 | 4.34 | 4.65 |

Group 3

| | | | | | | | | | | | |
|-------------|-------|-------|-------|-------|-------|-------------|------|------|------|------|------|
| 3LiB | -1.75 | -1.40 | -1.05 | -0.70 | -0.35 | 3.50 | 0.35 | 0.70 | 1.05 | 1.40 | 1.75 |
| | 1.75 | 2.10 | 2.45 | 2.80 | 3.15 | | 3.85 | 4.20 | 4.55 | 4.90 | 5.25 |
| 3Li1 | -1.95 | -1.56 | -1.17 | -0.78 | -0.39 | 3.90 | 0.39 | 0.78 | 1.17 | 1.56 | 1.95 |
| | 1.95 | 2.34 | 2.73 | 3.12 | 3.51 | | 4.29 | 4.68 | 5.07 | 5.46 | 5.85 |
| 3Li2 | -2.15 | -1.72 | -1.29 | -0.86 | -0.43 | 4.30 | 0.43 | 0.86 | 1.29 | 1.72 | 2.15 |
| | 2.15 | 2.58 | 3.01 | 3.44 | 3.87 | | 4.73 | 5.16 | 5.59 | 6.02 | 6.45 |
| 3Li3 | -2.35 | -1.88 | -1.41 | -0.94 | -0.47 | 4.70 | 0.47 | 0.94 | 1.41 | 1.88 | 2.35 |
| | 2.35 | 2.82 | 3.29 | 3.76 | 4.23 | | 5.17 | 5.64 | 6.11 | 6.58 | 7.05 |
| 3Li4 | -2.55 | -2.04 | -1.53 | -1.02 | -0.51 | 5.10 | 0.51 | 1.02 | 1.53 | 2.04 | 2.55 |
| | 2.55 | 3.06 | 3.57 | 4.08 | 4.59 | | 5.61 | 6.12 | 6.63 | 7.14 | 7.65 |

Group 4

| | | | | | | | | | | | |
|-------------|-------|-------|-------|-------|-------|-------------|------|------|------|------|------|
| 4LiB | -1.75 | -1.40 | -1.05 | -0.70 | -0.35 | 3.50 | 0.35 | 0.70 | 1.05 | 1.40 | 1.75 |
| | 1.75 | 2.10 | 2.45 | 2.80 | 3.15 | | 3.85 | 4.20 | 4.55 | 4.90 | 5.25 |
| 4Li1 | -1.95 | -1.56 | -1.17 | -0.78 | -0.39 | 3.90 | 0.39 | 0.78 | 1.17 | 1.56 | 1.95 |
| | 1.95 | 2.34 | 2.73 | 3.12 | 3.51 | | 4.29 | 4.68 | 5.07 | 5.46 | 5.85 |
| 4Li2 | -2.15 | -1.72 | -1.29 | -0.86 | -0.43 | 4.30 | 0.43 | 0.86 | 1.29 | 1.72 | 2.15 |
| | 2.15 | 2.58 | 3.01 | 3.44 | 3.87 | | 4.73 | 5.16 | 5.59 | 6.02 | 6.45 |
| 4Li3 | -2.35 | -1.88 | -1.41 | -0.94 | -0.47 | 4.70 | 0.47 | 0.94 | 1.41 | 1.88 | 2.35 |
| | 2.35 | 2.82 | 3.29 | 3.76 | 4.23 | | 5.17 | 5.64 | 6.11 | 6.58 | 7.05 |

| | | | | | | | | | | | |
|------|------------|------------|------------|------------|------------|-------------|------------|------------|------------|------------|------------|
| 4Li4 | -2.55 | -2.04 | -1.53 | -1.02 | -0.51 | 5.10 | 0.51 | 1.02 | 1.53 | 2.04 | 2.55 |
| | 2.55 | 3.06 | 3.57 | 4.08 | 4.59 | | 5.61 | 6.12 | 6.63 | 7.14 | 7.65 |
| | -5 | -4 | -3 | -2 | -1 | BASE | 1 | 2 | 3 | 4 | 5 |
| | 50% | 40% | 30% | 20% | 10% | | 10% | 20% | 30% | 40% | 50% |

Group 5S

| | | | | | | | | | | | |
|-------|-------|-------|-------|-------|-------|-------------|------|------|------|------|------|
| 5SLiB | -2.30 | -1.84 | -1.38 | -0.92 | -0.46 | 4.60 | 0.46 | 0.92 | 1.38 | 1.84 | 2.30 |
| | 2.30 | 2.76 | 3.22 | 3.68 | 4.14 | | 5.06 | 5.52 | 5.98 | 6.44 | 6.90 |
| 5SLi1 | -2.50 | -2.00 | -1.50 | -1.00 | -0.50 | 5.00 | 0.50 | 1.00 | 1.50 | 2.00 | 2.50 |
| | 2.50 | 3.00 | 3.50 | 4.00 | 4.50 | | 5.50 | 6.00 | 6.50 | 7.00 | 7.50 |
| 5SLi2 | -2.70 | -2.16 | -1.62 | -1.08 | -0.54 | 5.40 | 0.54 | 1.08 | 1.62 | 2.16 | 2.70 |
| | 2.70 | 3.24 | 3.78 | 4.32 | 4.86 | | 5.94 | 6.48 | 7.02 | 7.56 | 8.10 |
| 5SLi3 | -2.90 | -2.32 | -1.74 | -1.16 | -0.58 | 5.80 | 0.58 | 1.16 | 1.74 | 2.32 | 2.90 |
| | 2.90 | 3.48 | 4.06 | 4.64 | 5.22 | | 6.38 | 6.96 | 7.54 | 8.12 | 8.70 |
| 5SLi4 | -3.10 | -2.48 | -1.86 | -1.24 | -0.62 | 6.20 | 0.62 | 1.24 | 1.86 | 2.48 | 3.10 |
| | 3.10 | 3.72 | 4.34 | 4.96 | 5.58 | | 6.82 | 7.44 | 8.06 | 8.68 | 9.30 |

Group 5T

| | | | | | | | | | | | |
|-------|-------|-------|-------|-------|-------|-------------|------|------|------|------|------|
| 5TLiB | -2.30 | -1.84 | -1.38 | -0.92 | -0.46 | 4.60 | 0.46 | 0.92 | 1.38 | 1.84 | 2.30 |
| | 2.30 | 2.76 | 3.22 | 3.68 | 4.14 | | 5.06 | 5.52 | 5.98 | 6.44 | 6.90 |
| 5TLi1 | -2.50 | -2.00 | -1.50 | -1.00 | -0.50 | 5.00 | 0.50 | 1.00 | 1.50 | 2.00 | 2.50 |
| | 2.50 | 3.00 | 3.50 | 4.00 | 4.50 | | 5.50 | 6.00 | 6.50 | 7.00 | 7.50 |
| 5TLi2 | -2.70 | -2.16 | -1.62 | -1.08 | -0.54 | 5.40 | 0.54 | 1.08 | 1.62 | 2.16 | 2.70 |
| | 2.70 | 3.24 | 3.78 | 4.32 | 4.86 | | 5.94 | 6.48 | 7.02 | 7.56 | 8.10 |
| 5TLi3 | -2.90 | -2.32 | -1.74 | -1.16 | -0.58 | 5.80 | 0.58 | 1.16 | 1.74 | 2.32 | 2.90 |
| | 2.90 | 3.48 | 4.06 | 4.64 | 5.22 | | 6.38 | 6.96 | 7.54 | 8.12 | 8.70 |
| 5TLi4 | -3.10 | -2.48 | -1.86 | -1.24 | -0.62 | 6.20 | 0.62 | 1.24 | 1.86 | 2.48 | 3.10 |
| | 3.10 | 3.72 | 4.34 | 4.96 | 5.58 | | 6.82 | 7.44 | 8.06 | 8.68 | 9.30 |

Group 5B

| | | | | | | | | | | | |
|-------|--------------|--------------|--------------|--------------|--------------|-------------|-------------|-------------|-------------|-------------|-------------|
| 5BLiB | <u>-2.70</u> | <u>-2.16</u> | <u>-1.62</u> | <u>-1.08</u> | <u>-0.54</u> | 5.40 | <u>0.54</u> | <u>1.08</u> | <u>1.62</u> | <u>2.16</u> | <u>2.70</u> |
| | 2.70 | 3.24 | 3.78 | 4.32 | 4.86 | | 5.94 | 6.48 | 7.02 | 7.56 | 8.10 |
| 5BLi1 | <u>-2.90</u> | <u>-2.32</u> | <u>-1.74</u> | <u>-1.16</u> | <u>-0.58</u> | 5.80 | <u>0.58</u> | <u>1.16</u> | <u>1.74</u> | <u>2.32</u> | <u>2.90</u> |
| | 2.90 | 3.48 | 4.06 | 4.64 | 5.22 | | 6.38 | 6.96 | 7.54 | 8.12 | 8.70 |
| 5BLi2 | <u>-3.10</u> | <u>-2.48</u> | <u>-1.86</u> | <u>-1.24</u> | <u>-0.62</u> | 6.20 | <u>0.62</u> | <u>1.24</u> | <u>1.86</u> | <u>2.48</u> | <u>3.10</u> |
| | 3.10 | 3.72 | 4.34 | 4.96 | 5.58 | | 6.82 | 7.44 | 8.06 | 8.68 | 9.30 |
| 5BLi3 | <u>-3.30</u> | <u>-2.64</u> | <u>-1.98</u> | <u>-1.32</u> | <u>-0.66</u> | 6.60 | <u>0.66</u> | <u>1.32</u> | <u>1.98</u> | <u>2.64</u> | <u>3.30</u> |
| | 3.30 | 3.96 | 4.62 | 5.28 | 5.94 | | 7.26 | 7.92 | 8.58 | 9.24 | 9.90 |
| 5BLi4 | <u>-3.50</u> | <u>-2.80</u> | <u>-2.10</u> | <u>-1.40</u> | <u>-0.70</u> | 7.00 | <u>0.70</u> | <u>1.40</u> | <u>2.10</u> | <u>2.80</u> | <u>3.50</u> |
| | 3.50 | 4.20 | 4.90 | 5.60 | 6.30 | | 7.70 | 8.40 | 9.10 | 9.80 | 10.50 |

Group 5A

| | | | | | | | | | | | |
|-------|-------|-------|-------|-------|-------|-------------|------|------|------|------|-------|
| 5ALiB | -2.70 | -2.16 | -1.62 | -1.08 | -0.54 | 5.40 | 0.54 | 1.08 | 1.62 | 2.16 | 2.70 |
| | 2.70 | 3.24 | 3.78 | 4.32 | 4.86 | | 5.94 | 6.48 | 7.02 | 7.56 | 8.10 |
| 5ALi1 | -2.90 | -2.32 | -1.74 | -1.16 | -0.58 | 5.80 | 0.58 | 1.16 | 1.74 | 2.32 | 2.90 |
| | 2.90 | 3.48 | 4.06 | 4.64 | 5.22 | | 6.38 | 6.96 | 7.54 | 8.12 | 8.70 |
| 5ALi2 | -3.10 | -2.48 | -1.86 | -1.24 | -0.62 | 6.20 | 0.62 | 1.24 | 1.86 | 2.48 | 3.10 |
| | 3.10 | 3.72 | 4.34 | 4.96 | 5.58 | | 6.82 | 7.44 | 8.06 | 8.68 | 9.30 |
| 5ALi3 | -3.30 | -2.64 | -1.98 | -1.32 | -0.66 | 6.60 | 0.66 | 1.32 | 1.98 | 2.64 | 3.30 |
| | 3.30 | 3.96 | 4.62 | 5.28 | 5.94 | | 7.26 | 7.92 | 8.58 | 9.24 | 9.90 |
| 5ALi4 | -3.50 | -2.80 | -2.10 | -1.40 | -0.70 | 7.00 | 0.70 | 1.40 | 2.10 | 2.80 | 3.50 |
| | 3.50 | 4.20 | 4.90 | 5.60 | 6.30 | | 7.70 | 8.40 | 9.10 | 9.80 | 10.50 |

Group 5R

| | | | | | | | | | | | |
|-------|-------|-------|-------|-------|-------|-------------|------|------|------|------|-------|
| 5RLiB | -2.70 | -2.16 | -1.62 | -1.08 | -0.54 | 5.40 | 0.54 | 1.08 | 1.62 | 2.16 | 2.70 |
| | 2.70 | 3.24 | 3.78 | 4.32 | 4.86 | | 5.94 | 6.48 | 7.02 | 7.56 | 8.10 |
| 5RLi1 | -2.90 | -2.32 | -1.74 | -1.16 | -0.58 | 5.80 | 0.58 | 1.16 | 1.74 | 2.32 | 2.90 |
| | 2.90 | 3.48 | 4.06 | 4.64 | 5.22 | | 6.38 | 6.96 | 7.54 | 8.12 | 8.70 |
| 5RLi2 | -3.10 | -2.48 | -1.86 | -1.24 | -0.62 | 6.20 | 0.62 | 1.24 | 1.86 | 2.48 | 3.10 |
| | 3.10 | 3.72 | 4.34 | 4.96 | 5.58 | | 6.82 | 7.44 | 8.06 | 8.68 | 9.30 |
| 5RLi3 | -3.30 | -2.64 | -1.98 | -1.32 | -0.66 | 6.60 | 0.66 | 1.32 | 1.98 | 2.64 | 3.30 |
| | 3.30 | 3.96 | 4.62 | 5.28 | 5.94 | | 7.26 | 7.92 | 8.58 | 9.24 | 9.90 |
| 5RLi4 | -3.50 | -2.80 | -2.10 | -1.40 | -0.70 | 7.00 | 0.70 | 1.40 | 2.10 | 2.80 | 3.50 |
| | 3.50 | 4.20 | 4.90 | 5.60 | 6.30 | | 7.70 | 8.40 | 9.10 | 9.80 | 10.50 |

Twist Lifts

| | | | | | | | | | | | |
|------|-------|-------|-------|-------|-------|-------------|------|------|------|------|------|
| 1TwB | -0.45 | -0.36 | -0.27 | -0.18 | -0.09 | 0.90 | 0.09 | 0.18 | 0.27 | 0.36 | 0.45 |
| | 0.45 | 0.54 | 0.63 | 0.72 | 0.81 | | 0.99 | 1.08 | 1.17 | 1.26 | 1.35 |
| 1Tw1 | -0.55 | -0.44 | -0.33 | -0.22 | -0.11 | 1.10 | 0.11 | 0.22 | 0.33 | 0.44 | 0.55 |
| | 0.55 | 0.66 | 0.77 | 0.88 | 0.99 | | 1.21 | 1.32 | 1.43 | 1.54 | 1.65 |
| 1Tw2 | -0.65 | -0.52 | -0.39 | -0.26 | -0.13 | 1.30 | 0.13 | 0.26 | 0.39 | 0.52 | 0.65 |
| | 0.65 | 0.78 | 0.91 | 1.04 | 1.17 | | 1.43 | 1.56 | 1.69 | 1.82 | 1.95 |

| | | | | | | | | | | | |
|--------|--------------|--------------|--------------|--------------|--------------|-------------|-------------|-------------|-------------|-------------|-------------|
| 1Tw3 | -0.75 | -0.60 | -0.45 | -0.30 | -0.15 | 1.50 | 0.15 | 0.30 | 0.45 | 0.60 | 0.75 |
| | 0.75 | 0.90 | 1.05 | 1.20 | 1.35 | | 1.65 | 1.80 | 1.95 | 2.10 | 2.25 |
| 1Tw4 | -0.85 | -0.68 | -0.51 | -0.34 | -0.17 | 1.70 | 0.17 | 0.34 | 0.51 | 0.68 | 0.85 |
| | 0.85 | 1.02 | 1.19 | 1.36 | 1.53 | | 1.87 | 2.04 | 2.21 | 2.38 | 2.55 |
| 1TwB<< | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| 1Tw1<< | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| 1Tw2<< | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| 1Tw3<< | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| 1Tw4<< | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| 2TwB | -1.30 | -1.04 | -0.78 | -0.52 | -0.26 | 2.60 | 0.26 | 0.52 | 0.78 | 1.04 | 1.30 |
| | 1.30 | 1.56 | 1.82 | 2.08 | 2.34 | | 2.86 | 3.12 | 3.38 | 3.64 | 3.90 |
| 2Tw1 | -1.40 | -1.12 | -0.84 | -0.56 | -0.28 | 2.80 | 0.28 | 0.56 | 0.84 | 1.12 | 1.40 |
| | 1.40 | 1.68 | 1.96 | 2.24 | 2.52 | | 3.08 | 3.36 | 3.64 | 3.92 | 4.20 |
| 2Tw2 | -1.50 | -1.20 | -0.90 | -0.60 | -0.30 | 3.00 | 0.30 | 0.60 | 0.90 | 1.20 | 1.50 |
| | 1.50 | 1.80 | 2.10 | 2.40 | 2.70 | | 3.30 | 3.60 | 3.90 | 4.20 | 4.50 |
| 2Tw3 | -1.60 | -1.28 | -0.96 | -0.64 | -0.32 | 3.20 | 0.32 | 0.64 | 0.96 | 1.28 | 1.60 |
| | 1.60 | 1.92 | 2.24 | 2.56 | 2.88 | | 3.52 | 3.84 | 4.16 | 4.48 | 4.80 |
| 2Tw4 | -1.70 | -1.36 | -1.02 | -0.68 | -0.34 | 3.40 | 0.34 | 0.68 | 1.02 | 1.36 | 1.70 |
| | 1.70 | 2.04 | 2.38 | 2.72 | 3.06 | | 3.74 | 4.08 | 4.42 | 4.76 | 5.10 |
| 2TwB<< | -0.45 | -0.36 | -0.27 | -0.18 | -0.09 | 0.90 | 0.09 | 0.18 | 0.27 | 0.36 | 0.45 |
| | 0.45 | 0.54 | 0.63 | 0.72 | 0.81 | | 0.99 | 1.08 | 1.17 | 1.26 | 1.35 |
| 2Tw1<< | -0.55 | -0.44 | -0.33 | -0.22 | -0.11 | 1.10 | 0.11 | 0.22 | 0.33 | 0.44 | 0.55 |
| | 0.55 | 0.66 | 0.77 | 0.88 | 0.99 | | 1.21 | 1.32 | 1.43 | 1.54 | 1.65 |
| 2Tw2<< | -0.65 | -0.52 | -0.39 | -0.26 | -0.13 | 1.30 | 0.13 | 0.26 | 0.39 | 0.52 | 0.65 |
| | 0.65 | 0.78 | 0.91 | 1.04 | 1.17 | | 1.43 | 1.56 | 1.69 | 1.82 | 1.95 |
| 2Tw3<< | -0.75 | -0.60 | -0.45 | -0.30 | -0.15 | 1.50 | 0.15 | 0.30 | 0.45 | 0.60 | 0.75 |
| | 0.75 | 0.90 | 1.05 | 1.20 | 1.35 | | 1.65 | 1.80 | 1.95 | 2.10 | 2.25 |
| 2Tw4<< | -0.85 | -0.68 | -0.51 | -0.34 | -0.17 | 1.70 | 0.17 | 0.34 | 0.51 | 0.68 | 0.85 |
| | 0.85 | 1.02 | 1.19 | 1.36 | 1.53 | | 1.87 | 2.04 | 2.21 | 2.38 | 2.55 |
| | -5.00 | -4.00 | -3.00 | -2.00 | -1.00 | BASE | 1.00 | 2.00 | 3.00 | 4.00 | 5.00 |
| | 0.50 | 0.40 | 0.30 | 0.20 | 0.10 | | 0.10 | 0.20 | 0.30 | 0.40 | 0.50 |
| 3TwB | -2.40 | -1.92 | -1.44 | -0.96 | -0.48 | 4.80 | 0.48 | 0.96 | 1.44 | 1.92 | 2.40 |
| | 2.40 | 2.88 | 3.36 | 3.84 | 4.32 | | 5.28 | 5.76 | 6.24 | 6.72 | 7.20 |
| 3Tw1 | -2.55 | -2.04 | -1.53 | -1.02 | -0.51 | 5.10 | 0.51 | 1.02 | 1.53 | 2.04 | 2.55 |
| | 2.55 | 3.06 | 3.57 | 4.08 | 4.59 | | 5.61 | 6.12 | 6.63 | 7.14 | 7.65 |
| 3Tw2 | -2.70 | -2.16 | -1.62 | -1.08 | -0.54 | 5.40 | 0.54 | 1.08 | 1.62 | 2.16 | 2.70 |
| | 2.70 | 3.24 | 3.78 | 4.32 | 4.86 | | 5.94 | 6.48 | 7.02 | 7.56 | 8.10 |
| 3Tw3 | -2.85 | -2.28 | -1.71 | -1.14 | -0.57 | 5.70 | 0.57 | 1.14 | 1.71 | 2.28 | 2.85 |
| | 2.85 | 3.42 | 3.99 | 4.56 | 5.13 | | 6.27 | 6.84 | 7.41 | 7.98 | 8.55 |
| 3Tw4 | -3.00 | -2.40 | -1.80 | -1.20 | -0.60 | 6.00 | 0.60 | 1.20 | 1.80 | 2.40 | 3.00 |
| | 3.00 | 3.60 | 4.20 | 4.80 | 5.40 | | 6.60 | 7.20 | 7.80 | 8.40 | 9.00 |
| 3TwB<< | -1.30 | -1.04 | -0.78 | -0.52 | -0.26 | 2.60 | 0.26 | 0.52 | 0.78 | 1.04 | 1.30 |
| | 1.30 | 1.56 | 1.82 | 2.08 | 2.34 | | 2.86 | 3.12 | 3.38 | 3.64 | 3.90 |
| 3Tw1<< | -1.40 | -1.12 | -0.84 | -0.56 | -0.28 | 2.80 | 0.28 | 0.56 | 0.84 | 1.12 | 1.40 |
| | 1.40 | 1.68 | 1.96 | 2.24 | 2.52 | | 3.08 | 3.36 | 3.64 | 3.92 | 4.20 |
| 3Tw2<< | -1.50 | -1.20 | -0.90 | -0.60 | -0.30 | 3.00 | 0.30 | 0.60 | 0.90 | 1.20 | 1.50 |
| | 1.50 | 1.80 | 2.10 | 2.40 | 2.70 | | 3.30 | 3.60 | 3.90 | 4.20 | 4.50 |
| 3Tw3<< | -1.60 | -1.28 | -0.96 | -0.64 | -0.32 | 3.20 | 0.32 | 0.64 | 0.96 | 1.28 | 1.60 |
| | 1.60 | 1.92 | 2.24 | 2.56 | 2.88 | | 3.52 | 3.84 | 4.16 | 4.48 | 4.80 |
| 3Tw4<< | -1.70 | -1.36 | -1.02 | -0.68 | -0.34 | 3.40 | 0.34 | 0.68 | 1.02 | 1.36 | 1.70 |
| | 1.70 | 2.04 | 2.38 | 2.72 | 3.06 | | 3.74 | 4.08 | 4.42 | 4.76 | 5.10 |

| | | | | | | | | | | | |
|--------|-------|-------|-------|-------|-------|-------------|------|------|-------|-------|-------|
| 4TwB | -3.20 | -2.56 | -1.92 | -1.28 | -0.64 | 6.40 | 0.64 | 1.28 | 1.92 | 2.56 | 3.20 |
| | 3.20 | 3.84 | 4.48 | 5.12 | 5.76 | | 7.04 | 7.68 | 8.32 | 8.96 | 9.60 |
| 4Tw1 | -3.40 | -2.72 | -2.04 | -1.36 | -0.68 | 6.80 | 0.68 | 1.36 | 2.04 | 2.72 | 3.40 |
| | 3.40 | 4.08 | 4.76 | 5.44 | 6.12 | | 7.48 | 8.16 | 8.84 | 9.52 | 10.20 |
| 4Tw2 | -3.60 | -2.88 | -2.16 | -1.44 | -0.72 | 7.20 | 0.72 | 1.44 | 2.16 | 2.88 | 3.60 |
| | 3.60 | 4.32 | 5.04 | 5.76 | 6.48 | | 7.92 | 8.64 | 9.36 | 10.08 | 10.80 |
| 4Tw3 | -3.80 | -3.04 | -2.28 | -1.52 | -0.76 | 7.60 | 0.76 | 1.52 | 2.28 | 3.04 | 3.80 |
| | 3.80 | 4.56 | 5.32 | 6.08 | 6.84 | | 8.36 | 9.12 | 9.88 | 10.64 | 11.40 |
| 4Tw4 | -4.00 | -3.20 | -2.40 | -1.60 | -0.80 | 8.00 | 0.80 | 1.60 | 2.40 | 3.20 | 4.00 |
| | 4.00 | 4.80 | 5.60 | 6.40 | 7.20 | | 8.80 | 9.60 | 10.40 | 11.20 | 12.00 |
| 4TwB<< | -2.40 | -1.92 | -1.44 | -0.96 | -0.48 | 4.80 | 0.48 | 0.96 | 1.44 | 1.92 | 2.40 |
| | 2.40 | 2.88 | 3.36 | 3.84 | 4.32 | | 5.28 | 5.76 | 6.24 | 6.72 | 7.20 |

| | | | | | | | | | | | |
|--------|-------|-------|-------|-------|-------|-------------|------|------|------|------|------|
| 4Tw1<< | -2.55 | -2.04 | -1.53 | -1.02 | -0.51 | 5.10 | 0.51 | 1.02 | 1.53 | 2.04 | 2.55 |
| | 2.55 | 3.06 | 3.57 | 4.08 | 4.59 | | 5.61 | 6.12 | 6.63 | 7.14 | 7.65 |
| 4Tw2<< | -2.70 | -2.16 | -1.62 | -1.08 | -0.54 | 5.40 | 0.54 | 1.08 | 1.62 | 2.16 | 2.70 |
| | 2.70 | 3.24 | 3.78 | 4.32 | 4.86 | | 5.94 | 6.48 | 7.02 | 7.56 | 8.10 |
| 4Tw3<< | -2.85 | -2.28 | -1.71 | -1.14 | -0.57 | 5.70 | 0.57 | 1.14 | 1.71 | 2.28 | 2.85 |
| | 2.85 | 3.42 | 3.99 | 4.56 | 5.13 | | 6.27 | 6.84 | 7.41 | 7.98 | 8.55 |
| 4Tw4<< | -3.00 | -2.40 | -1.80 | -1.20 | -0.60 | 6.00 | 0.60 | 1.20 | 1.80 | 2.40 | 3.00 |
| | 3.00 | 3.60 | 4.20 | 4.80 | 5.40 | | 6.60 | 7.20 | 7.80 | 8.40 | 9.00 |

Throw Jumps

| | | | | | | | | | | | |
|---------|-------|-------|-------|-------|-------|-------------|------|------|------|------|------|
| 1TTh | -0.55 | -0.44 | -0.33 | -0.22 | -0.11 | 1.10 | 0.11 | 0.22 | 0.33 | 0.44 | 0.55 |
| | 0.55 | 0.66 | 0.77 | 0.88 | 0.99 | | 1.21 | 1.32 | 1.43 | 1.54 | 1.65 |
| 1STh | -0.55 | -0.44 | -0.33 | -0.22 | -0.11 | 1.10 | 0.11 | 0.22 | 0.33 | 0.44 | 0.55 |
| | 0.55 | 0.66 | 0.77 | 0.88 | 0.99 | | 1.21 | 1.32 | 1.43 | 1.54 | 1.65 |
| 1LoTh | -0.70 | -0.56 | -0.42 | -0.28 | -0.14 | 1.40 | 0.14 | 0.28 | 0.42 | 0.56 | 0.70 |
| | 0.70 | 0.84 | 0.98 | 1.12 | 1.26 | | 1.54 | 1.68 | 1.82 | 1.96 | 2.10 |
| 1FTh | -0.70 | -0.56 | -0.42 | -0.28 | -0.14 | 1.40 | 0.14 | 0.28 | 0.42 | 0.56 | 0.70 |
| | 0.70 | 0.84 | 0.98 | 1.12 | 1.26 | | 1.54 | 1.68 | 1.82 | 1.96 | 2.10 |
| 1LzTh | -0.70 | -0.56 | -0.42 | -0.28 | -0.14 | 1.40 | 0.14 | 0.28 | 0.42 | 0.56 | 0.70 |
| | 0.70 | 0.84 | 0.98 | 1.12 | 1.26 | | 1.54 | 1.68 | 1.82 | 1.96 | 2.10 |
| 1TThq | -0.55 | -0.44 | -0.33 | -0.22 | -0.11 | 1.10 | 0.11 | 0.22 | 0.33 | 0.44 | 0.55 |
| | 0.55 | 0.66 | 0.77 | 0.88 | 0.99 | | 1.21 | 1.32 | 1.43 | 1.54 | 1.65 |
| 1SThq | -0.55 | -0.44 | -0.33 | -0.22 | -0.11 | 1.10 | 0.11 | 0.22 | 0.33 | 0.44 | 0.55 |
| | 0.55 | 0.66 | 0.77 | 0.88 | 0.99 | | 1.21 | 1.32 | 1.43 | 1.54 | 1.65 |
| 1LoThq | -0.70 | -0.56 | -0.42 | -0.28 | -0.14 | 1.40 | 0.14 | 0.28 | 0.42 | 0.56 | 0.70 |
| | 0.70 | 0.84 | 0.98 | 1.12 | 1.26 | | 1.54 | 1.68 | 1.82 | 1.96 | 2.10 |
| 1FThq | -0.70 | -0.56 | -0.42 | -0.28 | -0.14 | 1.40 | 0.14 | 0.28 | 0.42 | 0.56 | 0.70 |
| | 0.70 | 0.84 | 0.98 | 1.12 | 1.26 | | 1.54 | 1.68 | 1.82 | 1.96 | 2.10 |
| 1LzThq | -0.70 | -0.56 | -0.42 | -0.28 | -0.14 | 1.40 | 0.14 | 0.28 | 0.42 | 0.56 | 0.70 |
| | 0.70 | 0.84 | 0.98 | 1.12 | 1.26 | | 1.54 | 1.68 | 1.82 | 1.96 | 2.10 |
| 1TTh< | -0.42 | -0.33 | -0.25 | -0.17 | -0.08 | 0.83 | 0.08 | 0.17 | 0.25 | 0.33 | 0.42 |
| | 0.41 | 0.50 | 0.58 | 0.66 | 0.75 | | 0.91 | 1.00 | 1.08 | 1.16 | 1.25 |
| 1STh< | -0.42 | -0.33 | -0.25 | -0.17 | -0.08 | 0.83 | 0.08 | 0.17 | 0.25 | 0.33 | 0.42 |
| | 0.41 | 0.50 | 0.58 | 0.66 | 0.75 | | 0.91 | 1.00 | 1.08 | 1.16 | 1.25 |
| 1LoTh< | -0.53 | -0.42 | -0.32 | -0.21 | -0.11 | 1.05 | 0.11 | 0.21 | 0.32 | 0.42 | 0.53 |
| | 0.52 | 0.63 | 0.73 | 0.84 | 0.94 | | 1.16 | 1.26 | 1.37 | 1.47 | 1.58 |
| 1FTh< | -0.53 | -0.42 | -0.32 | -0.21 | -0.11 | 1.05 | 0.11 | 0.21 | 0.32 | 0.42 | 0.53 |
| | 0.52 | 0.63 | 0.73 | 0.84 | 0.94 | | 1.16 | 1.26 | 1.37 | 1.47 | 1.58 |
| 1LzTh< | -0.53 | -0.42 | -0.32 | -0.21 | -0.11 | 1.05 | 0.11 | 0.21 | 0.32 | 0.42 | 0.53 |
| | 0.52 | 0.63 | 0.73 | 0.84 | 0.94 | | 1.16 | 1.26 | 1.37 | 1.47 | 1.58 |
| 1TTh<< | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| 1STh<< | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| 1LoTh<< | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| 1FTh<< | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| 1LzTh<< | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |

| | | | | | | | | | | | |
|-------|-------|-------|-------|-------|-------|-------------|------|------|------|------|------|
| 1ATh | -1.10 | -0.88 | -0.66 | -0.44 | -0.22 | 2.20 | 0.22 | 0.44 | 0.66 | 0.88 | 1.10 |
| | 1.10 | 1.32 | 1.54 | 1.76 | 1.98 | | 2.42 | 2.64 | 2.86 | 3.08 | 3.30 |
| 2TTh | -1.25 | -1.00 | -0.75 | -0.50 | -0.25 | 2.50 | 0.25 | 0.50 | 0.75 | 1.00 | 1.25 |
| | 1.25 | 1.50 | 1.75 | 2.00 | 2.25 | | 2.75 | 3.00 | 3.25 | 3.50 | 3.75 |
| 2STh | -1.25 | -1.00 | -0.75 | -0.50 | -0.25 | 2.50 | 0.25 | 0.50 | 0.75 | 1.00 | 1.25 |
| | 1.25 | 1.50 | 1.75 | 2.00 | 2.25 | | 2.75 | 3.00 | 3.25 | 3.50 | 3.75 |
| 2LoTh | -1.40 | -1.12 | -0.84 | -0.56 | -0.28 | 2.80 | 0.28 | 0.56 | 0.84 | 1.12 | 1.40 |
| | 1.40 | 1.68 | 1.96 | 2.24 | 2.52 | | 3.08 | 3.36 | 3.64 | 3.92 | 4.20 |
| 2FTh | -1.50 | -1.20 | -0.90 | -0.60 | -0.30 | 3.00 | 0.30 | 0.60 | 0.90 | 1.20 | 1.50 |
| | 1.50 | 1.80 | 2.10 | 2.40 | 2.70 | | 3.30 | 3.60 | 3.90 | 4.20 | 4.50 |
| 2LzTh | -1.50 | -1.20 | -0.90 | -0.60 | -0.30 | 3.00 | 0.30 | 0.60 | 0.90 | 1.20 | 1.50 |
| | 1.50 | 1.80 | 2.10 | 2.40 | 2.70 | | 3.30 | 3.60 | 3.90 | 4.20 | 4.50 |
| 1AThq | -1.10 | -0.88 | -0.66 | -0.44 | -0.22 | 2.20 | 0.22 | 0.44 | 0.66 | 0.88 | 1.10 |
| | 1.10 | 1.32 | 1.54 | 1.76 | 1.98 | | 2.42 | 2.64 | 2.86 | 3.08 | 3.30 |
| 2TThq | -1.25 | -1.00 | -0.75 | -0.50 | -0.25 | 2.50 | 0.25 | 0.50 | 0.75 | 1.00 | 1.25 |
| | 1.25 | 1.50 | 1.75 | 2.00 | 2.25 | | 2.75 | 3.00 | 3.25 | 3.50 | 3.75 |
| 2SThq | -1.25 | -1.00 | -0.75 | -0.50 | -0.25 | 2.50 | 0.25 | 0.50 | 0.75 | 1.00 | 1.25 |
| | 1.25 | 1.50 | 1.75 | 2.00 | 2.25 | | 2.75 | 3.00 | 3.25 | 3.50 | 3.75 |

| | | | | | | | | | | | |
|---------|--------------|--------------|--------------|--------------|--------------|-------------|-------------|-------------|-------------|-------------|-------------|
| 2LoThq | -1.40 | -1.12 | -0.84 | -0.56 | -0.28 | 2.80 | 0.28 | 0.56 | 0.84 | 1.12 | 1.40 |
| | 1.40 | 1.68 | 1.96 | 2.24 | 2.52 | | 3.08 | 3.36 | 3.64 | 3.92 | 4.20 |
| 2FThq | -1.50 | -1.20 | -0.90 | -0.60 | -0.30 | 3.00 | 0.30 | 0.60 | 0.90 | 1.20 | 1.50 |
| | 1.50 | 1.80 | 2.10 | 2.40 | 2.70 | | 3.30 | 3.60 | 3.90 | 4.20 | 4.50 |
| 2LzThq | -1.50 | -1.20 | -0.90 | -0.60 | -0.30 | 3.00 | 0.30 | 0.60 | 0.90 | 1.20 | 1.50 |
| | 1.50 | 1.80 | 2.10 | 2.40 | 2.70 | | 3.30 | 3.60 | 3.90 | 4.20 | 4.50 |
| | -5.00 | -4.00 | -3.00 | -2.00 | -1.00 | BASE | 1.00 | 2.00 | 3.00 | 4.00 | 5.00 |
| | 0.50 | 0.40 | 0.30 | 0.20 | 0.10 | | 0.10 | 0.20 | 0.30 | 0.40 | 0.50 |
| 1ATh< | -0.83 | -0.66 | -0.50 | -0.33 | -0.17 | 1.65 | 0.17 | 0.33 | 0.50 | 0.66 | 0.83 |
| | 0.82 | 0.99 | 1.15 | 1.32 | 1.48 | | 1.82 | 1.98 | 2.15 | 2.31 | 2.48 |
| 2TTh< | -0.94 | -0.75 | -0.56 | -0.38 | -0.19 | 1.88 | 0.19 | 0.38 | 0.56 | 0.75 | 0.94 |
| | 0.94 | 1.13 | 1.32 | 1.50 | 1.69 | | 2.07 | 2.26 | 2.44 | 2.63 | 2.82 |
| 2STh< | -0.94 | -0.75 | -0.56 | -0.38 | -0.19 | 1.88 | 0.19 | 0.38 | 0.56 | 0.75 | 0.94 |
| | 0.94 | 1.13 | 1.32 | 1.50 | 1.69 | | 2.07 | 2.26 | 2.44 | 2.63 | 2.82 |
| 2LoTh< | -1.05 | -0.84 | -0.63 | -0.42 | -0.21 | 2.10 | 0.21 | 0.42 | 0.63 | 0.84 | 1.05 |
| | 1.05 | 1.26 | 1.47 | 1.68 | 1.89 | | 2.31 | 2.52 | 2.73 | 2.94 | 3.15 |
| 2FTh< | -1.13 | -0.90 | -0.68 | -0.45 | -0.23 | 2.25 | 0.23 | 0.45 | 0.68 | 0.90 | 1.13 |
| | 1.12 | 1.35 | 1.57 | 1.80 | 2.02 | | 2.48 | 2.70 | 2.93 | 3.15 | 3.38 |
| 2LzTh< | -1.13 | -0.90 | -0.68 | -0.45 | -0.23 | 2.25 | 0.23 | 0.45 | 0.68 | 0.90 | 1.13 |
| | 1.12 | 1.35 | 1.57 | 1.80 | 2.02 | | 2.48 | 2.70 | 2.93 | 3.15 | 3.38 |
| 1ATh<< | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| 2TTh<< | -0.55 | -0.44 | -0.33 | -0.22 | -0.11 | 1.10 | 0.11 | 0.22 | 0.33 | 0.44 | 0.55 |
| | 0.55 | 0.66 | 0.77 | 0.88 | 0.99 | | 1.21 | 1.32 | 1.43 | 1.54 | 1.65 |
| 2STh<< | -0.55 | -0.44 | -0.33 | -0.22 | -0.11 | 1.10 | 0.11 | 0.22 | 0.33 | 0.44 | 0.55 |
| | 0.55 | 0.66 | 0.77 | 0.88 | 0.99 | | 1.21 | 1.32 | 1.43 | 1.54 | 1.65 |
| 2LoTh<< | -0.70 | -0.56 | -0.42 | -0.28 | -0.14 | 1.40 | 0.14 | 0.28 | 0.42 | 0.56 | 0.70 |
| | 0.70 | 0.84 | 0.98 | 1.12 | 1.26 | | 1.54 | 1.68 | 1.82 | 1.96 | 2.10 |
| 2FTh<< | -0.70 | -0.56 | -0.42 | -0.28 | -0.14 | 1.40 | 0.14 | 0.28 | 0.42 | 0.56 | 0.70 |
| | 0.70 | 0.84 | 0.98 | 1.12 | 1.26 | | 1.54 | 1.68 | 1.82 | 1.96 | 2.10 |
| 2LzTh<< | -0.70 | -0.56 | -0.42 | -0.28 | -0.14 | 1.40 | 0.14 | 0.28 | 0.42 | 0.56 | 0.70 |
| | 0.70 | 0.84 | 0.98 | 1.12 | 1.26 | | 1.54 | 1.68 | 1.82 | 1.96 | 2.10 |

| | | | | | | | | | | | |
|--------|-------|-------|-------|-------|-------|-------------|------|------|------|------|------|
| 2ATh | -2.00 | -1.60 | -1.20 | -0.80 | -0.40 | 4.00 | 0.40 | 0.80 | 1.20 | 1.60 | 2.00 |
| | 2.00 | 2.40 | 2.80 | 3.20 | 3.60 | | 4.40 | 4.80 | 5.20 | 5.60 | 6.00 |
| 3TTh | -2.20 | -1.76 | -1.32 | -0.88 | -0.44 | 4.40 | 0.44 | 0.88 | 1.32 | 1.76 | 2.20 |
| | 2.20 | 2.64 | 3.08 | 3.52 | 3.96 | | 4.84 | 5.28 | 5.72 | 6.16 | 6.60 |
| 3STh | -2.20 | -1.76 | -1.32 | -0.88 | -0.44 | 4.40 | 0.44 | 0.88 | 1.32 | 1.76 | 2.20 |
| | 2.20 | 2.64 | 3.08 | 3.52 | 3.96 | | 4.84 | 5.28 | 5.72 | 6.16 | 6.60 |
| 3LoTh | -2.50 | -2.00 | -1.50 | -1.00 | -0.50 | 5.00 | 0.50 | 1.00 | 1.50 | 2.00 | 2.50 |
| | 2.50 | 3.00 | 3.50 | 4.00 | 4.50 | | 5.50 | 6.00 | 6.50 | 7.00 | 7.50 |
| 3FTh | -2.65 | -2.12 | -1.59 | -1.06 | -0.53 | 5.30 | 0.53 | 1.06 | 1.59 | 2.12 | 2.65 |
| | 2.65 | 3.18 | 3.71 | 4.24 | 4.77 | | 5.83 | 6.36 | 6.89 | 7.42 | 7.95 |
| 3LzTh | -2.65 | -2.12 | -1.59 | -1.06 | -0.53 | 5.30 | 0.53 | 1.06 | 1.59 | 2.12 | 2.65 |
| | 2.65 | 3.18 | 3.71 | 4.24 | 4.77 | | 5.83 | 6.36 | 6.89 | 7.42 | 7.95 |
| 2AThq | -2.00 | -1.60 | -1.20 | -0.80 | -0.40 | 4.00 | 0.40 | 0.80 | 1.20 | 1.60 | 2.00 |
| | 2.00 | 2.40 | 2.80 | 3.20 | 3.60 | | 4.40 | 4.80 | 5.20 | 5.60 | 6.00 |
| 3TThq | -2.20 | -1.76 | -1.32 | -0.88 | -0.44 | 4.40 | 0.44 | 0.88 | 1.32 | 1.76 | 2.20 |
| | 2.20 | 2.64 | 3.08 | 3.52 | 3.96 | | 4.84 | 5.28 | 5.72 | 6.16 | 6.60 |
| 3SThq | -2.20 | -1.76 | -1.32 | -0.88 | -0.44 | 4.40 | 0.44 | 0.88 | 1.32 | 1.76 | 2.20 |
| | 2.20 | 2.64 | 3.08 | 3.52 | 3.96 | | 4.84 | 5.28 | 5.72 | 6.16 | 6.60 |
| 3LoThq | -2.50 | -2.00 | -1.50 | -1.00 | -0.50 | 5.00 | 0.50 | 1.00 | 1.50 | 2.00 | 2.50 |
| | 2.50 | 3.00 | 3.50 | 4.00 | 4.50 | | 5.50 | 6.00 | 6.50 | 7.00 | 7.50 |
| 3FThq | -2.65 | -2.12 | -1.59 | -1.06 | -0.53 | 5.30 | 0.53 | 1.06 | 1.59 | 2.12 | 2.65 |
| | 2.65 | 3.18 | 3.71 | 4.24 | 4.77 | | 5.83 | 6.36 | 6.89 | 7.42 | 7.95 |
| 3LzThq | -2.65 | -2.12 | -1.59 | -1.06 | -0.53 | 5.30 | 0.53 | 1.06 | 1.59 | 2.12 | 2.65 |
| | 2.65 | 3.18 | 3.71 | 4.24 | 4.77 | | 5.83 | 6.36 | 6.89 | 7.42 | 7.95 |
| 2ATh< | -1.50 | -1.20 | -0.90 | -0.60 | -0.30 | 3.00 | 0.30 | 0.60 | 0.90 | 1.20 | 1.50 |
| | 1.50 | 1.80 | 2.10 | 2.40 | 2.70 | | 3.30 | 3.60 | 3.90 | 4.20 | 4.50 |
| 3TTh< | -1.65 | -1.32 | -0.99 | -0.66 | -0.33 | 3.30 | 0.33 | 0.66 | 0.99 | 1.32 | 1.65 |
| | 1.65 | 1.98 | 2.31 | 2.64 | 2.97 | | 3.63 | 3.96 | 4.29 | 4.62 | 4.95 |
| 3STh< | -1.65 | -1.32 | -0.99 | -0.66 | -0.33 | 3.30 | 0.33 | 0.66 | 0.99 | 1.32 | 1.65 |
| | 1.65 | 1.98 | 2.31 | 2.64 | 2.97 | | 3.63 | 3.96 | 4.29 | 4.62 | 4.95 |
| 3LoTh< | -1.88 | -1.50 | -1.13 | -0.75 | -0.38 | 3.75 | 0.38 | 0.75 | 1.13 | 1.50 | 1.88 |
| | 1.87 | 2.25 | 2.62 | 3.00 | 3.37 | | 4.13 | 4.50 | 4.88 | 5.25 | 5.63 |
| 3FTh< | -1.99 | -1.59 | -1.19 | -0.80 | -0.40 | 3.98 | 0.40 | 0.80 | 1.19 | 1.59 | 1.99 |
| | 1.99 | 2.39 | 2.79 | 3.18 | 3.58 | | 4.38 | 4.78 | 5.17 | 5.57 | 5.97 |
| 3LzTh< | -1.99 | -1.59 | -1.19 | -0.80 | -0.40 | 3.98 | 0.40 | 0.80 | 1.19 | 1.59 | 1.99 |
| | 1.99 | 2.39 | 2.79 | 3.18 | 3.58 | | 4.38 | 4.78 | 5.17 | 5.57 | 5.97 |

| | | | | | | | | | | | |
|----------------------|-------|-------|-------|-------|-------|-------------|------|------|------|------|------|
| 2ATh<< | -1.10 | -0.88 | -0.66 | -0.44 | -0.22 | 2.20 | 0.22 | 0.44 | 0.66 | 0.88 | 1.10 |
| | 1.10 | 1.32 | 1.54 | 1.76 | 1.98 | | 2.42 | 2.64 | 2.86 | 3.08 | 3.30 |
| 3TTh<< | -1.25 | -1.00 | -0.75 | -0.50 | -0.25 | 2.50 | 0.25 | 0.50 | 0.75 | 1.00 | 1.25 |
| | 1.25 | 1.50 | 1.75 | 2.00 | 2.25 | | 2.75 | 3.00 | 3.25 | 3.50 | 3.75 |
| 3STh<< | -1.25 | -1.00 | -0.75 | -0.50 | -0.25 | 2.50 | 0.25 | 0.50 | 0.75 | 1.00 | 1.25 |
| | 1.25 | 1.50 | 1.75 | 2.00 | 2.25 | | 2.75 | 3.00 | 3.25 | 3.50 | 3.75 |
| 3LoTh<< | -1.40 | -1.12 | -0.84 | -0.56 | -0.28 | 2.80 | 0.28 | 0.56 | 0.84 | 1.12 | 1.40 |
| | 1.40 | 1.68 | 1.96 | 2.24 | 2.52 | | 3.08 | 3.36 | 3.64 | 3.92 | 4.20 |
| 3FTh<< | -1.50 | -1.20 | -0.90 | -0.60 | -0.30 | 3.00 | 0.30 | 0.60 | 0.90 | 1.20 | 1.50 |
| | 1.50 | 1.80 | 2.10 | 2.40 | 2.70 | | 3.30 | 3.60 | 3.90 | 4.20 | 4.50 |
| 3LzTh<< | -1.50 | -1.20 | -0.90 | -0.60 | -0.30 | 3.00 | 0.30 | 0.60 | 0.90 | 1.20 | 1.50 |
| | 1.50 | 1.80 | 2.10 | 2.40 | 2.70 | | 3.30 | 3.60 | 3.90 | 4.20 | 4.50 |

| | | | | | | | | | | | |
|----------------------|--------------|--------------|--------------|--------------|--------------|-------------|-------------|-------------|-------------|-------------|-------------|
| 3ATh | -3.00 | -2.40 | -1.80 | -1.20 | -0.60 | 6.00 | 0.60 | 1.20 | 1.80 | 2.40 | 3.00 |
| | 3.00 | 3.60 | 4.20 | 4.80 | 5.40 | | 6.60 | 7.20 | 7.80 | 8.40 | 9.00 |
| 4TTh | -3.25 | -2.60 | -1.95 | -1.30 | -0.65 | 6.50 | 0.65 | 1.30 | 1.95 | 2.60 | 3.25 |
| | 3.25 | 3.90 | 4.55 | 5.20 | 5.85 | | 7.15 | 7.80 | 8.45 | 9.10 | 9.75 |
| 4STh | -3.25 | -2.60 | -1.95 | -1.30 | -0.65 | 6.50 | 0.65 | 1.30 | 1.95 | 2.60 | 3.25 |
| | 3.25 | 3.90 | 4.55 | 5.20 | 5.85 | | 7.15 | 7.80 | 8.45 | 9.10 | 9.75 |
| 4LoTh | -3.50 | -2.80 | -2.10 | -1.40 | -0.70 | 7.00 | 0.70 | 1.40 | 2.10 | 2.80 | 3.50 |
| | 3.50 | 4.20 | 4.90 | 5.60 | 6.30 | | 7.70 | 8.40 | 9.10 | 9.80 | 10.50 |
| 4FTh | -3.75 | -3.00 | -2.25 | -1.50 | -0.75 | 7.50 | 0.75 | 1.50 | 2.25 | 3.00 | 3.75 |
| | 3.75 | 4.50 | 5.25 | 6.00 | 6.75 | | 8.25 | 9.00 | 9.75 | 10.50 | 11.25 |
| 4LzTh | -3.75 | -3.00 | -2.25 | -1.50 | -0.75 | 7.50 | 0.75 | 1.50 | 2.25 | 3.00 | 3.75 |
| | 3.75 | 4.50 | 5.25 | 6.00 | 6.75 | | 8.25 | 9.00 | 9.75 | 10.50 | 11.25 |
| 3AThq | -3.00 | -2.40 | -1.80 | -1.20 | -0.60 | 6.00 | 0.60 | 1.20 | 1.80 | 2.40 | 3.00 |
| | 3.00 | 3.60 | 4.20 | 4.80 | 5.40 | | 6.60 | 7.20 | 7.80 | 8.40 | 9.00 |
| 4TThq | -3.25 | -2.60 | -1.95 | -1.30 | -0.65 | 6.50 | 0.65 | 1.30 | 1.95 | 2.60 | 3.25 |
| | 3.25 | 3.90 | 4.55 | 5.20 | 5.85 | | 7.15 | 7.80 | 8.45 | 9.10 | 9.75 |
| 4SThq | -3.25 | -2.60 | -1.95 | -1.30 | -0.65 | 6.50 | 0.65 | 1.30 | 1.95 | 2.60 | 3.25 |
| | 3.25 | 3.90 | 4.55 | 5.20 | 5.85 | | 7.15 | 7.80 | 8.45 | 9.10 | 9.75 |
| 4LoThq | -3.50 | -2.80 | -2.10 | -1.40 | -0.70 | 7.00 | 0.70 | 1.40 | 2.10 | 2.80 | 3.50 |
| | 3.50 | 4.20 | 4.90 | 5.60 | 6.30 | | 7.70 | 8.40 | 9.10 | 9.80 | 10.50 |
| 4FThq | -3.75 | -3.00 | -2.25 | -1.50 | -0.75 | 7.50 | 0.75 | 1.50 | 2.25 | 3.00 | 3.75 |
| | 3.75 | 4.50 | 5.25 | 6.00 | 6.75 | | 8.25 | 9.00 | 9.75 | 10.50 | 11.25 |
| 4LzThq | -3.75 | -3.00 | -2.25 | -1.50 | -0.75 | 7.50 | 0.75 | 1.50 | 2.25 | 3.00 | 3.75 |
| | 3.75 | 4.50 | 5.25 | 6.00 | 6.75 | | 8.25 | 9.00 | 9.75 | 10.50 | 11.25 |
| 3ATh< | -2.25 | -1.80 | -1.35 | -0.90 | -0.45 | 4.50 | 0.45 | 0.90 | 1.35 | 1.80 | 2.25 |
| | 2.25 | 2.70 | 3.15 | 3.60 | 4.05 | | 4.95 | 5.40 | 5.85 | 6.30 | 6.75 |
| 4TTh< | -2.44 | -1.95 | -1.46 | -0.98 | -0.49 | 4.88 | 0.49 | 0.98 | 1.46 | 1.95 | 2.44 |
| | 2.44 | 2.93 | 3.42 | 3.90 | 4.39 | | 5.37 | 5.86 | 6.34 | 6.83 | 7.32 |
| 4STh< | -2.44 | -1.95 | -1.46 | -0.98 | -0.49 | 4.88 | 0.49 | 0.98 | 1.46 | 1.95 | 2.44 |
| | 2.44 | 2.93 | 3.42 | 3.90 | 4.39 | | 5.37 | 5.86 | 6.34 | 6.83 | 7.32 |
| 4LoTh< | -2.63 | -2.10 | -1.58 | -1.05 | -0.53 | 5.25 | 0.53 | 1.05 | 1.58 | 2.10 | 2.63 |
| | 2.62 | 3.15 | 3.67 | 4.20 | 4.72 | | 5.78 | 6.30 | 6.83 | 7.35 | 7.88 |
| 4FTh< | -2.82 | -2.25 | -1.69 | -1.13 | -0.56 | 5.63 | 0.56 | 1.13 | 1.69 | 2.25 | 2.82 |
| | 2.81 | 3.38 | 3.94 | 4.50 | 5.07 | | 6.19 | 6.76 | 7.32 | 7.88 | 8.45 |
| 4LzTh< | -2.82 | -2.25 | -1.69 | -1.13 | -0.56 | 5.63 | 0.56 | 1.13 | 1.69 | 2.25 | 2.82 |
| | 2.81 | 3.38 | 3.94 | 4.50 | 5.07 | | 6.19 | 6.76 | 7.32 | 7.88 | 8.45 |
| | -5.00 | -4.00 | -3.00 | -2.00 | -1.00 | BASE | 1.00 | 2.00 | 3.00 | 4.00 | 5.00 |
| | 0.50 | 0.40 | 0.30 | 0.20 | 0.10 | | 0.10 | 0.20 | 0.30 | 0.40 | 0.50 |
| 3ATh<< | -2.00 | -1.60 | -1.20 | -0.80 | -0.40 | 4.00 | 0.40 | 0.80 | 1.20 | 1.60 | 2.00 |
| | 2.00 | 2.40 | 2.80 | 3.20 | 3.60 | | 4.40 | 4.80 | 5.20 | 5.60 | 6.00 |
| 4TTh<< | -2.20 | -1.76 | -1.32 | -0.88 | -0.44 | 4.40 | 0.44 | 0.88 | 1.32 | 1.76 | 2.20 |
| | 2.20 | 2.64 | 3.08 | 3.52 | 3.96 | | 4.84 | 5.28 | 5.72 | 6.16 | 6.60 |
| 4STh<< | -2.20 | -1.76 | -1.32 | -0.88 | -0.44 | 4.40 | 0.44 | 0.88 | 1.32 | 1.76 | 2.20 |
| | 2.20 | 2.64 | 3.08 | 3.52 | 3.96 | | 4.84 | 5.28 | 5.72 | 6.16 | 6.60 |
| 4LoTh<< | -2.50 | -2.00 | -1.50 | -1.00 | -0.50 | 5.00 | 0.50 | 1.00 | 1.50 | 2.00 | 2.50 |
| | 2.50 | 3.00 | 3.50 | 4.00 | 4.50 | | 5.50 | 6.00 | 6.50 | 7.00 | 7.50 |
| 4FTh<< | -2.65 | -2.12 | -1.59 | -1.06 | -0.53 | 5.30 | 0.53 | 1.06 | 1.59 | 2.12 | 2.65 |
| | 2.65 | 3.18 | 3.71 | 4.24 | 4.77 | | 5.83 | 6.36 | 6.89 | 7.42 | 7.95 |
| 4LzTh<< | -2.65 | -2.12 | -1.59 | -1.06 | -0.53 | 5.30 | 0.53 | 1.06 | 1.59 | 2.12 | 2.65 |
| | 2.65 | 3.18 | 3.71 | 4.24 | 4.77 | | 5.83 | 6.36 | 6.89 | 7.42 | 7.95 |

Death Spirals

| | | | | | | | | | | | |
|--------------|-------|-------|-------|-------|-------|-------------|------|------|------|------|------|
| BiDsB | -1.40 | -1.12 | -0.84 | -0.56 | -0.28 | 2.80 | 0.28 | 0.56 | 0.84 | 1.12 | 1.40 |
| | 1.40 | 1.68 | 1.96 | 2.24 | 2.52 | | 3.08 | 3.36 | 3.64 | 3.92 | 4.20 |
| BiDs1 | -1.55 | -1.24 | -0.93 | -0.62 | -0.31 | 3.10 | 0.31 | 0.62 | 0.93 | 1.24 | 1.55 |
| | 1.55 | 1.86 | 2.17 | 2.48 | 2.79 | | 3.41 | 3.72 | 4.03 | 4.34 | 4.65 |

| | | | | | | | | | | | |
|--------------|-------|-------|-------|-------|-------|-------------|------|------|------|------|------|
| BiDs2 | -1.70 | -1.36 | -1.02 | -0.68 | -0.34 | 3.40 | 0.34 | 0.68 | 1.02 | 1.36 | 1.70 |
| | 1.70 | 2.04 | 2.38 | 2.72 | 3.06 | | 3.74 | 4.08 | 4.42 | 4.76 | 5.10 |
| BiDs3 | -1.85 | -1.48 | -1.11 | -0.74 | -0.37 | 3.70 | 0.37 | 0.74 | 1.11 | 1.48 | 1.85 |
| | 1.85 | 2.22 | 2.59 | 2.96 | 3.33 | | 4.07 | 4.44 | 4.81 | 5.18 | 5.55 |
| BiDs4 | -2.00 | -1.60 | -1.20 | -0.80 | -0.40 | 4.00 | 0.40 | 0.80 | 1.20 | 1.60 | 2.00 |
| | 2.00 | 2.40 | 2.80 | 3.20 | 3.60 | | 4.40 | 4.80 | 5.20 | 5.60 | 6.00 |
| FiDsB | -1.30 | -1.04 | -0.78 | -0.52 | -0.26 | 2.60 | 0.26 | 0.52 | 0.78 | 1.04 | 1.30 |
| | 1.30 | 1.56 | 1.82 | 2.08 | 2.34 | | 2.86 | 3.12 | 3.38 | 3.64 | 3.90 |
| FiDs1 | -1.45 | -1.16 | -0.87 | -0.58 | -0.29 | 2.90 | 0.29 | 0.58 | 0.87 | 1.16 | 1.45 |
| | 1.45 | 1.74 | 2.03 | 2.32 | 2.61 | | 3.19 | 3.48 | 3.77 | 4.06 | 4.35 |
| FiDs2 | -1.60 | -1.28 | -0.96 | -0.64 | -0.32 | 3.20 | 0.32 | 0.64 | 0.96 | 1.28 | 1.60 |
| | 1.60 | 1.92 | 2.24 | 2.56 | 2.88 | | 3.52 | 3.84 | 4.16 | 4.48 | 4.80 |
| FiDs3 | -1.75 | -1.40 | -1.05 | -0.70 | -0.35 | 3.50 | 0.35 | 0.70 | 1.05 | 1.40 | 1.75 |
| | 1.75 | 2.10 | 2.45 | 2.80 | 3.15 | | 3.85 | 4.20 | 4.55 | 4.90 | 5.25 |
| FiDs4 | -1.90 | -1.52 | -1.14 | -0.76 | -0.38 | 3.80 | 0.38 | 0.76 | 1.14 | 1.52 | 1.90 |
| | 1.90 | 2.28 | 2.66 | 3.04 | 3.42 | | 4.18 | 4.56 | 4.94 | 5.32 | 5.70 |
| BoDsB | -1.60 | -1.28 | -0.96 | -0.64 | -0.32 | 3.20 | 0.32 | 0.64 | 0.96 | 1.28 | 1.60 |
| | 1.60 | 1.92 | 2.24 | 2.56 | 2.88 | | 3.52 | 3.84 | 4.16 | 4.48 | 4.80 |
| BoDs1 | -1.80 | -1.44 | -1.08 | -0.72 | -0.36 | 3.60 | 0.36 | 0.72 | 1.08 | 1.44 | 1.80 |
| | 1.80 | 2.16 | 2.52 | 2.88 | 3.24 | | 3.96 | 4.32 | 4.68 | 5.04 | 5.40 |
| BoDs2 | -2.00 | -1.60 | -1.20 | -0.80 | -0.40 | 4.00 | 0.40 | 0.80 | 1.20 | 1.60 | 2.00 |
| | 2.00 | 2.40 | 2.80 | 3.20 | 3.60 | | 4.40 | 4.80 | 5.20 | 5.60 | 6.00 |
| BoDs3 | -2.20 | -1.76 | -1.32 | -0.88 | -0.44 | 4.40 | 0.44 | 0.88 | 1.32 | 1.76 | 2.20 |
| | 2.20 | 2.64 | 3.08 | 3.52 | 3.96 | | 4.84 | 5.28 | 5.72 | 6.16 | 6.60 |
| BoDs4 | -2.40 | -1.92 | -1.44 | -0.96 | -0.48 | 4.80 | 0.48 | 0.96 | 1.44 | 1.92 | 2.40 |
| | 2.40 | 2.88 | 3.36 | 3.84 | 4.32 | | 5.28 | 5.76 | 6.24 | 6.72 | 7.20 |
| FoDsB | -1.75 | -1.40 | -1.05 | -0.70 | -0.35 | 3.50 | 0.35 | 0.70 | 1.05 | 1.40 | 1.75 |
| | 1.75 | 2.10 | 2.45 | 2.80 | 3.15 | | 3.85 | 4.20 | 4.55 | 4.90 | 5.25 |
| FoDs1 | -1.95 | -1.56 | -1.17 | -0.78 | -0.39 | 3.90 | 0.39 | 0.78 | 1.17 | 1.56 | 1.95 |
| | 1.95 | 2.34 | 2.73 | 3.12 | 3.51 | | 4.29 | 4.68 | 5.07 | 5.46 | 5.85 |
| FoDs2 | -2.15 | -1.72 | -1.29 | -0.86 | -0.43 | 4.30 | 0.43 | 0.86 | 1.29 | 1.72 | 2.15 |
| | 2.15 | 2.58 | 3.01 | 3.44 | 3.87 | | 4.73 | 5.16 | 5.59 | 6.02 | 6.45 |
| FoDs3 | -2.35 | -1.88 | -1.41 | -0.94 | -0.47 | 4.70 | 0.47 | 0.94 | 1.41 | 1.88 | 2.35 |
| | 2.35 | 2.82 | 3.29 | 3.76 | 4.23 | | 5.17 | 5.64 | 6.11 | 6.58 | 7.05 |
| FoDs4 | -2.55 | -2.04 | -1.53 | -1.02 | -0.51 | 5.10 | 0.51 | 1.02 | 1.53 | 2.04 | 2.55 |
| | 2.55 | 3.06 | 3.57 | 4.08 | 4.59 | | 5.61 | 6.12 | 6.63 | 7.14 | 7.65 |

Advanced Novice Death Spirals eligible for bonus (b)

| | | | | | | | | | | | |
|---------------|------|------|------|------|------|-------------|------|------|------|------|------|
| BiDs2b | 0.68 | 0.54 | 0.41 | 0.27 | 0.14 | 3.40 | 0.14 | 0.27 | 0.41 | 0.54 | 0.68 |
| | 4.08 | 3.94 | 3.81 | 3.67 | 3.54 | | 3.54 | 3.67 | 3.81 | 3.94 | 4.08 |
| BiDs3b | 0.74 | 0.59 | 0.44 | 0.30 | 0.15 | 3.70 | 0.15 | 0.30 | 0.44 | 0.59 | 0.74 |
| | 4.44 | 4.29 | 4.14 | 4.00 | 3.85 | | 3.85 | 4.00 | 4.14 | 4.29 | 4.44 |
| FiDs2b | 0.64 | 0.51 | 0.38 | 0.26 | 0.13 | 3.20 | 0.13 | 0.26 | 0.38 | 0.51 | 0.64 |
| | 3.84 | 3.71 | 3.58 | 3.46 | 3.33 | | 3.33 | 3.46 | 3.58 | 3.71 | 3.84 |
| FiDs3b | 0.70 | 0.56 | 0.42 | 0.28 | 0.14 | 3.50 | 0.14 | 0.28 | 0.42 | 0.56 | 0.70 |
| | 4.20 | 4.06 | 3.92 | 3.78 | 3.64 | | 3.64 | 3.78 | 3.92 | 4.06 | 4.20 |
| BoDs2b | 0.80 | 0.64 | 0.48 | 0.32 | 0.16 | 4.00 | 0.16 | 0.32 | 0.48 | 0.64 | 0.80 |
| | 4.80 | 4.64 | 4.48 | 4.32 | 4.16 | | 4.16 | 4.32 | 4.48 | 4.64 | 4.80 |
| BoDs3b | 0.88 | 0.70 | 0.53 | 0.35 | 0.18 | 4.40 | 0.18 | 0.35 | 0.53 | 0.70 | 0.88 |
| | 5.28 | 5.10 | 4.93 | 4.75 | 4.58 | | 4.58 | 4.75 | 4.93 | 5.10 | 5.28 |
| FoDs2b | 0.86 | 0.69 | 0.52 | 0.34 | 0.17 | 4.30 | 0.17 | 0.34 | 0.52 | 0.69 | 0.86 |
| | 5.16 | 4.99 | 4.82 | 4.64 | 4.47 | | 4.47 | 4.64 | 4.82 | 4.99 | 5.16 |
| FoDs3b | 0.94 | 0.75 | 0.56 | 0.38 | 0.19 | 4.70 | 0.19 | 0.38 | 0.56 | 0.75 | 0.94 |
| | 5.64 | 5.45 | 5.26 | 5.08 | 4.89 | | 4.89 | 5.08 | 5.26 | 5.45 | 5.64 |

Pivot Figure

| | | | | | | | | | | | |
|-------------|-------|-------|-------|-------|-------|-------------|------|------|------|------|------|
| PIF1 | -1.10 | -0.88 | -0.66 | -0.44 | -0.22 | 2.20 | 0.22 | 0.44 | 0.66 | 0.88 | 1.10 |
| | 1.10 | 1.32 | 1.54 | 1.76 | 1.98 | | 2.42 | 2.64 | 2.86 | 3.08 | 3.30 |

Pair Spins

| | | | | | | | | | | | |
|-------------|--------------|--------------|--------------|--------------|--------------|-------------|-------------|-------------|-------------|-------------|-------------|
| PSPB | <u>-0.95</u> | <u>-0.76</u> | <u>-0.57</u> | <u>-0.38</u> | <u>-0.19</u> | 1.90 | <u>0.19</u> | <u>0.38</u> | <u>0.57</u> | <u>0.76</u> | <u>0.95</u> |
| | 0.95 | 1.14 | 1.33 | 1.52 | 1.71 | | 2.09 | 2.28 | 2.47 | 2.66 | 2.85 |
| PSP1 | <u>-1.10</u> | <u>-0.88</u> | <u>-0.66</u> | <u>-0.44</u> | <u>-0.22</u> | 2.20 | <u>0.22</u> | <u>0.44</u> | <u>0.66</u> | <u>0.88</u> | <u>1.10</u> |
| | 1.10 | 1.32 | 1.54 | 1.76 | 1.98 | | 2.42 | 2.64 | 2.86 | 3.08 | 3.30 |
| PSP2 | <u>-1.40</u> | <u>-1.12</u> | <u>-0.84</u> | <u>-0.56</u> | <u>-0.28</u> | 2.80 | <u>0.28</u> | <u>0.56</u> | <u>0.84</u> | <u>1.12</u> | <u>1.40</u> |
| | 1.40 | 1.68 | 1.96 | 2.24 | 2.52 | | 3.08 | 3.36 | 3.64 | 3.92 | 4.20 |
| PSP3 | <u>-1.65</u> | <u>-1.32</u> | <u>-0.99</u> | <u>-0.66</u> | <u>-0.33</u> | 3.30 | <u>0.33</u> | <u>0.66</u> | <u>0.99</u> | <u>1.32</u> | <u>1.65</u> |
| | 1.65 | 1.98 | 2.31 | 2.64 | 2.97 | | 3.63 | 3.96 | 4.29 | 4.62 | 4.95 |
| PSP4 | <u>-1.95</u> | <u>-1.56</u> | <u>-1.17</u> | <u>-0.78</u> | <u>-0.39</u> | 3.90 | <u>0.39</u> | <u>0.78</u> | <u>1.17</u> | <u>1.56</u> | <u>1.95</u> |
| | 1.95 | 2.34 | 2.73 | 3.12 | 3.51 | | 4.29 | 4.68 | 5.07 | 5.46 | 5.85 |

| | -5 | -4 | -3 | -2 | -1 | BASE | 1 | 2 | 3 | 4 | 5 |
|--|-----|-----|-----|-----|-----|------|-----|-----|-----|-----|-----|
| | 50% | 40% | 30% | 20% | 10% | | 10% | 20% | 30% | 40% | 50% |

Pair Spin Combination

| | | | | | | | | | | | |
|----------------|--------------|--------------|--------------|--------------|--------------|-------------|-------------|-------------|-------------|-------------|-------------|
| PCoSpB | <u>-1.4</u> | <u>-1.12</u> | <u>-0.84</u> | <u>-0.56</u> | <u>-0.28</u> | 2.8 | <u>0.28</u> | <u>0.56</u> | <u>0.84</u> | <u>1.12</u> | <u>1.4</u> |
| | 1.40 | 1.68 | 1.96 | 2.24 | 2.52 | | 3.08 | 3.36 | 3.64 | 3.92 | 4.20 |
| PCoSp1 | <u>-1.65</u> | <u>-1.32</u> | <u>-0.99</u> | <u>-0.66</u> | <u>-0.33</u> | 3.3 | <u>0.33</u> | <u>0.66</u> | <u>0.99</u> | <u>1.32</u> | <u>1.65</u> |
| | 1.65 | 1.98 | 2.31 | 2.64 | 2.97 | | 3.63 | 3.96 | 4.29 | 4.62 | 4.95 |
| PCoSp2 | <u>-1.95</u> | <u>-1.56</u> | <u>-1.17</u> | <u>-0.78</u> | <u>-0.39</u> | 3.9 | <u>0.39</u> | <u>0.78</u> | <u>1.17</u> | <u>1.56</u> | <u>1.95</u> |
| | 1.95 | 2.34 | 2.73 | 3.12 | 3.51 | | 4.29 | 4.68 | 5.07 | 5.46 | 5.85 |
| PCoSp3 | <u>-2.2</u> | <u>-1.76</u> | <u>-1.32</u> | <u>-0.88</u> | <u>-0.44</u> | 4.4 | <u>0.44</u> | <u>0.88</u> | <u>1.32</u> | <u>1.76</u> | <u>2.2</u> |
| | 2.20 | 2.64 | 3.08 | 3.52 | 3.96 | | 4.84 | 5.28 | 5.72 | 6.16 | 6.60 |
| PCoSp4 | <u>-2.5</u> | <u>-2</u> | <u>-1.5</u> | <u>-1</u> | <u>-0.5</u> | 5 | <u>0.5</u> | <u>1</u> | <u>1.5</u> | <u>2</u> | <u>2.5</u> |
| | 2.50 | 3.00 | 3.50 | 4.00 | 4.50 | | 5.50 | 6.00 | 6.50 | 7.00 | 7.50 |
| PCoSpBV | <u>-1.05</u> | <u>-0.84</u> | <u>-0.63</u> | <u>-0.42</u> | <u>-0.21</u> | 2.1 | <u>0.21</u> | <u>0.42</u> | <u>0.63</u> | <u>0.84</u> | <u>1.05</u> |
| | 1.05 | 1.26 | 1.47 | 1.68 | 1.89 | | 2.31 | 2.52 | 2.73 | 2.94 | 3.15 |
| PCoSp1V | <u>-1.24</u> | <u>-0.99</u> | <u>-0.74</u> | <u>-0.5</u> | <u>-0.25</u> | 2.48 | <u>0.25</u> | <u>0.5</u> | <u>0.74</u> | <u>0.99</u> | <u>1.24</u> |
| | 1.24 | 1.49 | 1.74 | 1.98 | 2.23 | | 2.73 | 2.98 | 3.22 | 3.47 | 3.72 |
| PCoSp2V | <u>-1.47</u> | <u>-1.17</u> | <u>-0.88</u> | <u>-0.59</u> | <u>-0.29</u> | 2.93 | <u>0.29</u> | <u>0.59</u> | <u>0.88</u> | <u>1.17</u> | <u>1.47</u> |
| | 1.46 | 1.76 | 2.05 | 2.34 | 2.64 | | 3.22 | 3.52 | 3.81 | 4.10 | 4.40 |
| PCoSp3V | <u>-1.65</u> | <u>-1.32</u> | <u>-0.99</u> | <u>-0.66</u> | <u>-0.33</u> | 3.3 | <u>0.33</u> | <u>0.66</u> | <u>0.99</u> | <u>1.32</u> | <u>1.65</u> |
| | 1.65 | 1.98 | 2.31 | 2.64 | 2.97 | | 3.63 | 3.96 | 4.29 | 4.62 | 4.95 |
| PCoSp4V | <u>-1.88</u> | <u>-1.5</u> | <u>-1.13</u> | <u>-0.75</u> | <u>-0.38</u> | 3.75 | <u>0.38</u> | <u>0.75</u> | <u>1.13</u> | <u>1.5</u> | <u>1.88</u> |
| | 1.87 | 2.25 | 2.62 | 3.00 | 3.37 | | 4.13 | 4.50 | 4.88 | 5.25 | 5.63 |

Choreographic Elements Single & Pair Skating

Choreographic Step Sequence

| | | | | | | | | | | | |
|--------------|--------------|--------------|--------------|--------------|--------------|-------------|-------------|-------------|-------------|-------------|-------------|
| ChSq1 | <u>-2.50</u> | <u>-2.00</u> | <u>-1.50</u> | <u>-1.00</u> | <u>-0.50</u> | 3.50 | <u>0.50</u> | <u>1.00</u> | <u>1.50</u> | <u>2.00</u> | <u>2.50</u> |
| | 1.00 | 1.50 | 2.00 | 2.50 | 3.00 | | 4.00 | 4.50 | 5.00 | 5.50 | 6.00 |

Choreographic Spin

| | | | | | | | | | | | |
|--------------|--------------|--------------|--------------|--------------|--------------|-------------|-------------|-------------|-------------|-------------|-------------|
| ChSp1 | <u>-2.50</u> | <u>-2.00</u> | <u>-1.50</u> | <u>-1.00</u> | <u>-0.50</u> | 3.50 | <u>0.50</u> | <u>1.00</u> | <u>1.50</u> | <u>2.00</u> | <u>2.50</u> |
| | 1.00 | 1.50 | 2.00 | 2.50 | 3.00 | | 4.00 | 4.50 | 5.00 | 5.50 | 6.00 |

Choreographic Pair Spin

| | | | | | | | | | | | |
|---------------|--------------|--------------|--------------|--------------|--------------|-------------|-------------|-------------|-------------|-------------|-------------|
| ChPSP1 | <u>-2.50</u> | <u>-2.00</u> | <u>-1.50</u> | <u>-1.00</u> | <u>-0.50</u> | 3.50 | <u>0.50</u> | <u>1.00</u> | <u>1.50</u> | <u>2.00</u> | <u>2.50</u> |
| | 1.00 | 1.50 | 2.00 | 2.50 | 3.00 | | 4.00 | 4.50 | 5.00 | 5.50 | 6.00 |

Choreographic Pair Lift

| | | | | | | | | | | | |
|---------------|--------------|--------------|--------------|--------------|--------------|-------------|-------------|-------------|-------------|-------------|-------------|
| ChPLi1 | <u>-2.50</u> | <u>-2.00</u> | <u>-1.50</u> | <u>-1.00</u> | <u>-0.50</u> | 4.50 | <u>0.50</u> | <u>1.00</u> | <u>1.50</u> | <u>2.00</u> | <u>2.50</u> |
| | 2.00 | 2.50 | 3.00 | 3.50 | 4.00 | | 5.00 | 5.50 | 6.00 | 6.50 | 7.00 |

備考：

- SOV (Scale of Values) はパーセンテージ方式に基づいている。GOEが1段階上下するごとに、その要素の得点は基礎点 (Base Value) の10%分増減する。
- コレオグラフィック要素についても、この割合はGOEの全段階で一貫して適用されるが、他の要素より高く設定されている。
- 「<」 「e」 「V」 の記号が付いた要素については、その割合の算出は元の基礎点ではなく、減少後の基礎点を基準として適用される。
- ジャンプコンビネーション/ジャンプシークエンスにおいて、最も難度の高いジャンプの数値を用いてGOEを適用する場合、「<」 「e」 「V」 の記号も考慮される。
(例：基礎点4.2の3Tは、減少後基礎点3.92の3Lo<よりも難度が高いとみなされる。)
- 上記の規定は「+Rep」には適用されない。「+Rep」はジャンプの基礎点を80%にするが、GOEは元の基礎点を基準とした割合で算出される。これは「+Rep」が実施の質とは関係しないためである。
- 5回転ジャンプ (Quint Jump) に関する明確化：

ショートプログラム - 5回転ジャンプは禁止。

フリースケーティング - 5回転ジャンプは単独ジャンプとしてのみ実施可能であり、ジャンプコンビネーションまたはジャンプシークエンスには含まれない。

フリースケーティングにおける5回転ジャンプの繰り返し - すべての3回転・4回転・5回転ジャンプのうち、2種類のみを2回実施することができる。その2種類の繰り返しのうち、4回転ジャンプまたは5回転ジャンプとして繰り返せるのは1種類のみである。両方とも単独ジャンプとして実施された場合、2回目の単独ジャンプには、SOVに基づく数値の80%が与えられる。同じ種類の3回転・4回転・5回転ジャンプは、それぞれ別のジャンプとして扱われる。いかなる3回転・4回転・5回転ジャンプも、3回以上試みることはできない。

凡例

b - アドバンスドノービス シングル／ペアにのみ適用されるボーナス

q - クォーター着氷(1/4回転不足)ジャンプ

< - アンダーローテーションジャンプ

<< - ダウングレードジャンプ／ダウングレード・ツイストリフト

! - 不明確なエッジ

e - 誤ったエッジ

V - スピンにおける減少基礎点 (Reduced Value)

2. プログラム・コンポーネンツ係数

シニアおよびジュニアのプログラム・コンポーネンツ係数は以下のとおり：

男子 ショートプログラム 1,67 フリースケーティング 3,33

女子 ショートプログラム 1,33 フリースケーティング 2,67

ペア ショートプログラム 1,33 フリースケーティング 2,67